



# FONTBANNER

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A STUDENT PUBLICATION OF FONTBONNE UNIVERSITY

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## Coffeehouse Goes A Bit Pagan to Boost Attendance

by Alex Tague,  
Web Design and  
Layout Editor

"More pagan, more food, more people," Dave Ebenhoh, Campus Minister and founder of coffee house, summarizes the progression of the coffee house phenomena from it's humble spiritual gatherings of 5-12 people around a guitar-playing, story-telling priest to a mini-concert of 50-150 people around professional musicians and a table full of food. Despite the overwhelming growth from its first meeting in 1999, coffee house's emphasis on providing a comfortable, inviting setting for students to interact hasn't changed.

In pointing the important elements of coffee house, Ebenhoh points out that, "there has always been an open mic, a

time for students to share with each other outside of the classroom." Although the guitar-wielding priest has moved on and the intimacy similar to a Bible-



Mendoza performs at Coffee House Photo by Bryan Smith

study has disappeared (hence the "more pagan"), the students have brought their own spirituality to bare during the open mic session. In general, Dave Ebenhoh provides only the setting (and food), while the students provide the real content of coffee house: friendship and community. For Kareem Deanes, who is

graduating this December and was one of the original attendees in '99, "coffee house is a forum to express...a chance to open students up to who other students are."

The loss of the priestly folk sessions also allowed the introduction of professional, local musicians. "I like to bring in local musicians to help support them, and allow them to get additional recognition," says Ebenhoh. Currently, coffee house features a streamlined version of the Javier Mendoza band or Jim Peters, one of the guitarists for the band, playing solo.

Thus, with live entertainment and a chance for students to share and perform, the last element that attracts the large and

diverse crowd of students every last Monday of the month is the food and of course coffee. Over the years the refreshments have grown from just coffee to pretzels, chips, candy, cookies, a cooler of soda, and most recently, as a daring and threatening alternative to coffee, tea and hot chocolate. Patrick Cassin, who graduated last semester, revisited the University just to come to coffee house, "to see friends and get free junk food, because I can't afford my own junk food."

Overall, coffee house provides a much needed solace from the chaos of class and a comfortable social setting to hang-out with old friends and meet new ones. The relaxing atmosphere (See "Coffeehouse" on page 2)

## Parking Problems Create Civil Disobediance On Campus

by Roshina Doss,  
Copy Editor

For many colleges and universities, parking is the number one problem. With increased enrollment, it appears that parking has become an even bigger problem this semester for the University. During peak periods, parking on campus is difficult. Students line up in their cars about twenty minutes before classes let out hoping to capture a space. Sometimes a person can wait at least twenty minutes for a space, only to have it seized by someone suddenly pulling into the parking lot. "Everyday except for Friday is peak time," said Bob Kraeuchi, Director of Public Safety.

According to Kraeuchi, there are 584 parking spaces and an estimated

1800 designated parking tags distributed amongst the community. He said that a student parked car occupies one space about two class sessions, which means that a space is constantly turning over about four to five times a day. "If we only sold 584 parking tags there would be a lot of open spaces," said Kraeuchi. Of the 584 parking spaces, about 150 are occupied all day by faculty and staff.

When the parking lot, Wydown Blvd., and the Oak Knoll parking lot is full, people park in restricted areas and in the fire lanes, which is against parking regula-

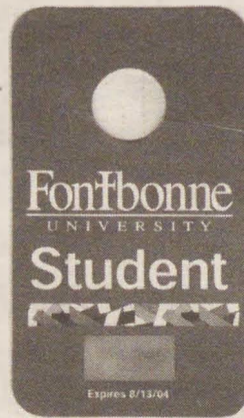
tions. According to a segment printed on page 153 of the Griffin Scratch [which can also be found on Fontbonne.edu and parking information pamphlets in the Business Office], "All parking regulations are strictly enforced 24 hours a day. It is assumed that individuals parking on campus are familiar with and agree to adhere to

all parking regulations. Parking citations will be issued for all observed violations."

"We are not in the business to make money off of the parking tags," said Kraeuchi. "We hope

to break even for the maintenance." Although a parking tag does not guarantee anyone a parking space, Kraeuchi said that the purpose of the parking tags is to help identify unauthorized patrons [Wash U students who have to pay \$348 each semester] and to keep them from illegally utilizing the parking area, which may include a fine, towing, or booting.

Public Safety, a five member staff, is responsible for more than enforcing parking regulations. They are also in charge of opening and locking down the campus every day, making sure the campus atmosphere is safe and sound, and answering minor calls like See "Parking" on page 3



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DECEMBER  
2003

## Campus Theft Headline Goes Here

by Elizabeth Fordyce,  
News Editor

Campus theft at the University has always been a problem. But fortunately, the campus has seen a drop compared to past semesters. Even with the higher enrollment have been few reports. Bob Kraeuchi said, "I don't know why it is down. But actually theft is down in the offices as well as the residence halls. With it being so low in the residence halls it could be due to the fact that there is a ban on alcohol in St. Joseph Hall."

The public safety portion of the University website and outside Kraeuchi's door, students as well as faculty can view a list of crimes or stolen money. The list ranges from false fire alarms being set off, money that is stolen, vehicle accidents, property damages, and medical emergencies. The list also gives you the time and place and an explanation of what occurred. So what is the return rate of these items that have been stolen?

Kraeuchi said, "It is hard to recover the items. The security on campus as well as the Clayton police does the most we can do. We actively investigate

as much as we can. There are usually no witnesses, and without that it is hard to solve these things. We are required though to keep an updated list on the website and outside the door."

Also, website users can get the 2003 Crime Awareness and Campus Security Report. Users can get numbers on crime at off campus locations, crime on public property, and on campus crime.

"We have been fortunate at our other locations. The crime is nothing at these places. Or nothing that has gone on reported," said Kraeuchi.

The Department of Education requires the school to have at least the past 60 days on record so that the public can view. But Bob Kraeuchi says that he has records that anyone can view for the past years.

"Unfortunately we can not give accurate records why it is down so low this semester. We usually get a better grasp of theft counts into next semester. That is when the kids start to feel more comfortable with their surroundings," added Kraeuchi.

### "Coffeehouse," from page 1

of low lights, candles (which are on hiatus because Javier Mendoza always knocks them over) and couches, along with the opportunity to engage other students, regardless of interests and rank, beyond the routine of schoolwork, encourages everyone to gather around the coffee pot.

## University Hopes for Clean Bill of Health

by Roshina Doss,  
Copy Editor

During the On Campus Meeting on October 27, 2003, Gary Zack, Vice-President of Finance and Administration (CFO) revealed the financial condition of the University. An outside independent accounting firm has reviewed the financial records and statements from July 1, 2002 to June 30, 2003, determined its accuracy, and reported to the Board of Trustees. The auditors awarded the University a "clean opinion" with a level of approval and deemed financially sound.

