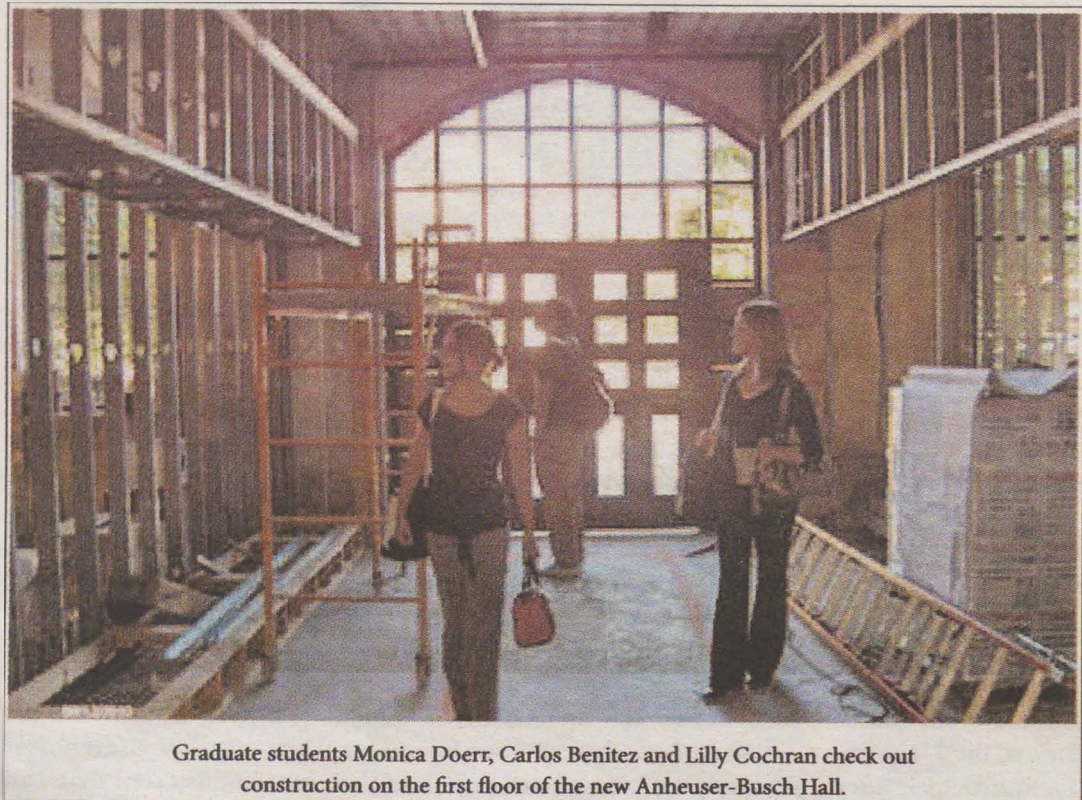




## In this Issue

Susan Stoelting, Teacher of the Year.....	2
Student ID problems.....	2
Karadzic receives Dedicated Semester Award.....	2
Web site overhaul.....	3
Speaker clowns around at convocation.....	3
Textbook rentals a hit.....	4
Professor publishes book.....	4
University marks Ramadan.....	4
New assistant director of student development.....	5
Technology on campus.....	5
Students attend Greek festival.....	6
International Corner: Hector Lopez.....	6
First-year student reflects on Welcome Week.....	7
Women's Cross Country.....	8
Men's Soccer.....	8

## Construction brings noise, new look to AB Hall



Graduate students Monica Doerr, Carlos Benitez and Lilly Cochran check out construction on the first floor of the new Anheuser-Busch Hall.

By Debbie Eckelkamp, Reporter

"It's like entering a whole new world," Mary Alice Pierce says of the University's newly-christened Anheuser-Busch Hall.

New flooring tiles, soft beige walls, and light fixtures that look like they belong in a swanky hotel now lead students to their classrooms.

The dramatic interior overhaul started in October 2009. The renovation got students accustomed to relocated classes, the drone of heavy equipment, and frequent sightings of men in hard hats. The inconveniences will soon be over, however, as the construction on Anheuser-Busch Hall comes closer to completion.

Returning students might recall what it was like to walk into the former Science Building: dark hallways, a tiny elevator, and a few crooked chalkboards.

Voicing the opinions of many on campus, junior Brittany Walter said the building was "dirty and out-dated."

Originally constructed in the early 1920s, the building has seen little change, with the exception of some improvements to the Human Environmental Science labs about a decade ago.

The first stage of the rehab project, which was completed on June 30, included the complete overhaul of the second and third floors, both of which now house classrooms in use for the fall 2010 semester.

While walking through the noticeably brighter hallways, students can take in the improvements: a modern-looking student lounge complete with oversized chairs and attached desktops, a larger and more accessible elevator, biology labs and classrooms with sleek lab tables and a more spacious layout, a conference room, a student library, and a glass-encased stairwell that looks remarkably similar to that of the East Building.

Another change is the relocation of the Science Department, which has

moved to the third floor because of concerns about the ventilation system.

The final step of phase one is the completion of the greenhouse on the south side of the building, which has been delayed temporarily because of complications with the electrical inspection.

The second phase of AB Hall construction is primarily restricted to the first floor, where workers are hanging drywall, installing plumbing, and putting in the ductwork for the heating and air conditioning systems.

According to Elmer Schneider, the associate vice president for facilities, the second phase of construction is expected to be finished by Dec. 7— one month earlier than the scheduled date.

Schneider says this is attributable to the demolition process running smoothly this past summer.

While student feedback about the changes has been generally positive, there are a few frustrations with the new building, namely the disruptive

(Continued on pg. 3)

## Dedicated Semester to focus on happiness

By Brooke Johnson, Reporter

The title of Professor David Borgmeyer's honors course this fall is raising eyebrows around campus.

"'Happiness in Russian Literature' - isn't that an oxymoron?" one of his colleagues asks when passing Borgmeyer in the hallway.

The course is not a joke, however: it is part of the University's fall 2010 dedicated semester, "Happiness: Traditions and Tensions," which will examine the cultural and scientific aspects of happiness around the world.

The theme for this fall was chosen after an 18 month selection process, and was developed with the help of

feedback from students, faculty and a special Dedicated Semester committee.

Borgmeyer's class is just one of 13 courses offered this semester with a special emphasis on happiness.

Besides these courses, the University is offering many special events that correspond to the semester's theme, such as multiple showings of the PBS documentary "This Emotional Life: Rethinking Happiness."

The film will be screened six times from Sept. 7-13 in the Lewis Room of the Library. The University will also be hosting a Student Health and Wellness fair on Sept. 14 in Medaille Meadow.

Faculty discussions and lectures on

the topic will also be presented throughout the semester.

David Reynolds, a student in Borgmeyer's Russian literature class, said the course was, in part, about the differences between "how happiness is viewed in Russia as opposed to America."

Reynolds feels that the theme of this year's dedicated semester is meaningful to busy college students.

"It's something people in college need...People don't focus on happiness, just getting things done."

