



MOTION TO ADD, CHANGE, OR DROP A PROGRAM

**UNDERGRADUATE CURRICULUM COMMITTEE
FONTBONNE UNIVERSITY**

Nature of change (please check): Add Program * Modify Program Drop Program

Change to occur in: Major Minor Concentration * Certificate

This motion includes new courses: YES * NO

BASIC INFORMATION

Name of Motion:	Certificate and/or Continuing Education in Expressive Arts and Integrative Therapies		
Submitted By:	Sharon Jackson	Date:	4/2/2016
Department/College:	Social Work		

MOTION

It is moved that:

A certificate in Expressive Arts and Integrative Therapies be created.

Rationale

A great deal of interest has been shown in the offering of a Master’s of Art Therapy program at Fontbonne University. While establishment of a full program which will meet the standards of the American Art Therapy Association and appropriate accreditation bodies takes time, patience and preparation, providing a specialization program can be made available immediately. This program will satisfy the current interest of students, but would also be structured so that basic requirements would be completed for a Master’s of Art Therapy degree if established at Fontbonne.

Developed as a certification within the Social Work Department and augmented by the support of the Art Department, the Expressive Arts and Integrative Therapies track would provide foundation courses which would encompass a range of emergent skills, techniques, and modalities recognized within the clinical social work practice fields.

In addition, to the certificate the program will provide seasoned clinical professionals with an additional skill-set to enhance current professional practices in the form of Continuing Education Credits. The certificate would be marketed as continuing clinical education credit through the State of Missouri. (Clinical Continuing Education is required for licensed professional in the State of Missouri.

Proposed Date of Implementation: **Fall 2016**

Projected Enrollment: 10 for certificate 30 to 50 for Continuing Education Certification

Does proposed program replace existing program? Yes * No
If so, which one?

Effect on currently enrolled students: n/a

Does this change affect other departments/colleges? * Yes No

If yes, list names of Department Chairs who gave approval for this change: Mark Douglas

Should any courses be removed from the catalog permanently? Yes * No

If so, please list:

The financial impact of this program has been discussed with the Vice President for Academic Affairs and the VPAA has agreed for this motion to move forward. * Yes No
 Social work students and students taking courses for continuing education credit will attend classes together. The certificate will operate under a cohort model of 7- 10 students.
Financial Impact (describe/list projected amounts):
 a. Faculty: \$ **Adjunct 5 classes. 2 are currently offered.**
 b. New Library Holdings [*please check with your Liaison Librarian for help with this number*]: \$
 c. Equipment: \$ **Students pay a \$50.00 lab fee that covers classroom supplies. The Art Department has allotted storage space for the current faculty to store supplies.**
 d. Audio-visual / software: \$

Distribute to the following:

* Catalog * Registrar Purple GER Sheet Other (explain):

PROGRAM INFORMATION

New Program Objectives/Outcomes:

The goals and objectives of the Expressive Arts and Integrative Therapies Certificate Program follow the guidelines set forth by the American Art Therapy Association and are created to prepare students for graduate studies or national certification.

COURSES FOR NEW PROGRAM

List all courses required for the new program.

<u>EXISTING COURSES (number/title)</u>	<u>Credit Hours</u>
ART 100 or ART 200 Beginning Drawing	3.0
ART 210 Painting	3.0
ART 220 Sculpture	3.0
ART 319 American Artist or ART 161 ART History II	3.0
SWK 231 Interviewing and Counseling	3.0
SWK 331 Group Counseling	3.0
SWK 372 Introduction to Psychopathology	3.0
SWK 440 Introduction to Child Psychopathology	3.0

NEW COURSES (complete this information for each new course)

Course Number & Title:

- SWK 320 Fundamentals of Expressive Art Therapies 3.0
- SWK 420 Assessment and Advanced Clinical Practice with Individuals using Expressive Arts Therapies 3.0
- SWK 422 Equity and Social Justice in Expressive Arts and Integrative Therapies 3.0