Although the University experienced problems in the past from the auditors' inability to interpret and translate the University's financial information, Dennis Johnson, Controller, and Tom Herweck, Assistant Controller, took it upon themselves to accept the challenge to minimize the

stresses in the procedure. Johnson, who has held the position since September of this year, said that before any action could be taken to better the method, they had to understand the process the auditors use. "This fresh look at the situation gave us a better understanding of what the auditors had to do which in turned allowed us to absorb some of their responsibilities in providing more precise information," said Johnson. "It saved a lot of time." Another strategy the Controller Office adopted is quarterly, instead of annual, preparation of financial statements, which will also provide a better preparation of schedules that support the numbers in the financial statements.

According to Johnson, the ultimate objective is to implement an improved financial reporting system for use by the budget managers and executive manage-

ment. "The goal is to have a business reporting model that is online and real time," said Johnson. Another application the Controller Office is working on is automating accounts payable. Johnson stated that entering payment information online would eliminate the manual process of preparing departmental requisitions.

There were a number of factors evaluated to determine the financial condition of the University. Since the University is tuition dependant, the growth and enrollment of the student body is very important. According to Zack, eighty-two percent of University revenue came from tuition in 2002-03, which has grown to ten percent since 2001-02 to 2002-03 from the combination of higher tuition and growing enrollment. "The (See "Health" on page 4)

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Looking  
for  
Sports?

See page 6!

## Striking a Nerve: Students and Faculty React

by Veronica Siddell,  
Advertising Editor

Dashing through the parking lot, with a one-car open space; over the hills they go, pan-icking all the way—The cause? Bread and butter. Patrons of area Schnucks, Shop-N-Save's, and Dierberg's are humming a different tune this holiday season. On Friday, October 31, 2003, St. Louis' first major grocery store strike and lockout came to an end for customers and union employees, many of which attend the University. The strike, which lasted the entire month of October, had a strenuous effect on many students and faculty members alike.

The dispute was over the new contract that the managers of the three supermarket chains proposed on September 30, 2003 to the 10,000 members of the United Food and Commercial Workers (UFCW) Local 655. After rejecting the contract, which included higher medical co-pays and 25 cents an hour raises over the next three years, union members voted to strike against their employers on October 7, 2003. "Being on the picket line was both rewarding and difficult at the same time," said Early Childhood major, Sara Pridmore, part-time Schnucks employee. "It was difficult not knowing if I was going to be able to make ends meet, and that made concentrating on school difficult. But, to stand with co-workers was a bonding experience since we don't usually have time to sit and talk to each other."

While student employees such as Pridmore were standing on the picket lines, 9,000 temporary replacement workers were hired to

fill various positions in the supermarket at rates up to \$12.50 an hour; even though permanent employees' salaries are as low as \$6.25. "It was tough knowing that I was being replaced," said Pridmore. "What made matters worse was dealing with the people that came by (the picket line) yelling at us to get back to work, throwing change and glass bottles as they passed, or delivering hate letters telling us how greedy and unfair we were being. I did my best to stay positive and to believe that I was doing the right thing."

However, Pridmore was not the only student fighting this battle of ethics. Theater Education major, Aubrey Burke, struggled while on her first strike as well. "I have worked at Schnucks for two and a half years as a checker. Standing on your feet for eight hours, communicating with the public, and working with a computer system that often fails is truly a skilled profession. It is an insult to tell the intelligent, good hearted workers that care about their customers and the people they work with, and who have been doing this for over ten years that they are unskilled laborers."

To the naked eye, the strike may have seemed nothing more than a greedy quarrel, but to trained individuals, the strike involved much more. "The issue was greater than insurance benefits, bonuses, and raises; it was about feeling a mutual respect," said Burke. "There was no need to throw change or shout 'Go to work losers.' We are human beings who are worth more

(See "Striking" on page 4

### "Parking," from page 1

someone locked out of his/her office. Kraeuchi said that there would be a lot more tickets issued if the security guards were out every hour checking for parking violations. "Not only is there not a profit made from citations, but the amount of total fines would have to be five times that to pay for security personnel salary," he stated. Kraeuchi said that on average, three to four citations are issued per week for parking without a tag. A wheel lock, done about once a week, would be issued because security cannot connect the student, faculty/staff, or individual the vehicle belongs to.

Kraeuchi said that

in the 2002-03, 2189 parking violations were ticketed. He stated that an individual has a few ways to reduce the fine of a citation. An individual may appeal the citation; have the fine reduced by \$10 if paid within two working days from the date on the ticket.

Kraeuchi said that the Clayton City Police may also ticket Handicap spaces and fire lanes on campus to ensure safe passage for ambulances and fire trucks. Under normal situations, security's duty is to respond and contain/stop the situation, write a report, and another department handles the disciplinary procedure.

To ease future park-

ing agitation, Kraeuchi said an off campus parking lot site and shuttle system is being looked into. "Although snow will cause a problem with less spaces available, the graduating class of December '03, will provide more availability of spaces. For more information about parking regulations, look in the Griffin Scratch under Policies and Procedures, at Fontbonne.edu under Student Resources and Public Safety, pamphlets located in the Business Office, email [safety@fontbonne.edu](mailto:safety@fontbonne.edu) or call 889-4596.

## University Earns NCATE Accreditation

by B. Coffey,  
Staff Writer

A search on Petersons.com for universities offering a Bachelor's degree in education lists 2065 different schools. Of these, the National Council for Accreditation of Teacher Education (NCATE) recognizes 550 schools as exceptional. The University now joins the ranks of NCATE-accredited schools, becoming the fifth school in St. Louis to do so.

"We had NCATE accreditation up through the early nineties," Dean of Education Bill Freeman said. "It was dropped because there were financial problems within the University."

Talk of regaining the accreditation began when Freeman was hired in 1997, but intense preparation for the process didn't begin until 2001.

NCATE works in coordination with state accreditation agencies, like the Missouri Department of Elementary and Secondary Education (DESE).

Professor of Education Sr. Rita Schmitz served as the coordinator of the NCATE/DESE study. She spent two years organizing the information necessary to show the University's fitness for accreditation.

"I met with faculty members to make sure that everything was in order," Schmitz said. "I also had to develop a schedule for the NCATE/DESE board while they were here."

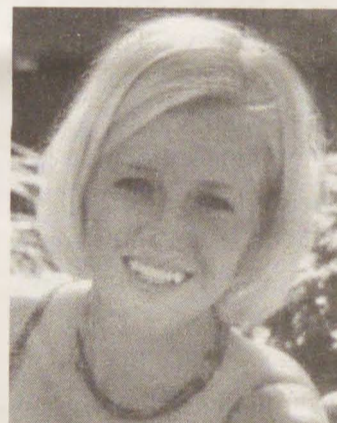
Schmitz's time was spent gathering information to show that the Education Department works to meet all of the criteria set forth by both NCATE and DESE.

"DESE has eight standards and NCATE has six," Schmitz said, "But there's a lot of overlap."