Previous Dedicated Semesters have examined "Judaism and its Cultures," "The United Nations Millennium Goals" and "Immigrant Experiences."

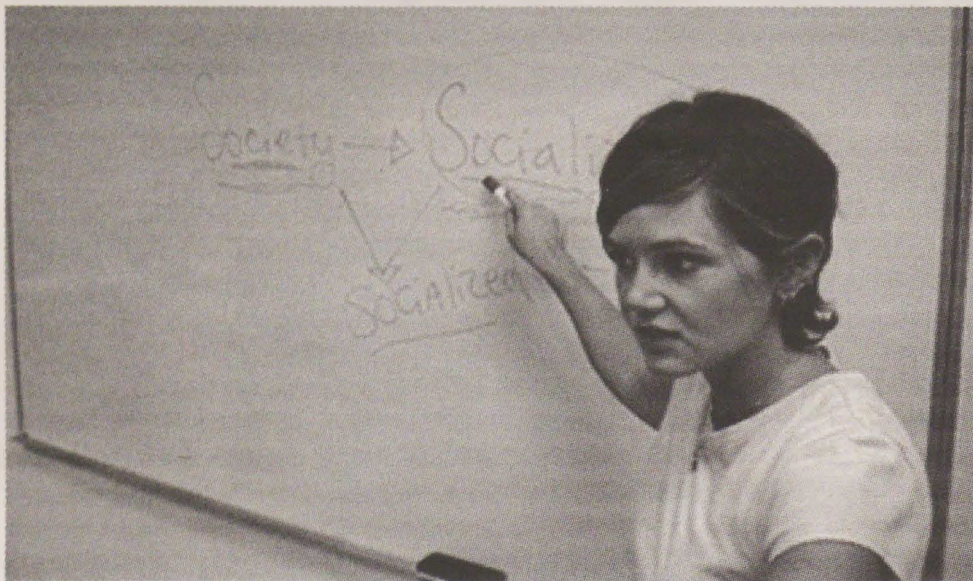
## Index

News.....	1-4
Features.....	5-7
Athletics.....	8





## Stoelting named teacher of the year



Susan Stoelting, associate professor of sociology, keeps students' attention with an offbeat sense of humor and "learner-centered" approach to teaching.

By Alicia Lee, Reporter

"I talk with my students, not to them. I hate standing up in front of the room," says Suzanne Stoelting of her teaching techniques.

Her ability to relate to students may be one reason why Stoelting was awarded the 2010 Joan Goostree Stevens Excellence in Teaching Award, the University's highest honor for instructors, after just four years teaching here.

Stoelting, who teaches sociology, grew up in the middle of a large family in Springfield, Ill. She says she "lost focus" in college until she transferred from Illinois College to Southern Illinois University at Carbondale and switched her major from biology to sociology.

To describe the impact her first sociology class had on her life, Stoelting uses the metaphor of going to the eye doctor and getting new glasses.

"I felt that I could see the world so much clearer. I never looked back on my decision," she says, adding that the study of sociology can open doors to several careers including work in journalism, social work, and business.

The University offers an applied sociology degree, which helps prepare students for the job market after receiving their bachelor's degree.

Stoelting says applied sociology

equips students with the skills they need in order to see society's problems and be able to fix them, as well as to work with diverse groups of people.

While winning the Excellence in Teaching Award has been the highlight of her career, Stoelting's passion for teaching at the University began even before she arrived in St. Louis.

"When I got the call from Joyce Starr Johnson, the interim vice president and dean for academic affairs, I was speechless and had to sit down." "I enjoy the students here; I honestly think that they are good people," she says.

Stoelting had trouble writing her acceptance speech for the award because it was not just about her: "It was about the students, my mentors, my family," she says. Using a 'learner-centered' approach in her classroom allows Stoelting's students to choose which chapters they will read in their books and to design their own test questions.

Overall, she says, students become responsible for their learning and become invested in the material, while also having some good clean fun.

"I'm a total clown in the classroom and my approach is different from the traditional teacher-centered approach. But I think students in general respond well to it, especially freshman and sophomores," Stoelting says.

## ID cards causing 'identity crisis' for some students

By Cassandra Bremer, Reporter

Despite recent updates to the University's identification cards, some students believe their IDs are lacking important information.

While other colleges' IDs contain as much information as a student's birth date, ID number, expiration date, and graphics to make it difficult to forge or duplicate, the University's IDs give only a student's name and status as a commuter or resident.

Some students would like to see expiration dates printed on the ID cards. While studying abroad in London this past summer, sophomore Jessica Haley ran into difficulties getting student rates with her ID card.

"At the Shakespeare exhibit I had trouble getting student discounts. Our IDs didn't have dates on them to prove that we were current students," Haley says.

Carla Hickman, director of residence life, says she is concerned with the incident and will consider ways to prevent such occurrences, but asserted that "most universities no longer have expiration dates on cards."

Currently, the cards deactivate when a student no longer attends the University. Senior Stephanie Wilson says, "It wouldn't hurt to have something on the back that says, 'if found, please contact student affairs.' I think students are pretty credible, but I think it would be beneficial for students to know exactly where to return lost cards."

Hickman says she discussed putting a notice on the back of the card but found they were not beneficial.

"We used to put the address of the school on the card, but we took it off. Actually, we have more cards returned to us with just 'Fontbonne University' on it," says Hickman.

The cards provide several uses around campus, and might have

even more functions in the future.

As of now, the card functions as a debit card for those who use "Griffin Bucks," in places such as dining halls and the book store.

The IDs also serve as students' library cards. Hickman says that software updates have coincided with this year's ID update, noting the magnetic strip on the back of the card.

"We wanted to be able to do more with the cards. With the magnet strip, one day students can use them in the laundry room, vending machine, and to buy books." Other universities have moved to ID updates to increase functions for students' convenience.

If the laundry machines were able to read ID cards, students would not have to run around campus to different coin machines to get change to do their laundry.

Another common complaint from students is the fact that student ID numbers are no longer contained on the IDs. "Our ID numbers are not found on our cards; therefore we have to say our ID numbers out loud. I'm worried because this makes it easy to use other people's ID numbers," says Wilson.

The administration, on the other hand, insists that the ID numbers had to come off due to safety reasons and that this change will actually protect a student's identity.

The finish on the cards was also updated last semester. Hickman says the old system would not properly put a finish on the card, causing the picture and the bar code to rub off. According to Hickman, the new coating on the cards has been successful thus far.

"Before, the bar codes would rub off easily. Protective coating will be great on the new cards," says Wilson.

The durability of the cards is something both students and the administration agree on.

## Humanitarian recognized for work with Bosnia Memory Project

By Timothy Brown, Reporter

While living in Prijedor during the Bosnian genocide and war, Amir Karadzic risked being detained or worse by taking notes on the situation unfolding before his eyes.

After immigrating to St. Louis during the war, Karadzic began looking for ways to educate the people around him about what happened in Bosnia from 1992-95. This is how he met University professors Jack Lukow and Ben Moore.

