

**Curriculum Guide for a Major in  
Health Education & Promotion**

**Freshman Year (I)**

INT	105	Culture & the Common Good (GER-FND) TR <30 credit hours	3
LIB	199	Info Lit in Higher Ed (GER – FND)	1
COM	1XX	COM101 OR COM102 (GER-FND)	3
ENG	101	Composition I (GER – FND)	3
MTH	115	Intro. to Statistics (GER - FND)	3
BIO	1XX	Life Science (GER-PLR)	<u>3</u>
			16

**Freshman Year (II)**

FCS	119	Essen. Con. of Health/Fitness (GER-FND)	3
CIS	1XX	Composition II (GER-FND)	3
ENG	102	Intro to Psych. or Survey of Sociology (GER-PLR; counts as Bridges)	3
PSY	100	US & MO Constitutions (GER-FND)	1
/SOC		(GER-PLR)	<u>3</u>
GOV	101		16

**Sophomore Year (I)**

FCS	201	Career Seminar I	1
FCS	230	Infant and Toddler (GER-PLR)	3
FCS	216	Principles of Nutrition	3
SWK	280	Fundraising and Grant Writing	3
		ELECTIVE	<u>3</u>
			16

**Sophomore Year (II)**

ENG	201	Business Writing- WI	3
FCS	232	The Young Child	3
FCS	223	Interviewing, Ed & Counseling OR	3
SWK	231	Interviewing & Counseling (Fall)	3
REL	XXX	Religion** (GER-PLR)	<u>3</u>
			15

**APPROVAL OF MAJOR REQUIRED DURING SECOND SEMESTER SOPHOMORE YEAR**

**Junior Year (I)**

FCS	301	Career Seminar II	1
EDU	313	Methods & Practicum in Middle/Sec./Community Education	3
PSY	310	Social Psychology OR	3
SOC	265	Diversity Studies (GER-PLR)	<u>3</u>
		ELECTIVE	<u>3</u>
			13

**Junior Year (II)**

FCS	340	Family Res. Mgmt. & Relations-MC II	3
FCS	489	Practicum in Family & Community	3
FCS	410	Community Health	4
SWK	352	Gerontology	3
		ELECTIVE	<u>3</u>
			16

**Senior year (I)**

ENG	494	Interpreting & Translating Science	3
PSY	330	Research Methods for the Beh. Sci-WI	3
FCS	485	Public Policy & Advocacy in FCS-WI	3
		ELECTIVE	3
		(GER-PLR)	<u>3</u>
			15

**Senior Year (II)**

FCS	495	Internship	7
		ELECTIVE	3
		ELECTIVE	<u>3</u>
			13

GER=General Education Course \*\*Fontbonne Graduation Requirement

Required: Family & Consumer Sciences 34-37 sem. Hours  
Required: Non-Family & Consumer Sciences 83-86 sem. Hours

**Total Hours for Graduation: 120 semester hours**

**MAJOR APPROVAL:** Students must apply for major approval the 2nd semester of sophomore year after completing 45 credit hours. Transfer students must apply in their 2nd semester at Fontbonne University. To be eligible for Major Approval in Health Education & Promotion a student must have a minimum cumulative grade point average of 2.50 on a 4.0 scale. This must be maintained to remain in the program.