The standards in-

(See "NCATE" on page 5)

### In Loving Memory of Megan Elizabeth Moran



Megan's Words

When the sound of silence is all you hear,  
And the fact of nothing is your fear.  
Listen close to the voice, For I am there,  
if not by choice.

When you close your eyes, black you see,  
concentrate hard and think of me  
My profile shown, and features portray  
the infinite thought of disarray.

Know I am present,  
know I am there with feelings strong,  
wished to share. Ignore the emotion,  
that comes to tear, When the sound of  
silence is all you hear

Megan Moran  
[www.melizmo.com](http://www.melizmo.com)

**"Health," from page 2**

full-time equivalency enrollment is up from the 2001-2002 school year 1669 increase to the 2002-2003 1720; and funding has grown from \$1.1 million in 2001-2002 to \$1.9 million in 2002-2003," Zack says. As the result of a good stock market and increased enrollment, Zack said that the University ended the 2002-03 year with a surplus of 1.2 percent of total revenue for the University.

With additional revenue, the University was able to approve and provide more effects and services for the campus. Zack said that increased tuition revenue allowed for an unexpected \$600,000 spending for Financial Aid. Consequently, surplus revenues were able to undercut costs for the promotion and advertisement campaign "Learn More Be More," television commercials, and printed advertisements. OPTIONS have two new locations opening in North and South County. Modifications to the fire alarm system and the electrical system of Medialle Residence Hall make it possible for art students to use the basement area as studio space. The Durham Student Activity Center had a new roof installed and the physical plant received modifications. Along with requests, Zack said that in 2002-03

the University's planning and budget committee approved a faculty position in marketing in the Business and Administration department as well as this year's new sports marketing major.

According to Zack, the University is in a position to add value to it. Enrollment has grown, financial aid has increased, renovations for the Communication Disorders Clinic and Special Education departments in the East Building have started, and additional positions will be added to the housekeeping department. "Actual demolition in the theater should start within the week," said Zack.

The University has been able to look at its immediate needs and fulfill them within reason. Zack states that as the year unfolds and the situation becomes clearer, additional request may be approved. "Although it is important to do things to improve quality, an institution is better able to do so when its condition is sound, which will then lead to future opportunities," said Zack. "I think we're adding value with the renovations and in all the ways we invest in the quality of our academic programs. In the final analysis, that's what counts: our reputation."

**"Striking," from page 3**

than comments concerning unskilled laborers. We are smart, intelligent people trying to survive inflation and insurance costs."

Many people disagreed with Local 655 President Bob Kelley's rally for the strike; however, they may not be aware of the value of a union. "I was frightened and angered by the Union's actions, until I walked the picket line," said Burke. "I support the Union because they support me." In fact, Kelley made sure that each member of the union received a check for \$100 a week, which was distributed in the third week of the strike. Although this

amount of money may not appear to be a lot, it was more beneficial to the students than the zero balance Schnucks locked them out with.

The strike and lock-out evoked different emotions in those affected by it. "I learned a great lesson from this experience; compassion and unity," said Burke. "I stood out there picketing, not knowing if I could pay the bills or eat a meal the next day, and there were a great number of people that offered me support." This reaction was echoed in Pridmore's response, "The honks, waves, and food donations helped us believe that we were doing the right thing be-

cause the community was right there with us."

"Now that the strike is over," said Communications major, Sky Hagglund, "it's much easier to do midnight shopping." This sentiment was neutral for Business Writing Instructor, Donna Church. "Overall, I am very happy the strike is over because I love to cook, but often couldn't find what I needed in other places. With the holidays coming, everyone will be in the stores purchasing goods which could have been stressful if the strike had lasted much longer."

**Dance Until the Kids Get Home**

by Chris Willey,  
Staff Writer

Dance Marathon is an event to raise money for the Children's Miracle Network. The Children's Miracle Network is an alliance of premier hospitals for children who are a non-profit organization dedicated to helping kids. They raise money for 170 children's Hospitals across North America. In the St. Louis area, Children's Miracle Network works through SSM Cardinal Glennon Children's Hospital and Children's Hospital.

The Fontbonne Dance Marathon Team has organized sev-

eral fundraisers to raise money for the Children's Miracle Network and the Miracle Kids. They cleaned our University's dorm rooms on November 1 and 2. They collect donations outside grocery stores. They hold a bake sale, which will take place on December 2 and they are organizing a trivia night for our University students, faculty, family and friends in the DSAC on December 6. It will cost students \$5.00 and others \$10.00; there will be cash prizes for the winners. They arrange a competition between student organizations, departments, and offices February 17, which they call Penny Wars. They hold a volleyball tournament, which is called Spikes for Tikes, between the men's baseball, men's soccer and women's volleyball teams on February 17.

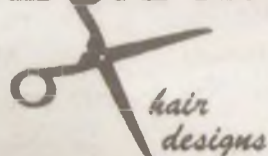
Dance Marathon will take place at Washington University on February 21st. This is the final event to raise money for the kids. It is where the grand total is announced,

which then will be given to the Children's Miracle Network. Last year Dance Marathon raised \$57,000.00. While at Washington University, students from Washington University, St. Louis University and Fontbonne University as well as the Miracle Kids dance, play sports, participate in musical entertainment and other activities except sit while at the 12-hour event. The dancers find people to sponsor them while they dance.

Each dancer needs a minimum of \$130.00 to dance but many go past that. Our University Team also visits one of the Hospitals to meet some of the children that they are helping.

If you don't want to dance, you can still come and stay on your feet. If you don't want to do all 12 hours then you can come for a few hours and just pay \$5.00 per hour. Donate money to a specific dancer or the team, donate prizes that they

**(See "Dance" on page 5)**

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“NCATE,” from page 3

ventory the knowledge and skills with which students in the program are instilled. There are also standards that deal with excellence of faculty, field experience, and program resources.

Thirty days before the NCATE/DESE board came to the University, Schmitz sent them an institutional report addressing the University's fulfillment of each of the standards. Additionally, she prepared eighteen crates of file-folders filled with evidence backing the report.

Then, from February 24-28 of this year, the NCATE/DESE team visited the University.

“They read all of the information in the crates,” Schmitz said. “Additionally, they interviewed administration, faculty, alums, students, student teachers, cooperating teachers who work with the student teachers, and members of institutions with which we have a partnership.”

This was all part of the verification of the written report they'd received.

In the end, the preparation paid off. All of the University's accreditation programs met the requirements for NCATE accreditation.

“This means that we're recognized nationally as having excellent teacher certification programs,” Schmitz said.

“Because this is an initial accreditation, the board will return in five years,” Freeman said. “After we are reaccredited, they visit every seven years.”

Freeman emphasizes that the accreditation is a process rather than an event. It “forces the University to continually improve,” he said, “And pushes the faculty to be the best they can be, which has a positive effect on students.”