Working in collaboration, the trio began the University's Bosnia Memory Project, which has produced "Prijedor: Lives from the Bosnian Genocide," an exhibit which debuted at the St. Louis Holocaust Museum and Learning Center and has since

travelled all over the U.S.

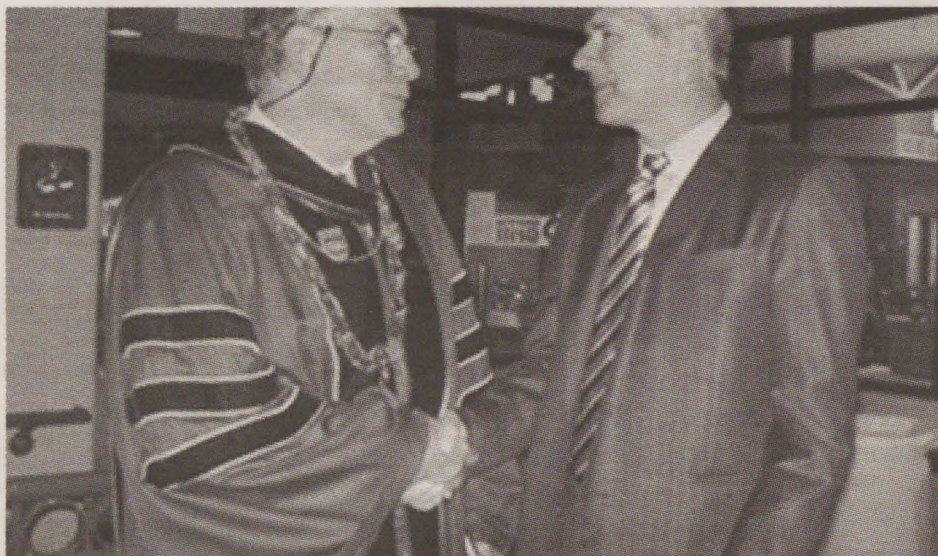
The project and Karadzic's indi-

vidual efforts have made him a nationally recognized figure on Bosnia, and

have led to Karadzic being awarded the Jason Sommer Dedicated Semester Award during this year's academic convocation on Sept 1.

Karadzic has helped orchestrate numerous events for the Project, has spoken on the genocide to students enrolled in the course, "The Bosnian Immigration: Narrative Memory and Identity," and has been a "key person" at developing a relationship between the University and the Bosnian community, Moore says.

Karadzic has long played an integral role in the St. Louis Bosnian community, having spearheaded an organization called the Union of Citizens of the Municipality of Prijedor that maintains a connection between Bosnians from his hometown and his adopted city of St. Louis.



University President Dennis Golden congratulates Amir Karadzic on receiving the Jason Sommer Dedicated Semester Award.



## Fontbonne 2.0: University Web site gets makeover

Elizabeth Brennan, Reporter

It's a classic dilemma: choosing whether to go to the big game in the DSAC or study for the big test in the dorm.

Thanks to recent improvements made to the University's Web site, however, students no longer have to pick between the two, as they can check up on the score of a close game while the action is really happening with the site's real-time updating scoreboard.

Other exciting features have recently been added to the Web site as well, like its flashy new design and user-friendly layout.

The most notable change on the site is its visual appearance. The new Web site's predominant colors are royal purple and white, with gray accents and orange lettering sprinkled occasionally across the site. An understated University name and logo with the "Learn More. Be More." slogan underneath sits at the top left corner of the homepage, forming a visual border at the top of the page in conjunction with the site's search field and a "Make a Gift" option.

The Web site's design is sleeker and more modern. The focus of the homepage is a rounded rectangular frame, oriented slightly left-of-center on the page, in which a loop of colorful "candid" snapshots of University life and current events flash across the screen dramatically against the stark white background.

Links to resources for current students, prospective students, and parents are found in the bottom right corner of the homepage, separated from the rest of the page by a transparent gray background.

Dr. Theresa Jeevanjee, chair and as-

sociate professor of the Mathematics and Computer Science Department says the Web site is "an improvement over the last one visually in that it's simpler." She describes the new design as "crisp" and believes the colors are "pleasing."

Associate Professor Jim Ma, also of the Mathematics and Computer Science Department, says the site "looks better" and "has more content" than its predecessor.

The site's summer launch was the result of a year's worth of efforts by the University's Communication and Marketing Department. During the 2009-10 school year, former department manager Kit Breshears began the process of creating a new site by contracting out the job to Paradigm New Media Group, Incorporated, a Web site development vendor headquartered in the Central West End.

Paradigm's designs are also featured on the Web sites of such local enterprises as Jazz St. Louis, Laclede Gas, and St. Louis University High School.

Breshears left his position during the project, but as the new communication and marketing department manager, Jen Nahlik picked up Breshears' work right where he left off.

In order to design a Web site that suited the University's needs, Paradigm conducted the Campus-Wide Discovery Project, in which faculty listed the features and capabilities the new Web site ought to have.

The "biggest challenge," Nahlik says, was that the Web site's simple design "limit[s] what's on the homepage" and that "there were a lot of little things that didn't fit anywhere" within the new organization of the site.

Nahlik solved these problems by

tucking the oddball information into logical parts of the site where users can easily find it.

The Web site's structural formatting has been changed just as much as its appearance, and Nahlik considers these changes to be the most dramatic differences between the old and new Web sites.

Nahlik says the previous version of the site was "cumbersome" on the administrative side, and the new site was designed with a more comprehensive content management system that would "make it easier for web editors to make changes" to site content.

The organization of the new Web site differs from the old site, too. The new site's structure uses "Role-Based Navigation" to organize the site's pages so that different types of users, such as students or parents, have links pertinent to their needs displayed on the user group's main page, conveniently labeled "Resources for Current Students" or "Resources for Parents."

Another goal for the new Web site was to be able to incorporate multimedia into its pages. Nahlik says the new site was reshaped to be "multimedia-friendly," and has the capability to connect with other Web sites such as YouTube, Twitter, and Facebook. This new ability helps the University "get more visibility to social media sites" through its Web pages.

There are new features on the site in addition to its new functions. The "biggest expansion" according to Nahlik was the improvements made to the University's Athletics Department Web page.

The new page was designed to provide "real-time information" and includes the updating scoreboard during

sports events and current sports schedules.

One of the more useful features of the new site is one that records the path a user took to reach a page and lets the user see which pages were accessed — also known as "bread crumbs." The page titles also serve as drop-down lists that display a page's other links, making navigating the site easier for users.

Even with all the changes, technologically-challenged users need not worry too much about using the new Web site. Jeevanjee thinks the site's "usability...is about the same" as it was before. However, she finds the homepage not as user-friendly for the faculty because the "Resources for Faculty and Staff" link on the homepage is too low on the screen to be immediately visible and users must scroll down on the page to reach it. "I think people will get used to it," Jeevanjee says, however.

Although the site has been greatly improved, work is yet to be done. Nahlik will soon begin to use a Google application called Web Master Tools to fix the "broken" links from the old Web site so that they function with the new site.