SWK 424 Working with families and groups Using Expressive Arts Therapies 3.0
SWK 426 Project and Thesis 3.0

Catalog description to be used:

SWK 320 Fundamentals of Expressive Art Therapies 3.0

This course introduces students in the helping professions to expressive therapy history, theories, modalities and methodologies. Through assigned reading, class lectures, and experiential exercises, students learn the distinctions between expressive art therapies and traditional talk/verbal therapies, when the use of art is appropriate to augment clinical work and when it is not, and ethical considerations unique to client art process and the art product.

SWK 420 Assessment and Advanced Clinical Practice with Individuals Using Expressive Arts Therapies 3.0

Students will be introduced to specific assessment tools, techniques, and fundamental issues regarding diagnostic indicators which arise in expressive therapies. Using these assessment tools and indicators, students will also learn advanced practice skills in expressive art therapy, challenges in working with some populations, and self-care and burn-out prevention strategies through use of expressive arts.

SWK 422 Equity and Social Justice in Expressive Arts and Integrative Therapies 3.0

Because of the cross-cultural appeal of art and other expressive vehicles, expressive arts therapy is well-suited to a wide range of clients in a wide range of settings. Art is also an equalizing media, making expressive arts therapy an inherently viable option for exploration of equity and social justice issues within the United States and internationally.

Through didactic and experiential exercises, students will become familiar with basic issues of equity and social justice. Students will also be introduced to expressive therapy prompts, directives and invitations designed to help clients process issues of inequality and/or injustice and illicit change in individuals, families, groups, or communities in which these issues have been problematic.

SWK 424 Working with Families and groups Using Expressive Arts Therapies 3.0

This class will focus on multi-client systems in which expressive therapies will be utilized to promote fundamentals of family systems and groups process theories.

SWK Project and Thesis 3.0

A final project along with a 50 page, APA Style thesis describing the project, will be required of each student who wishes to complete the Expressive Arts and Integrative Therapies Certificate. The project may coincide with a field placement or stand alone as separate event which in some way incorporates Expressive Arts Therapies into a family, school, workplace, community or organization. All tenets of the certification program must be included. Fundamental knowledge of expressive arts and integrative therapy, assessment, advanced skill, systems or group theory, and attention to issues of equity and social justice should be included in the project and final thesis.

Certificate Program Includes the following courses:

ART 100 or ART 200 Beginning Drawing 3.0

ART 210 Painting 3.0

ART 220 Sculpture 3.0

ART 319 American Artist or ART 161 ART History II 3.0

SWK 231 Interviewing and Counseling 3.0

SWK 331 Group Counseling 3.0

SWK 372 Introduction to Psychopathology 3.0

SWK 440 Introduction to Child Psychopathology 3.0

SWK 320 Fundamentals of Expressive Art Therapies 3.0

SWK 420 Assessment and Advanced Clinical Practice with Individuals using Expressive Arts Therapies 3.0

SWK 422 Equity and Social Justice in Expressive Arts and Integrative Therapies 3.0

SWK 424 Working with families and groups Using Expressive Arts Therapies 3.0

SWK 426 Project and Thesis 3.0

39 credits total

Social work and Art Majors will have completed course content as part of their major requirements and this will reduce the additional course requirements.

The Continuing Education Program certified through the State of Missouri includes the following courses:

SWK 320 Fundamentals of Expressive Art Therapies 3.0

SWK 420 Assessment and Advanced Clinical Practice with Individuals using Expressive Arts Therapies 3.0

SWK 422 Equity and Social Justice in Expressive Arts and Integrative Therapies 3.0

SWK 424 Working with families and groups Using Expressive Arts Therapies 3.0

12.0 credits

Frequency of course offering: every semester and every other year.

Please select: * Required * Elective

Format: * Face-to-Face Online * Blended