## Future Teachers Association Comes Together to Entertain and Teach

by Carrie Stindel,  
PR and Distribution  
Manager

Standing out from a list of student organizations at the University, one of the newer groups, Future Teachers Association (FTA), has been actively involved since it was formed. It has grown into one of the most active organizations on campus. For the past couple of months, FTA has been busy, as usual, in its endeavors. The weekend of Halloween kept FTA's president, board, and members especially on the go.

Collectively new, FTA was formed about three years ago from four separate organizations: Council for Exceptional Children (CEC), International Reading Association (IRA), Student National Education Association (SNEA), and Pi Lambda Theta (the Education department's honor society). Now FTA works as a whole to help children in the area and students at the University, as well as promoting literacy off campus. According to the organization's motto, “FTA emphasizes and promotes the principles

of inclusion, diversity, community, service, and concern for others inherent to Fontbonne.”

For several years FTA has held a party at Gateway Michael School in St. Louis on Halloween. This school serves students with serious health problems and multiple disabilities. The students at the school look forward to the annual Halloween party. According to Michelle Wiedl, FTA President and Senior Elementary Education Major, “This event puts a little bit of fun into their lives...it is a way for us to give a little something.”

The FTA members enjoy working the event, which they have been doing for several years in full costume. This year the University students set up several centers for the children. The kids could enjoy bowling, face painting, cookie decorating, and coloring. The day left the University students and the children smiling. Wiedl says, “You get a real feel-good feeling from being there!”

The following day members of FTA woke up early for another en-

riching and educational event. On November 1st FTA sponsored a workshop for University students and first year teachers. This was the first year for the University to sponsor the event, and they hope for many more to come. The workshop, “Serving all Children,” was planned with the help of Rick Gwydir and Dr. Gene Schwarting, by senior students Taryn Moody and Mary Zeidler. The main goal was “for both future and current teachers to learn about and share experiences working with all types of students in a variety of settings.”

The workshop was a full day event held from 8 am until 2:30 pm. Held in the Library, the day began with check in and breakfast and was followed by several sessions of speakers. With eighty-five people registered and sixty-five attending, the workshop was a success, especially as a first-year program. Many professors and specialists spoke at the workshop on several important topics in education, such as “Helping Students with Learning Problems in Reading,” “Teaching

in the Inclusive Classroom,” “Understanding IEPs and the Special Education Process,” and many more.

The highlight for many was the final panel discussion of the workshop. Three speakers, Kelly Fortune, first-year special education teacher from Ritenour Middle School, Stacey Bray, fourth-year teacher at Buder Elementary, and Andra Gwydir, seven-year principal at Wedgewood Elementary, had a chance to speak and answer questions from the audience.

FTA continues to work on campus as well as outside of the University. In addition to their Halloween weekend events, they also sponsored the Scholastic book fair, and read to children on several occasions both on and off campus. They have made their presence known on campus, and everyday are creating new ways to reach children and spread knowledge.

“Dance,” from page 4

can give away at their fundraisers or gather a team and participate in their trivia night on Saturday, December 6. Allow the team to ask for donations outside of your company's office. The more members they have the more money they can raise and the more lives we can touch. Angie Crowe, the president of Dance Marathon at our University said, “Last year was my first year as a member of Dance

Marathon. I had a great time raising money and working for our miracle kids, but it wasn't until the actual dance event that I became fanatic about Dance Marathon. Our team got to run around with the Miracle Kids. We meet their families, heard their stories and it just made me want to help more.” If you have any questions about Dance Marathon contact Angie Crowe at 889-4612.

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## New Company Draws Blood

by Molly Harris,  
Staff Writer

You may have seen the signs. You may have seen your friends with bruised arms. You may have seen the giant van roll up to school and then cart away tons of blood. No, it wasn't some sort of convention, it was yet another Blood Drive.

The blood drive held on Wednesday November 19th was publicized all over campus with posters challenging students and faculty to get to the Blood drive. The challenge was if sixty people donated blood, Bill Ellis (SGA president) would shave off his goatee. Although, there was only a turn out of 41, the drive proved in many ways to be a success and Bill was a good sport and shaved it off anyway.

The Blood drive had many other attractions. Free t-shirts, Pointer's Pizza, the allure of the aerobic room, and of course the idea that we were helping out people in the St. Louis area. The Community Blood Center, the organization

that ran the drive, helped to make it an overall success. There were more beds, more workers, and more people which all contributed to a smoother process than past drives.

Sean Brooney, has donated to various blood drives on campus before, "The blood drive was at good time this year. Giving blood right before the holidays makes me feel all warm and tingly inside as I think of all the little children I'll be helping out," said Brooney. "The free t-shirt can also make for a perfect holiday gift." The C.B.C. is a St. Louis based organization and all the blood donated will go to help those in the St. Louis area.

The next blood drive will be held on January 28th. Maybe you forgot to write it down on your calendar last time, perhaps you found out you were anemic, whatever the reason get to the blood drive in January and perhaps you too can be an avid contributor like Sean Brunney.



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## Coll Makes the Calls And Brings Excitement to the DSAC

by Mark J. Lake,  
Staff Writer

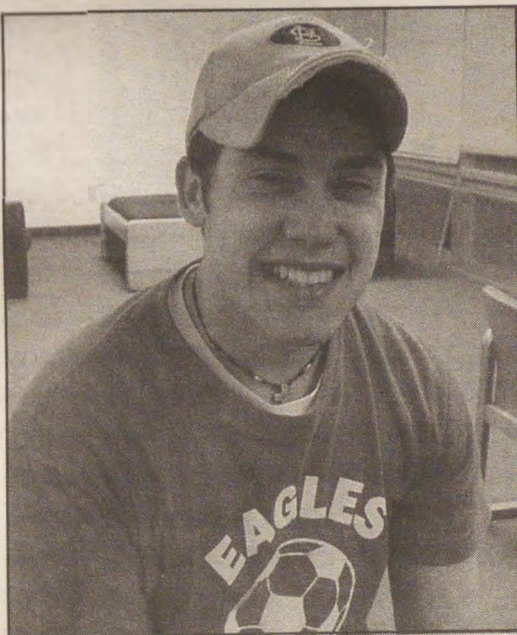
For the first time fans will be able to listen to a play-by-play broadcast of the men's basketball games. Calling the games will be the voice of freshman Kevin Coll. Coll's knowledge of basketball and enthusiasm helps bring joy to his position. "I have knowledge of all sports but I love basketball, I have an energy I will bring to each individual broadcast," said Coll. "I have very good litigation skills, but most of all I have fun and plan to bring that to the broadcast."

When asked why this position as play-by-play commentator sounded so appealing Coll said,

"I have always loved sports, and my friends always encouraged me to be a sports commentator. So I saw the flyer, called Coach McKinney and he gave me the job after I had an interview." The interview processes was just a walk in and walk out, and the job was his after a couple of interviews with Coach.

Fans who have heard a live broadcast via radio, internet, or telephone, the game being announced can be exciting to the point you feel as if you're there or it can sound boring. In that case you just listen for

the score and support the home team. Live action commentating is difficult, because the listen-



Kevin Coll

Photo by Bryan Smith

ers cannot see the game. They only know what the commentator tells them.