A new application, called GriffinNet, which currently has the same functions as the "Resources for Current Students" page, will be augmented with better connectivity to University resources, such as the Registrar's office and Financial Aid, and will simplify students' personal online management at the University.

Until these changes come, however, the site is presently in great working order, allowing the University community to enjoy and peruse its pages in style and leaving no excuse for not knowing last night's score.

## "Patch Adams" speaker brings happiness, accordion to convocation

By Rachel Lalk, Reporter

As she took the stage at this year's academic convocation ceremony, Dr. Susan Parenti Parenti, a collaborator with Patch Adams, had a tough job ahead of her: to define happiness.

She began by calling it "effort with a lot of luck." To demonstrate the audience's "luck" that morning, Parenti pulled the straps of a large accordion over her shoulders and began an impromptu rendition of her own "Happiness Waltz," inviting the crowd to sing along.



They did. Feet began tapping and smiles crept across faces as Dr. Parenti gave the crowd a dose of the 'best medicine.'

During her speech, Parenti also took on some common myths about happiness, such as the idea that happiness can only happen "possibly, maybe, or sometimes." She used the word "suckitude" to label this perspective.

Parenti said that three things are necessary for being happy: friends, food, and a bed. She also asserted that happiness does not need to be pursued, but sought for others.

Sophomore Andrea Coffee, first time attendee, was surprised by how entertaining the speaker was.

Andrea Artz, sophomore and second year attendee, was of the same opinion, saying she was glad she had not fallen asleep during the program. Both students consider themselves happy.

But not everyone agreed with Parenti's definition of happiness.

While conceding that Parenti was funny and had some good points, Hector Lopez says he doesn't believe happiness comes from luck, but from success.

### Construction (cont'd. from pg. 1)

on-going construction.

"It's hard to concentrate on the professor at times because the construction is so loud," says junior Lauren Zak.

Another issue that some students may run into is the absence of soundproof walls in some classrooms. With only a thin divider in some rooms, lively discussions may become a nuisance for neighboring classes.

"I'm just not used to being able to hear the conversation in another class-

room so clearly," says senior Courtney Harris.

The building will total between \$11-\$12 million, but the bottom line keeps changing because of the fluctuating cost of construction, says Marilyn Shepherd, vice president for institutional advancement.

Donations from a campaign that began in 2005 have covered about \$5 million of the construction cost, and the University is hoping to receive another

\$6 million for the remaining amount.

The Anheuser-Busch Foundation, one of the most notable benefactors and the one for which the building is named, donated \$1 million to the University.

Schneider says he does not expect any other major or minor renovations to happen any time soon, as the University has to be prepared for any unexpected costs throughout the year.

The school has a master plan, which

was updated in May 2008. While renovation of AB Hall was on the University's old master plan, the same basic goal has been kept in mind: doing what benefits the students.

The former Science Building was a priority because of its status as a major classroom building.

The next priority, slated for the distant future, is to provide students with more parking and a new residence hall.





## Students save money with new textbook rental system

By Rebecca Reichert

More than 1,400 titles have been rented through the Follett bookstore on campus and the bookstore's employees hope the rentals will be a continued success.

Renting textbooks is a new program on campus and it is popular, especially since students can save 50 percent or more off the price of their books.

University Bookstore Manager Patti Crosswhite knows how expensive buying textbooks can be, but says her son saved more than \$100 using the rental system.

"It makes a huge difference. It's a service to the students to make school more affordable," Crosswhite says.

With online purchasing becoming more and more popular, the bookstore also has a way to compete with online stores like Amazon or Half.com: textbook rentals bought online can be picked up at the bookstore or sent directly to the student's home address.

Candance Hurd, junior, rented a philosophy book from the bookstore this semester and was pleasantly surprised by how much money she saved.

"I think it was helpful," says Hurd, noting that she paid much less to rent the book than she would have paid to purchase it.

Crosswhite does not expect the

bookstore to begin making a significant amount of money from the rental system any time soon.

"We won't see any profit till that book is rented three or four times," Crosswhite says.

Hurd is not the only student excited about saving money.

Junior Gernetta Hooper thinks the system is a great idea and is very happy the University decided to offer students this opportunity.

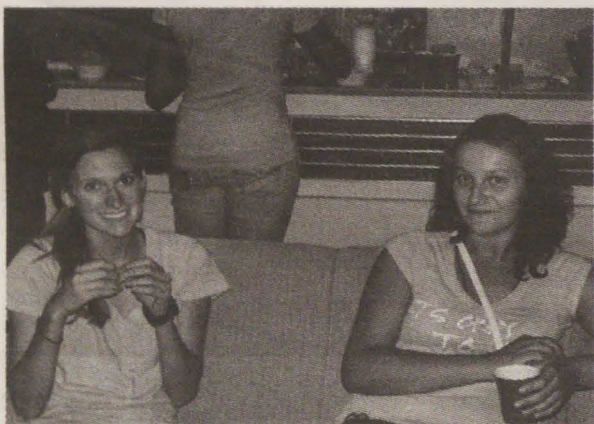
"Sometimes you don't get all your money back anyway when you sell them back," says Hooper, who estimates that she has saved around \$300 this semester by renting.

Not all students are convinced of the advantages of renting.

Sophomore Andrea Coffey only had one book which was available to rent and she preferred to buy the book instead.

"It's not that much cheaper than buying," Coffey says. She says she would only have saved \$10 because the book she was purchasing was only a few dollars more and she did not want to have to worry about bringing the book back on time.

A link to the bookstore's Web site, where textbooks can be rented, is located on the University's Web site in the "student life, student services" section. The store can also be accessed directly at [www.efollett.com](http://www.efollett.com).



Merisa Kruho, right, spoke to other students about her faith during the University's first celebration of Ramadan.

## Psychology professor publishes book

By Jessica Thurmond, Reporter

In Professor Laurel Newman's psychology classes, there is often more than one right answer.

It's the same approach to studying psychology that Newman used in her book, "Taking Sides: Clashing Views in Personality Psychology."

Published by McGraw-Hill in April, "Taking Sides" examines controversial issues in the study of psychology from multiple perspectives.

"It helps students see how the same data can be viewed differently by different people."

The book's six units focus on topics such as personality traits, biological bases of personality, emotion cognitive and psychoanalytic, relationships, and contemporary issues.

"Many of the issues were chosen because they were issues students seemed interested in during our personality psychology courses," says Newman.

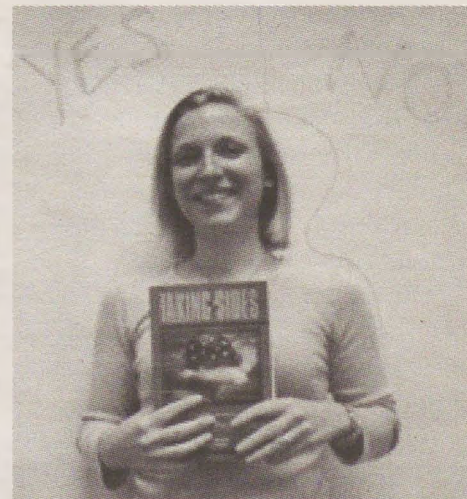
Newman has also discussed many of the book's subjects in her developmental psychology course, including the questions, "Is personality stable across the lifespan?" and "Are today's young adults more narcissistic than previous generations?"

"These are questions most students have an opinion on already, but it's always interesting to see how they respond to the opposing view," says Newman.

Newman's book also includes a discussion of this fall's Dedicated Semester topic with a chapter that investigates the level of control each person has over their own happiness.

Reflecting on the influences that made her interested in psychology, Newman says her passion for understanding the human mind developed early in life.

"People always found it easy to confide in me when I was young. I was very shy and didn't talk much back then, and everyone likes a listener. So I wound up spending a lot of time thinking about what caused people's prob-



Newman poses with her book, "Taking Sides: Clashing Views in Personality Psychology"

lems and how they could solve them. That's psychology!" says Newman.

Newman also says her father, who was "kind of a hippie," encouraged her inquisitive nature and imagination by exploring the world around the family farm.

"He taught us to learn and have fun with everyday things like finding fossils in the creek or collecting buckets. We had a lot of junk on the farm and we could pretty much play with whatever we wanted."

After high school, Newman earned her degree in psychology from Lindenwood University in 1998, then received a master's and doctorate degrees in psychology from Washington University.

Newman says her book, which she co-authored with Randy Larsen, chair of psychology at Washington University, was "a little more difficult than the other things I've written" because her son, Jonah, was born while she was in the middle of writing it.

"Luckily, though, I have a great husband, family, and co-workers who all pitched in so I could finish the book," she says.

"Taking Sides: Clashing Views in Personality Psychology" is available at [Amazon.com](http://Amazon.com) as well as the publisher's Web site, [www.mhprofessional.com](http://www.mhprofessional.com).

## University marks Muslim holy month with fasting, discussion

By Timothy Brown, Reporter

It is said that during Ramadan, when one gives out of the good from their heart, Allah will double their reward.

This year, at the University's first event marking the Islamic holy month which began in mid-August, Muslim students Merisa Kruho and Kaniz Abbas shared something very important with their fellow students: their faith.

The Sep. 8 celebration began in the interfaith chapel with a panel discussion led by Dana Homsi, who was raised in a religiously diverse family.

During his presentation, Homsi spoke about his own understanding of what it is to be a Muslim, explaining the five pillars of Islam. He said he felt that

the religion, itself, was one of peace.

Afterwards, Homsi asked the audience to evaluate the five pillars of Islam and how they related to or were different from their own faith.

Ramadan is a month-long fast for those who practice the Islamic faith. During Ramadan, Muslims not only fast from food and water, but also make a serious effort to abstain from all immoral acts.

Each Muslim is to fast from sunrise to sunset, reflecting on his or her life and what it means to be a moral person.

During this festival there are many times of prayer, especially on the final day. Many Muslims also tend to give more money during this time to chari-

ties, organizations and families in need. They may also give food or supplies.

Eid ul-Fitr is the three-to-four day festival immediately after the month's fast. During Eid, people visit relatives and bring cakes and gifts for children and parents.

At around 7:30 p.m. a meal was served to break the day's fast, and students presented their reflections on Ramadan.

This year's event was a collaborative effort by the offices of Mission Integration, Campus Ministry, and Service, Diversity, and Social Justice.

Director of Campus Ministry Sarah Boul says fasting gave her a sense of "mindfulness" throughout the day.

"When Marissa [Kruho] was talking

about how she and her family had been fasting for ten days, it really showed what a tremendous amount of discipline and self-control" fasting requires, she added.

Besides teaching non-Muslims more about the faith, Boul says the event also helped one Muslim student feel a sense of belonging.

"They e-mailed me saying that it made her realize she had made the right decision in coming to Fontbonne."

Boul plans to organize an event marking Ramadan next year, as well as several other interfaith activities in the coming months.



## New assistant director of student development has artistic side

By Jessica Thurmond, Reporter

If Brent Hickenbottom, the new assistant director of student development, could go back in time, he would want to meet Walt Disney, Jim Henson, Jesus Christ, Chris Farley and Rachmaninov, in no particular order.

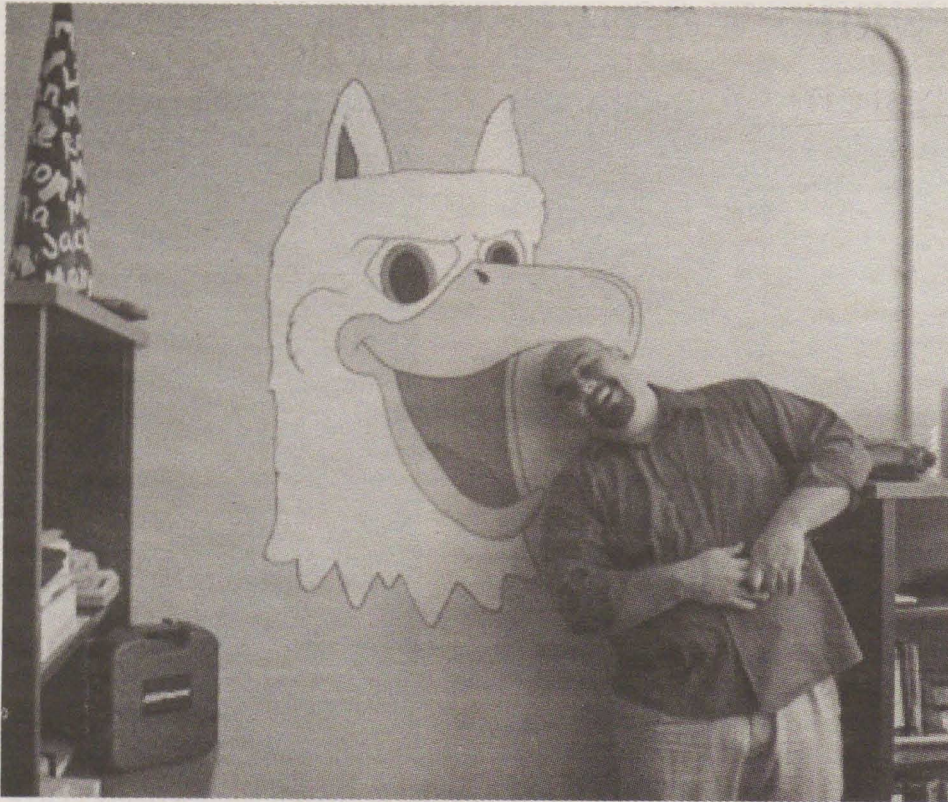
In his previous career as a professional mural painter, Hickenbottom painted children's bedrooms, (with themes of Winnie the Pooh, Dora the Explorer, Sesame Street and Bob the Builder), a St. Louis Cardinals relief in one grown-up's bedroom, and a mural for the public library in Macomb, Ill.