Kevin has a few tactics he will use in order to keep listeners tuned in.

"I hope to bring the energy of the game to the listeners with enthusiasm and excitement," said Coll.

"I will try to emulate Bob Costas, because he is an 'idol' of mine and I look up to him. He is regarded as one of the best in the business, said Coll. "I plan on sending my tapes to Costas when I'm through here," he says only half joking.

Kevin has been using the basketball teams scrimmage games

as practice for his new position. "That will count for half of six; Grassle shoots to the clown's mouth from downtown for three" Coll called out at the scrimmage game. "He is more fun to listen and watch," said spectator Ashley Veith. "Kevin is so into his job. I was just listening and watching Kevin narrate the story for me."

To listen to Kevin and the Men's basketball squad live, log on to Fontbonne online or call 1-800-846-4700.

## Men's Basketball Team Takes Care of Business in Chi-Town Team Wins Moody Bible Tourney, 2-0 on Season

by Chad Harrison,  
Sports Editor

Practicing since mid-November, the men's basketball team traveled up to Chicago, Illinois to play their first games of the season in the Moody Bible Tourney. They played in two contests and were unmatched, winning both games to win the Moody Bible Tourney as the Griffins start 2-0 on the season.

The Griffins played their first game of the tournament against Calmut College and won by the score of 67-58. Senior shooting guard, Brian Grasley, had the hot hand, leading the team with 27 points in the game. "It was defi-

nately nice to contribute, but more importantly we won," said Grasley. Senior forward, Michael Horton, added 10 points and 9 rebounds to help control the interior, both on offense and defense. Junior point guard, Jason Koster, anchored the offense by setting up and running the offense. He led the team with 5 assists.

The Griffins shot 39% as a team, not exactly where they would have liked. "This team is a little different from the ones in the past," said head coach, Lee McKinney. "We need to shoot better, especially the three-pointer." It's early in the season, but last seasons team will

be hard to match in the 3-point shooting department. Last seasons team had three players average more than 40% from 3-point land. "We just need to improve our perimeter shooting, which will come in time," said McKinney.

In the second game, the Griffins took on tournament host, Moody Bible Institute. After a game filled with sub par shooting, the Griffins wasted no time in lighting the scoreboard up. They got out to an early lead and never looked back, winning the game 76-63. The Griffins shot 47% from the floor.

This game belonged to Horton who scored 25 points and had 10 rebounds. This was the first double-double of the young season. "He really worked hard this off-season and came into this season bigger and

stronger than ever," said McKinney. "He has been a really nice surprise so far this season."

Grasley had another productive day at the office by scoring 13 points to go along with 5 assists. Koster led the team with 6 assists. "He has become a welcomed addition to this squad by doing the little things to win games," said assistant coach, Lance Thornhill. Junior guard, Anthony Robinson, chipped in with 13 points in only 16 minutes for the game. For the second straight game, the Griffins had over 50 rebounds as a team.

The offensive output was reminiscent of last season's team who averaged 80.3 points per game. It appears this team will focus primarily on getting the ball down inside and crash the boards with their big

men. "We are a big team this season, which will allow us to get the ball inside more," said McKinney. The team is comprised of very strong and athletic players according to Thornhill. "This team is very athletic and fun to watch."

Only two games into the season, the Griffins look to be playing as a team that won't settle for nothing less than a conference championship. "This teams chemistry is ten times better than it's ever been," said senior center, Ryan Oliver. "I truly don't see why we can't go to the National Tournament this year."

McKinney is excited about what's in store for his team this season. "I think we are really going to wake up some teams in our league," said McKinney.

## Lady Griffins Hoop It Up

by Mark J. Lake,  
Staff Writer

It is almost expected now that the Lady Griffins are going to win; with all the success the women have had the last couple of years. The Griffins are the defending conference champions from last year going 14-0 and 21-4 overall. Senior Elizabeth Klotz paved the way by receiving player of the year honors as a junior.

"Klotz is the go to Griffin, much the offense revolves around her" junior guard Jennifer Connelly said. Klotz averaged 17.2 points and 9.6 rebounds last season. Connelly is the only other returning player from last years team and is a stingy defensive player who helped lead the Griffins in defense last year. Her ability to shoot the rock was also tops in the conference last season from behind the arc.

November 22nd the Women traveled to Chicago for the Elmhurst College Tip Off. Coming

back home 1-1 respectively, losing to the first game to Defiance College 49-76. Rookie, Katie Evers, led the team with 13 points, 5 rebounds, 3 assists, and 2 steals. In winning fashion the Griffins were victorious over host Elmhurst University 58-54. Meghan Kohnen, sophomore, took over with 16 points and 8 rebounds.

Coach Quigley, a former men's basketball player at the University, has guided the Lady Griffins to SLIAC Conference championships five of the last six years. They also have made the NCAA Division III national tournament three of the last four years. Although the Lady Griffins lost in the first round of the NCAA Division III tournament this past season. Although they don't expect the same results they are hungry for another conference title, and a run in the big show.



**Before last weekend,  
the only thing he'd ever burned was a CD.**

Although fire fighters do everything they can to prevent burns, more than 2.5 million burn injuries occur in North America each year. Most could be prevented. To learn more about our "Don't Get Burned" campaign, please visit [www.IAFFBurnFund.org](http://www.IAFFBurnFund.org).

This message is brought to you by the International Association of Fire Fighters.  
Harold A. Schaitberger, General President

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FOUNDATION**

## Men's Soccer Takes Conference

by Peter Cartier,  
Staff Writer

The men's soccer team enjoyed a season of excellence this year. With a solid record of 14-1-5, the team accomplished their preseason goals. "I expected to win conference, and I knew we had the team to do it," said Nick Schellman, a freshman and key performer in the season.

The team was rewarded for their hard work in a challenging pre-season. Junior Scotty Roberts nursed a strained tendon at the beginning of the season, a first of many injuries to come for the Griffins. "The pre-season was strenuous on the guys, and it was hard for me to sit there and watch and not run. I think it prepared the team well for the season."

The impressive season was not without drama. Carrying an undefeated title behind your name opens you to quite an attack from opposing teams. Blackburn managed to take advantage of the multiple injuries to the Griffin's squad by giving them their first loss late in the season. This loss proved to be crucial despite their excellent record. It came down to the final games of the University and Blackburn. Blackburn had to tie or lose to Principia, while the University had to defeat Webster. In an intensely physical match, the Griffins came out on top with three of the four goals in the game. They quickly learned that Blackburn had tied. The conference was theirs.

The team traveled to Chicago for NCAA Division 3 Regional play. "We were pretty confident about our chances. We were excited to have the opportunity to represent the University," said Captain Michael Lowe-Farmer. In their match

versus Dominican (IL), the teams were at a stalemate at the end of regulation time. The match was drawn to an overtime penalty shootout. The Griffins fell short 4-3 in the shootout sending them home early.

Nevertheless, the season was a pleasant turn of events for the team and the fans. The Griffins have had a rocky road to victory since their last conference championship in 1992. The men's team had many shaky seasons in the past decade under the coaching of Dennis Gaudreault. In Gaudreault's last season as coach, the Griffins finished last place in the conference with a record of 3-13-2.

In 2001, Gaudreault's assistant coach Brian Hoener took charge of the team. "It was an easier adjustment than most people think. I'm more comfortable making the decisions myself," said Hoener. That year the Griffins moved up to third place in the conference.

Hoener believes it came down to recruiting. Recruiting was not taken seriously by the previous coach, and players weren't staying at the University. "There was no consistency to the program. I wanted to work on the recruiting and stabilize the program. We needed better student athletes," said Hoener.

Hoener has continued to rebuild the program through solid coaching and key recruiting. Now in 2003, his program is well refined. This enabled him to enter the season with confidence. "All in all we expected to win. We had enough talent and leadership from day one. We expected nothing less. It got complicated and we had more challenges

than anticipated, but we always thought we could do it, and we proved it," said Hoener.

With the respect of his players, Hoener has developed an important deference with his team. "Hoener pushes us hard, but still gives us the respect we deserve," said Lowe-Farmer.

The players came together to play soccer as a team. The team is united by strong leadership in senior captains Lowe-Farmer and Tommy Guinn and explosive scoring by the Schellman duo. Junior Jason Schellman and his cousin, Freshman Nick Schellman, combined for 22 goals this year, eleven each. Jason put away four game winning goals.

It was not easy with the late season injuries. With five games left to play, Jason Schellman broke his leg against Westminster. Nick Kasper suffered a high ankle sprain in the same game. Nick Schellman was forced to miss two games with pneumonia. Luke Drury received fifteen stitches to his lip taking him out of a game. Few other random injuries were sustained by the team.

The University men's soccer team remains satisfied with the year. "It was one of the best years the program has seen. The loss in the tournament was discouraging initially, but now that the men have been able to reflect on the season, we are all very pleased," said Hoener.

## Lady Griffins Finish Season

by Elizabeth Fordyce,  
News Editor

The Lady Griffins soccer team has closed another chapter in their book. The season is over and but it is nothing to talk short about. With a 12-6 average for the season, the Griffins came out on top. Unfortunately, though, they did not go out with a bang. The last game of the season was a loss against Principia 0-1.

There were major accomplishments for the ladies this year. "We started with a 0-4 losing streak but we over came that. That was our biggest accomplishment of our season. We formed together as a team instead of playing as individuals." Said Head Coach Mark Giesing. The team had great strengths such as Liz Cronwell and Erica Friedrich, both seniors. They also had weaknesses as well. The speed as well as physical conditions are in hoped to improve next season.

The most memorable moment for the season for most was the Parents Day game against Maryville. "For me this is a moment that I will remember. In the first half we were down 1-0. We came back with hearts and a lot of character. We scored two goals to come out on top," said Giesing.

Over all their sea-

son moved in the right direction. With seven straight wins in a row they overcame the beginning slump. The Griffins ended the season winning 3rd in the conference with the scores of 10-3. There were five Griffins that took home awards in the all-conference section. In the 1st team all-conference an award went to Emily Ward, freshman. An award for the 2nd team all-conference went to Amanda Stichling, sophomore. Three players took home honorable mention all-conference awards-Liz Cronwell, senior, Jamie Amberger, sophomore, and Katie Meeks, freshman.

Although the team fell short at the end it was still a victory for the team. The first time the Griffins played Principia back in October, the team lost 1-6. During their last game to Principia, they fell short losing again 0-1. "Even though we lost it was a better game than our first time against them. We had learned a harder work ethic. Being the new guy is never easy. Working with a new team we all had to learn from each other and that really came out in the end," said Giesing.

The team is losing two players this year. The recruitment class is still in the works and it is heard to be a stellar lineup.

**I want to thank the  
Fontbanner Staff  
for a great semester!  
Thank you for all of  
the work you do!**

**Maureen**



## Dr. Jim Muskopf: A Man of Many Experiences

by Chad Harrison,  
Sports Editor

In the summer of 2001, the University was searching for a new Director for Master of Arts in Education/Special Education. They looked no further when they singled out Dr. Jim Muskopf as the leading candidate for the position. During this time, the University of Missouri St. Louis also contacted Muskopf for a teaching position. Muskopf agreed to work here instead of UMSL. "My decision wasn't that difficult after I had met with people from the University," said Muskopf. "I felt very comfortable with those people and I could tell that this program was centered on the students."

Muskopf has been a part of University faculty for three years, but his journey through education began many years ago. While attending Harris Teachers College in 1962, he went to Camp Wyman in Eureka, MO that summer, and that is where he truly realized that he wanted to become a teacher. "My first goal was to become a sports

writer, but when I met the camp counselor, he inspired me to become a teacher," said Muskopf. Muskopf would graduate from Harris Teachers College in 1966 with a B.A. in Elementary Education.

Upon graduation, he quickly decided to attend Michigan State University where he would study Educational Administration. Meanwhile, he held down his first teaching position at Shaw Elementary School, teaching 6th and 7th grade students. Two years later in 1967, Muskopf moved on to teach 5th grade at Beasley Elementary for three years. In 1970, he graduated with an M.A. in Educational Administration.

In that same year he took a position at Washington Junior High School as a Language Arts teacher. Two years later he would put his administration tools to work at Bierbaum Elementary School as the Assistant Principal; Muskopf would be an Assistant Principal for three different elementary schools in the Mehlville School

District for the next 13 years. After years of hard work, Muskopf became the head Principal at Oakville Elementary School in 1985.

In 1989, he was appointed Mehlville School District's Assistant Superintendent. He primarily focused on planning, developing, and communicating with administration within the district. In 1993, his duties also involved concentrating on Elementary Education. In 1996, Muskopf decided to step down as Assistant Superintendent and become an Adjunct Professor for St. Louis University and Lindenwood University. He would provide services for those universities until 2001.

Muskopf has had a love for education since a very young age, but has always loved sports. He has played and coached baseball, soccer, and basketball, and has been coaching baseball since 1971 in the St. Louis area. However, he missed five baseball seasons from 1991-1995 while holding a position in Central Office for the Mehlville



Photo provided by Jim Muskopf

School District, which didn't permit enough time for coaching.

Muskopf is currently the varsity head baseball coach for the Johnny Mac Thunder. Johnny Mac is a member of the St. Louis American Baseball Association (SLABA). This past season his team won the South Division of the SLABA with a 16-7 record. "I love coaching these kids. I'm blessed to have these great kids," said Muskopf. For his accomplishments in baseball, he was inducted into the St. Louis Amateur Baseball Hall of Fame in 2001 as a "Contributor" to amateur baseball in the St. Louis area.

He is presently the President of Johnny Mac Baseball and makes sure the program is being run

properly among all of the Johnny Mac teams. His baseball resume is astounding, ranging from coaching, chairing tournament and scheduling committees, being a member of USA Baseball, and hosting tournaments for teams from other countries.