"I'll paint just about anything but human faces," says Hickenbottom. "Human faces and me do not mesh. Any-other part of the human body is fine."

Hickenbottom's artistic talent extends beyond the visual arts to music, as well, with numerous singing gigs worked as both a wedding singer and a funeral singer.

His talent helped him pay for college, with scholarships for art, theater and music.

"I lucked out," says Hickenbottom. "I love to create and those were good avenues for me to do that. I love to be on stage and have had some luck there,



He's created a monster! Hickenbottom poses with a larger-than-life "Gunner" mural he painted in his office on the fourth floor of Medaille.

too."

While in college Hickenbottom played Danny Zuko in *Grease* and Jesus in *Godspell*. Since then he has appeared in "Mary Sunshine" and "Fiddler on the Roof," and has starred as

Captain Neato-Man in a one act play.

He earned a bachelor's degrees in journalism and public relations and a master's degree in recreation, parks and tourism administration/recreation therapy.

What Hickenbottom really loves to do, however, and what he hopes to accomplish in his new position at the University, is to make people happy.

"I've spent my entire professional career in human services. Every position I have held has been one in which I have worked directly with people and I really feel like I need that in order to give myself a chance to succeed.

"I feel like I understand human interaction and make an effort to be aware of my surroundings. I try to never underestimate the importance of paying attention to the people I am working with and the people I am working for."

He is already seeing ways to improve campus life at the University.

"There are always places on college campuses where people are lying under a tree studying, people are throwing a Frisbee and someone is playing an acoustic guitar I would like to see the Meadow be that common area for us," says Hickenbottom.

"I want the meadow to be a heavy traffic area," he says. "It is my hope to turn it into a signature area for students. I want it to be electric and magnetic."

Hickenbottom's office is on the fourth floor of Medaille Hall, next to the new "Griffin's Nest" student lounge.

## Back to school basics: then and now

By Debbie Eckelkamp, Reporter

It happens every day: A cell phone goes off in the middle of class. The ringtone is an obnoxious or even offensive song. As the device's owner hurriedly tries to silence the distraction, other students snicker at the situation.

It's easy to forget that just a few years ago, this scenario was not even possible. Cell phones and various other forms of technology have made their mark as fixtures on a college campus in the 21st century.

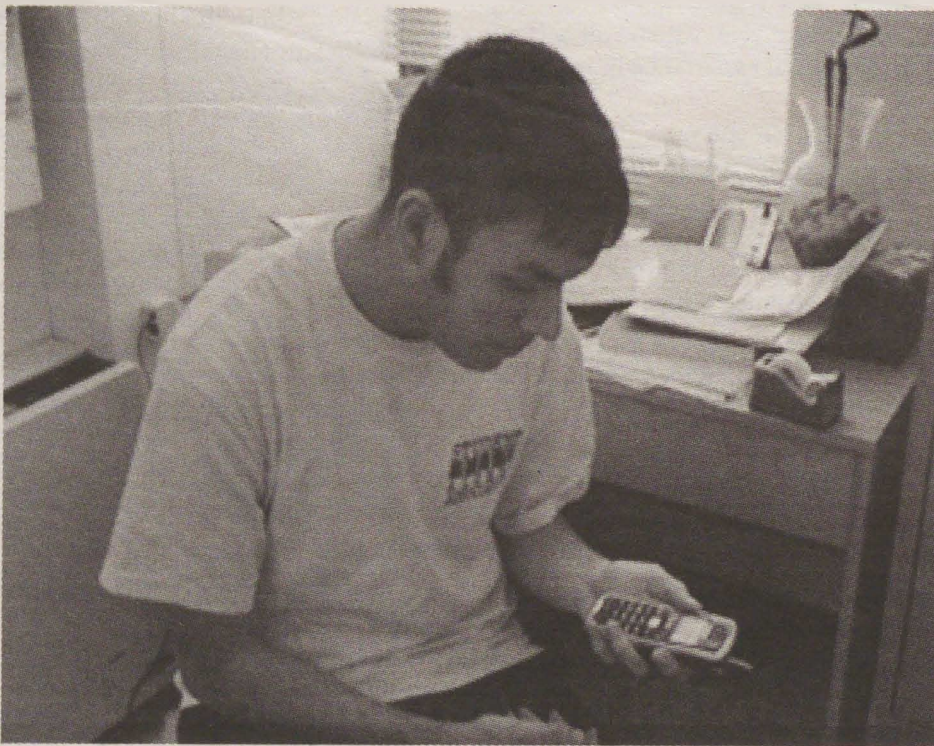
The cell phone, which has evolved considerably in the last few years, is just one of many "essentials" in technology among college students.

After asking a few students about what they bring to school, it was obvious that owning a cell phone, a laptop, and some form of an iPod or MP3 player is the norm.

Junior Kelly Doyle is among those who couldn't get by without a cell phone, laptop, printer, television, digital camera, and an iPod.

Her daily routine includes logging onto the Internet first thing in the morning, primarily so she can check her e-mail and the weather. "Not a day goes by that I don't use the Internet," she says.

Freshman Sterlian Nash frequently uses the same types of electronics as Doyle, except that his cell phone doubles as an MP3 player, so there is no need for an iPod.



Carlos Duran, sophomore, uses a landline phone in his dorm to save minutes on his cell phone.

Nash says he uses the Internet about five hours a day, both for homework and entertainment.

Sophomore Carlos Duran boasts as many as five video game consoles in his room on campus. One unusual feature of Duran's room is a cordless landline phone, which Duran says he uses "once or twice a week, but only for a short amount of time."

"I'm trying not to waste the minutes on my cell phone," he says.

Assistant Director of Residential Life Leslie Johnson remembers the days before all of these conveniences. Johnson, who began her first year at

Culver-Stockton College in 1998, was generous with her technology as a college student.

"I did have a desktop computer with a printer, and everyone would come over and do their homework on it."

She also said she was sporting a cell phone as early as 1996, although, it was a 'bag phone' only to be used in emergencies.

Johnson recalls recording her favorite television shows on a VCR, the switch from VHS to DVD, and the rise in the popularity of CDs during her teenage years.

While her experience with technol-

ogy is similar to that of many current students, there is one feature that many may deem ghastly today: her school had no air conditioning. She packed her fan into whatever she was driving at the time, which was, itself, a 'luxury.'

It was a luxury that Rhonda Schweizer, 1972 graduate of the University and mother of current student Kelly Doyle, didn't have during her years in college.

Riding her bike to class each day, she would put her books in a basket on the bike or in a plastic bag if it rained; the modern day incarnation of the backpack was yet to emerge.

One luxury Schweizer did enjoy was an electric typewriter. Still, if she made an error on a paper, she had to rewrite the entire page, with no delete or backspace buttons to save the day.

There was no Internet for conducting research in Schweizer's day. When writing research papers, students poured over books, journals, and magazines, and if they wanted copies they had to handwrite them.

Despite modern technology, however, some things will never change at colleges. Both Nash and Duran said they do not have a car on campus, mirroring Schweizer's experience years ago.

And technology has always been unreliable. Doyle says her cell phone can be "very difficult at times," making landlines seem like a pretty good idea, after all.





## Opa! International Students Association goes Greek at local festival



International Students Association members (from left to right) Andre Artz, Izzy Liu, Ray Mungai, and Liina Toomla



The students experienced traditional Greek music, dancing and food at the festival, which took place on Sept. 4 at the St. Nicholas Greek Orthodox Church in the Central West End.

By Lucy Allen, Copy Editor

Fontbonne International Students Association members Andre Artz (originally from Peru), Izzy Liu (Taiwan), Ray Mungai (Senegal) and Liina

Toomla (Estonia) took a break from their studies and spent Sept. 4 at the St. Nicholas Greek Festival in the Central West End.

The afternoon started with long lines of people waiting for some classic

Greek food.

On top of large rectangular stones of concrete about three feet high and 20 feet long, skewers with chicken, lamb and beef cooked above hot charcoals, and the intense heat and smoke billowed out onto the crowd.

The students walked through the festival under a large, white, tent with open seating and vendors selling plate dinners, beer, wine, and pastries. There were so many people that it was difficult to find where the lines to get food ended and began.

The group decided to get a plate dinner and found that these were being served in the auditorium, at the Greek Church.

Inside the church, a gift shop offered Greek jewelry, dolls, T-shirts, miniature icons, souvenirs, cookbooks, novelties and vases.

There was much to choose from, but the group decided on the lamb, chicken, shish-kabob and pastitso, a baked casserole with ground beef, macaroni and a creamy béchamel sauce.

After purchasing the food, they sat at a table close to the stage where traditionally-dressed Greek singers and dancers entertained the crowd with folk music performances.

The performers, ranging in age from two to "mature adult," were dressed in a theme of red and gold. The women wore belts adorned with gold coins.

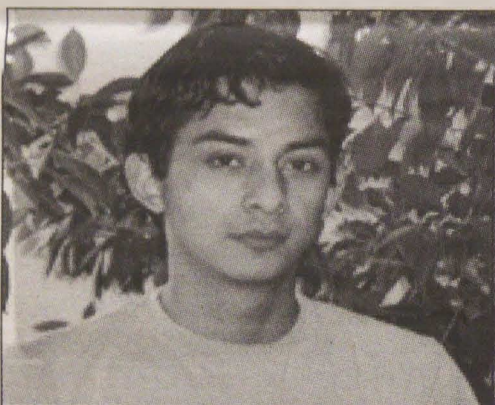
After the performance, the students headed outside and discussed their favorite parts of the festival.

Everyone said they enjoyed the energy, enthusiasm, happiness, food and the overall culture.

The St. Nicholas Greek Festival is the largest ethnic festival in St. Louis.

## International Corner with Lucy Allen

Hector Lopez, computer science major, from Honduras



"Without the help of the International Office, I wouldn't be at Fontbonne," says Lopez.

A: Eventually I intend to go back to Honduras. After I graduate, I will be part of an OPT (Optional Practical Training) for one year, which will help me gain professional experience in my field.

Q: What do you miss about Honduras that you can't find in the United States?

A: I miss my family and the food.

Q: What do you enjoy doing in the United States that you can't do in Honduras?

A: I have more opportunities to get to know other cultures. In my country I would not have as much of an opportunity to explore like I do here.

Q: How many siblings do you have and what are their names and ages?

A: I have six sisters and two brothers. Rosa 35, Alcides 31, Claudia 29, Elvis 26, Belkis 20, Sarai 18, Evelin 14 and Lisbeth 10.

Q: Are any of your siblings attending college in Honduras or the United States?

A: Claudia graduated high school and college [in the US.]

Q: Will you miss Fontbonne University?

A: I will miss the Mathematics and Computer Science Department and the people that I have met here that are my friends.

Q: Do you plan on staying in touch with people at Fontbonne?

A: 100% positive.

Q: When did you first know that you wanted to come to the United States to pursue higher education?

A: When I earned a full scholarship.

Q: How is Honduras different from the U.S. in regards to the economy and culture?

A: The economy is bad, as Honduras is a third world country. Our culture is more family driven and celebrations are more about family than drinking and eating.

Q: When did you come to the United States to attend college and how old were you?

A: I came to the United States in August, 2005 and I was 19 years old.

Q: Do you plan on returning to Honduras after you graduate? If not, what will you pursue in the United States?

## Want to get the word out?

Place an ad in the Fontbanner.

E-mail [myersm1@fontbonne.edu](mailto:myersm1@fontbonne.edu) for more information.



# Welcome Week festivities make first-year student's move-in day manageable

By Lara Parker, Reporter

Up until the first night in my dorm with a total stranger, the reality of college move-in day was a distant and uncertain matter, like graduation once had been.

What little I knew of college life was gleaned from the movies: films like "Son in Law" filled my mind with visions of insane resident advisors, chaotic hallways, and the roommate from hell.

When I arrived at the University, however, I instead found a helpful move-in crew with forced enthusiasm all over their sweat-drenched faces ready to assist me with my luggage to the sound of upbeat music.

Move-in was hectic. Opening the doorway to my dorm, I found my room blank with more of a "summer camp" vibe than a home-y one.

It was overwhelming to realize that I

wasn't going home in a week and that I now had more freedom than I was sure I could handle. This freedom was interrupted, however, by the itinerary set up for the incoming new students: A weekend full of FOCUS group meetings ("Fontbonne Orientation Committee Uniting Students"), an overnight trip to Lake Williamson, and a "Catch the Fire" ceremony, which I assumed would be rather melodramatic.

Whatever the FOCUS groups were, I wasn't looking forward to them until junior Libby Brauss, my FOCUS leader gave me an instantaneous feeling of acceptance which I was certain I wouldn't find so soon here.

The FOCUS groups gave me a sense of fellowship that, I despite having no other choice, was extremely thankful for. We did the typical "getting to know each other" games and though I tend to think they're overused, they managed to break the ice.

Catch the Fire is a tradition at the University. It is an initiation of sorts for first year students. I dreaded this ceremony because I assumed it was going to be cheesy and boring, and that I would have to stand in the spotlight. Instead, it turned out be inspiring, opening my eyes to the University's history and the background of the Sisters of St. Joseph of Carondelet. I took away the realization that I was now truly a part of the University.

My class was the first to go on an overnight trip to Lake Williamson as part of the welcome weekend. Without time to adjust to my roommate on campus we were assigned as roommates on the trip. It was another chance to make more friends, but being at Lake Williamson only furthered the summer camp feel of the entire weekend. Friday night, the first night, was packed with FOCUS group meetings and entertainment by Chris Carter, the "mind

freak."

The rest of the night was given to us to explore and get to know each other on our own terms. Saturday morning we completed a series of low-rope courses, obstacles that encouraged teamwork and team bonding.

I also received some useful advice during this experience: get involved, learn "proper time management skills" and never pass up the buffalo chicken wrap at DSAC.