Muskopf is also the President of the South County Youth Sports Association, Inc. This is a basketball league formed of elementary and junior high schools from the Mehlville School District. He coached in the Hustler 'select' Basketball Program from 1980-1985. He coached Trent Green, who is now the starting Quarterback for

(See "Muskopf" on page 15)

## Campus' Hidden Treasures: Curl Up By the Fire

by Kevin Lee Gray,  
Staff Writer

Imagine the first day of class in a new semester. As you walk through the long corridors dreading your first rhetoric class for the semester you think of how boring it will probably be. You head up the elevator in Ryan and realize that you have never had a class on the fourth floor. With one arm free, you crack open the door. What was this? It's a beautiful classroom with an elegant fireplace in the back. Panic leaves your body and you have an out of body experience. It isn't a spiritual experience, just a sudden

calming of the body.

I recently did an inventory of the classrooms for Gary Zack, the Vice President of Finance and Administration and I found some pretty strange things.

On the fourth floor of Ryan there is a classroom with a fireplace in it. It was a beautiful stone fireplace with a wooden mantle. The only thing that took away from the fireplace was the clutter of chairs around it. This class was able to seat many students and who wouldn't want to have a class in a room with a fireplace. It may

make the class more interesting.

Another classroom located in the East building consisted of something very different than the fireplace. There was a renovation done to the room and closets were added in the back. This was no regular closet, however. It contained two doors, each very small, stacked on top of each other. As I moved in to find out what the closets contained, I was a little upset when I found that both of the doors were padlocked. The only conclusion I could come to was that they

was used for storage.

Have you ever been in an interrogation room? Did you know that our university had one? Not really, but there is an interrogation window in a classroom on the fourth floor of Ryan Hall. The window connects an office to a classroom. I decided that there is a major secret research scientist at our university that is doing studies on the way students move and react during class (I hope that wasn't top secret).

Our university prides itself in the small classroom sizes that it has, and it should. You

can get the personal attention you deserve, when you deserve it the most. It doesn't matter what the room looks like. It is the teaching staff that uses the room that makes it stand out, and our teaching staff stands out in a world of many. We are the few, the proud, we are Fontbonne University.

### Corrections:

In November's issue the article, "A Beary Special Entrepreneur" read 400 million shoes but it should have read 4 million.

## Late Night Continues University Tradition

by Molly Harris,  
Staff Writer

Late Night is a tradition that many students look forward to every year. Like many University events it is cause for reflection. Looking back you can compare the free paraphernalia with last year's goodies. You can see all those who graduated and are back now to join in on the fun or play on the court. Most of all it is a good reminder that your one year closer to graduating and just one more reason to let loose and have fun. Maybe it is the excitement of another basketball season, but I bet it also has something to do with all of the free stuff that is handed out. It is a night to score free t-shirts, key chains, playing cards and best of all... can coolies.

November 14th, Late Night began at its traditional time...late at 9:30 p.m. This year however Lee McKinney started his night a little differently. He was dashing to campus after being recognized at Missouri Baptist for his coaching career there.

Not to fear, the night remained on schedule, first starting with the girls' scrimmage. There was a chance to spot alumni there. Maureen Roberts (recent graduate and a former player on the girls team) is helping out with coaching. Then on to the Men's team versus alumni. The alumni team had a great turnout with recent graduates Kurt Brown ('02), Steve King ('03), Adam Fisher ('03) and John Thomas

('03) to mention a few.

"It is always entertaining to see the alumni, and how out of shape they've gotten without time on the court," says sophomore Erica Marquart. The men's team beat the alumni by a landslide, which hopefully is a sneak preview of their performance this season. But why does Late Night year after year continue to be a hit? It sounds like a pretty normal night of basketball, right...wrong.

Junior Johnny McCabe can verify why this is a night he always looks forward to, "I always look forward to Late Night because not only does it kick off the basketball season, but it is the first fun night that kicks off, in my opinion the best time of year at school. Winter at Fontbonne always provides a lot of great memories and Late Night is a great way to start it off." Many enjoy taking part in the tradition year after year and always enjoy letting new friends have a heads up on event that they shouldn't miss.

Billy Gosset remembers being a freshman, "When I was a freshman the guys on my floor wouldn't shut up about how much fun Late Night was, but there wasn't a lot of events those guys couldn't find a way to have fun at." Late Night, a night that provides memories, basketball, and free goodies -a combination that all college kids can enjoy.

## Student Art Exhibition: Wines and Canines

by BJ Soloy,  
Staff Writer

The day before the unveiling of the exhibit, Tim Liddy sits with two students and Delaware, the resident art dog, eyeing a possible series of twelve watercolors that quickly need to be mercilessly cut in half. "That looks a bit busy (gone)." "I think those three work well together (they stay)."

"This one seems sort of postcardish (tossed)." And through it all, Delaware rests patiently on the floor, as if she'd known which ones were going to be cut the whole time.

So it goes with the difficult and necessary decisions of choosing and excluding. Which ones stay and where to hang them, should those go next to each other, which will go in the actual gallery and which outside? They seem like decisions made almost arbitrarily, but the group must be so familiar with each piece that, like Delaware, they'd started to just know which were the strongest. All of the pieces may have been good art, with a lot of time and careful consideration evident throughout, but some were simply more essential to the heart of their time in Italy.

Oh, hadn't I mentioned? These decisions were but a last minute whittling-down of a show that's been forming (from abstractions and planning to traveling, to finessing, to displaying) for quite a

long while. As previously reported in The Fontbanner, Liddy took a painting class to Italy to begin the work that would eventually become the "Italy Tour 2003 exhibition". Last year's show had a landscape theme, but Liddy said that one of



Photo by Bryan Smith

the reasons he decided to go back this year was "to work out the bugs while it was fresh in my head." This time around the themes were open, with an eclectic feel and nothing "overly-American."

Liddy said the big question of theme for him was "If the program didn't say 'Italy', could someone walk in and still say 'Oh, this is about Italy?'" As I walked into the Friday night opening and saw the aforementioned watercolors by Andrew T. Erickson, which captured villa walkways and countryside colors leading towards the table of dry, true Italian cheeses and wines, I thought "Well, Tim, I think they'd probably get the hint."

The show was saturation. Erickson's watercolors were juxtaposed by his own boldly bright acrylics, glowing with pink horizons and grounded by dense purple entrance-way shadows. Anthony Overkamp's "Following an Evening" followed figures surrounding the Colosseum, painting them photorealistically, but with intricate distor-

tions blurring their faces, visible brush strokes neighboring brick-by-brick precision. This was just the lead-in to a beautiful and varied show. For a painting class, the range of media was refreshing, with sculpture, pen and ink, envelope-sized egg

tempura on steel, and highly textured paper with overlapping images of shoreline and a girl in what ap-

pears to be a bridal dress. Stephanie Richardson's playful pieces such as "Ominous Skull Presides Over Vatican" and "Duomo Mister Roboto" added a precise levity, as her frames made of boas and loud feathers decorated scenes of vibrant cupcakes and skull-and-crossbones. Directly across from these were Tim Liddy's own works, mixed media on paper, that captured landscapes from a slightly-distanced perspective. Stretching fields shrink into rolling horizons and drag the rows of trees with a scratchy, wash coating and very specific moments of color.