The University takes full advantage of its small campus atmosphere and really encourages close bonds between faculty, staff, and students.

All in all, from my perspective, first-year student welcome weekend was a success in creating familiarity with campus life and friendships that I wouldn't have made it through the first week of college without.

## We've got issues.

For next month's edition, the Fontbanner is accepting opinion letters on cell phone use in cars.

E-mail letters to [myersml@fontbonne.edu](mailto:myersml@fontbonne.edu) or place them in the Fontbanner mailbox on the first floor of Ryan Hall.

Letters may be published anonymously, but should be submitted with the full name and contact information of the author.



## The Fontbanner

The Campus News Publication of  
Fontbonne University

6800 Wydown Boulevard  
St. Louis, Missouri 63105

Vol. LXI  
Ed. 1

### Editor-in-Chief

Megan Myers

### Copy Editor

Lucy Allen

### Managing Editor

Courtney Schofield

### News Editor

Alicia Lee

### Features Editor

Rachel Lalk

### Sports Editor

Cassandra Bremer

### Cartoonist

Raymond Mungai

### Staff Writers

Elizabeth Brennan

Timothy Brown

Debbie Eckelkamp

Brooke Johnson

Lara Parker

Rebecca Reichert

Jessica Thurmond

### Advisor

Jason Sommer





## Hard work, senior leadership boosting women's cross country team

By Cassandra Bremer, Reporter

After success in the SLIAC in the past two years, the women's cross country team will try to outrun Greenville College.

The Griffins, who finished second

in the two previous years, aim for first this year. Greenville College has held onto first places finishes for twelve consecutive years, making them the team to beat.

Head Coach Dave Almany says, "We feel after finishing second in the



Photo source: www.griffinpride.com

Senior Rachel Hanson leads the pack at the Maryville Invitational

Park Early Bird, where they ended seventh of fourteen teams.

The team finished the day with Webster University and Greenville College, who took sixth and eighth place. The women were led by freshman Jessica Brock and Senior Rachel Hanson.

### 2010 Women's Cross Country Schedule

Fontbonne University at Principia College Cow Bell

W. Cross Country|Friday, Oct. 8| 4 p.m.

Fontbonne University at College of Pharmacy Invitational

W. Cross Country|Saturday, Oct. 23| 10 a.m.

Fontbonne University at SLIAC Conference Meet

W. Cross Country|Saturday, Oct. 30| 10 a.m.

Fontbonne University at NCAA Midwest Regional

W. Cross Country|Sunday, Nov. 14| 11 a.m.

Fontbonne University at NCAA Division III Nationals

W. Cross Country|Sunday, Nov. 28| 11 a.m.

conference both of the past two years, that we have a legitimate shot at top honors this fall, but we have a lot of hard work to do before that goal can become a reality."

Veteran runners will help the Griffins this season, as the University's women's cross country team will have its first senior class, as the program was re-instated four years ago.

"Senior leadership is very important and will be a real strength of the team," says Almany. "I look for a very strong season from the women this year. We have a number of talented returnees and have some outstanding freshman joining the team."

The Griffins began their season Sept. 4 at Forrest Park for the Forrest



Photo source: www.griffinpride.com.

The team huddles around Coach David Almany.

"After three weeks of training, I am very pleased with how the new and old have meshed. We seem to be a very blended group," says Almany. "I look for a very strong season from the women this year."

The Griffins took second place at the Maryville Invitational on Sept. 18.

## Men's soccer team making steady progress this season

By Cassandra Bremer, Reporter

The University's men's soccer team currently stands at a record of 2-3-2, and the Griffins are working hard to achieve their goal: take the conference title and move onto the NCAA national tournament.

"Our goal as a team is the same every year; we are aiming at winning our conference and winning the conference playoffs so we can make the national tournament. As a goal, we would like our team to peak at the end of the season," says senior Aaron Anderson.

In order to achieve their goals, the Griffins have been working hard beginning with a small non-traditional season last spring and continuing with practices run by the team captains all through the summer.

"We started off the season with four days of two-a-day practices the week before school. They focused a lot on conditioning and technique. Now we generally have practice every day for 2 hours," says freshman Alex Knebel.

The Griffins opened their season Sept. 4 against Sewanee University during their trip to Alabama.

After being down 3-0 early in the second half, the Griffins began to come back with goals from sophomore Joe Reidel and freshman Justin Williams.

"We were down three goals and battled back to cut our loss to 3-2" says junior Ted Gansmann.

The men picked up their first win at

the next game in Alabama, on Sept. 6, against Birmingham Southern.

Just minutes into the first half, Williams scored a goal, giving the Griffins an early lead of 1-0.

Birmingham Southern was able to tie it up in the late second half, but freshman Wesley Laney fired back with a goal putting the Griffins up 2-1. With help from the defense and goal tending, the University was able to hold onto the lead and gain the win.

"We scored the go ahead goal with five minutes left and our goalie stepped up and made a save on a penalty kick with 30 seconds left to preserve the win," adds Gansmann.

The Griffin's fell to Rhodes College 3-1 on Sept. 10 and gained two consecutive ties on Sept. 11, against Augustana, and Sept. 15 against Rose-Hulman Institute of Technology. The men beat Illinois College 3-1 on Sept. 19.

"Every practice or game is preparing us for our conference schedule and the playoffs. We want to win every game, but we are taking each game as a stepping stone to a bigger goal at the end of the season," says Anderson.

Much of the team's success comes from the nine freshman. Freshman Zack Meyer leads the Griffins in team assists and is tied for points with freshman Justin Williams.

"This year's freshmen class are go-

ing to make a huge impact especially with the offense" says Gansmann.

The men's soccer team is not only

ceive zero red cards for the season, win the SLIAC team sportsmanship award, and perform two team community ser-

### 2010 Men's Soccer Schedule

Fontbonne University vs Greenville College \*  
M. Soccer|Saturday, Oct. 09| 2 p.m.

Fontbonne University vs Principia College \*  
M. Soccer|Tuesday, Oct. 12| 8 p.m.

Fontbonne University at Blackburn College \*  
M. Soccer|Saturday, Oct. 16| 2 p.m.

Fontbonne University at Westminster College  
M. Soccer|Wednesday, Oct. 20| 7 p.m.

Fontbonne University vs MacMurray College \*  
M. Soccer|Friday, Oct. 22| 1 p.m.

Fontbonne University vs Concordia -Moorhead College  
M. Soccer|Sunday, Oct. 24| 2 p.m.

Fontbonne University at Webster University \*  
M. Soccer|Wednesday, Oct. 27| 7 p.m.

Fontbonne University vs Spalding University  
M. Soccer|Saturday, Oct. 30| 2 p.m.

\* away games

working hard on the field, but they set goals off the field as well.

In addition to winning the conference tournament, the men are aiming to "achieve a team GPA of 2.8, re-

vice events," says freshman Carl Alsbach.

The Griffins began conference play Sept. 25 at Spalding University and hosted Westminster College Sept. 28.