The ranges show was a tour itself, taking one from the loud and bright, to the subtle and restrained, from oil to photo to Emily Clingan's engaging, sculptured hands, and from a rainy Fontbonne campus to beautiful, Tuscan fields. As I left, Delaware barked from just behind the hallway door and I agree with her, you should all come and take a look.

**Student Living:  
Part II!**

## University Alumna Entertains President Clinton

by Amanda Patterson,  
Staff Writer

Many of us dream of a happy and successful future after our years at Fontbonne. Amy Warren, a graduate of the University, probably would have told you that she was going to be famous, selling out the largest venues around the world. If you talked to her today, she would tell you that you don't have to be a star to be successful. Although you haven't seen Warren's face on the cover of *US Weekly* or on the *Entertainment* news, she has many starring roles to her credit, including singing for the President of the United States.

Warren, born and raised in St. Louis began her college education at the University of Arkansas. She made the decision to return to St. Louis and finish her Bachelor of Music degree at Fontbonne.

Warren describes her time at the University as "wonderful" and "the best years of" her life. It was during this time she met a man who would ultimately impact her life.

Dr. John Phillips was part of the Music Department at the University. The department and major has since been closed. It didn't take long for Warren to notice Phillips' talent and musicianship that she describes as "contagious." When Warren thinks about her time at the University, her first thoughts are of Dr. Phillips.

"He was both a mentor and a friend," said Warren. "He was such a wonderful pianist and vocalist. We both shared a great love for music and the history of

it as well."

This love for music that she shared with Dr. Phillips, carried with her when she decided to pursue a career in the music industry after graduating from the University in 1990. Expecting to stay for only a year, Warren moved to Nashville to record and do some demo work with the help of



Alumni Amy Warren

some friends in the recording industry.

She didn't become the star she had hoped to be, however, she found herself beginning a life in Nashville. Since her move, Warren has started a family with her husband, Thomas Warren. Along with being the mother of two girls, Hannah, 7, and Lilly, 1, she takes part in theatre and plays, teaches voice lessons and is the section leader for the best choir in the city. Warren always wanted her voice to be heard but never expected she would have the opportunity to sing in front of the President of the United States.

While Warren attended the University of Arkansas, a friend of hers worked closely with Bill Clinton who was the governor of Arkansas at the time. When Clinton was elected President of the United States, her friend went with him

to the White House and became his Chief Deputy of Scheduling for both of his presidential terms.

When her friend became engaged, Warren was asked to sing at her wedding to fulfill a promise they had made while still in school. Warren was unaware until only days before the wedding, on May 6th of 2000, that the President and the First Lady would be attending.

Warren remembers all the security surrounding the ceremony. "It was like a movie. The secret service were everywhere," said Warren. "It took place in a small town in Arkansas, so the people of the town were lined up in the streets to see the President."

Clinton was so impressed by the two songs that Warren sang, one of them a duet, that he approached her after the ceremony to shake her hand and compliment her. Before asking the White House Photographer to take some pictures of him with Warren, Clinton told her that her singing was "amazing."

Although Warren's recording career never took off, she feels fortunate to have a wonderful husband, 2 young girls and a life still surrounded by music.

"I get paid to do what I love the most," commented Warren. "I will continue singing and performing for the rest of my life."

## Heating Things Up: Hot Winter Date Ideas That Are Sure To Please

by Scott Kurtz,  
Staff Writer

Ah, winter. A time of year when a young man's fancy lightly turns to thoughts of love. That's right, the wintertime months are perfect for romance, whether you're going out with someone for the first time, or just spending time with your sweetheart. St. Louis has ample places for dating in the winter, even if there isn't any snow on the ground. Here are some things you can do for an unforgettable day or evening.

Let's begin with a traditional wintertime date: ice skating. Several cities here in St. Louis County and beyond have rinks that offer public skating on Friday and Saturday nights. But for a true winter experience, visit the outdoor rinks at Clayton Shaw Park off Brentwood Boulevard, just mere minutes away from the University, or the newly renovated Steinberg Ice Rink in Forest Park.

St. Louis winters are known for their bitter cold and icy winds, so if you want to stay warm, but still have a magical evening, this next idea is just for you. Hop in your car, truck, SUV, etc. with your date, and drive around town to look at the Christmas lights on people's houses. Then cap it off with a trip through Tilles Park's Winter Wonderland off McKnight Road in Ladue. If you're going with your significant other, take that extra step and go through the park by horse-drawn carriage. It may be colder, but that gives all the more reason for you to snuggle close together under a carriage blanket. Make sure you

bring some hot chocolate and tell your sweetie how cute they look with pink cheeks.

Now here's an idea that most likely the guys won't be too fond of, but you never know. Head on over to the St. Louis Galleria off Clayton Road, or go downtown to Union Station. There the two of you can look at the amazing Christmas tree displays, see Santa if you want to, and get some of your shopping done. This also offers the added benefit of finding out what your sweetie might want for Christmas, and to give them an idea of what you would like.

All these ideas are for the couples who want to get out and do something. But if you and your sweetie are the kind of people who would rather stay indoors, there are still plenty of things you could do. Try baking some Christmas cookies or building a gingerbread house together. Maybe you could even help decorate each other's house or Christmas tree. If you want romance and your family isn't around, put a fire in the fireplace and sit in front of it together with some hot chocolate and Christmas music playing in the background. This provides a perfect opportunity for getting closer to each other and showing how much you care.

With all these date ideas, you shouldn't be short of things to do with your sweetheart this winter. You can do just one of these things, or a combination of two or more. Whatever your decision, here's to hoping that you and your special someone have a Merry Christmas together this year and for many years after.

## The Freshman Impression

by Aaron Jeter,  
Staff Writer

Some might find it hard to believe that the semester is almost at an end. For freshman finishing their first semester, it might seem like it went by quick. For some it came too quickly or not quick enough. With almost a whole semester behind them the freshman may feel that they have more of an understanding of what this University is like. They may now realize that college isn't just about academics.

Having been here for half of a year the slightly new college student has probably found the rhythm in which they need to stay in beat in order to survive. In this process some of the freshman have found some of the things that they like about the University. "I like how the campus is small, and the location of it," says Tom Wodraska.

"It's just like high school, but without the shakels of the parental unit," says Victoria Newton-Burke. "I like the small environment, but at times it can get over crowded."

Being in such a small environment does have its drawbacks. News of any kind travels fast and "people gossip," says Nicki Burnet. With such a small environment, news of any kind can spread like wildfire. This is especially true for those who live on campus.

Some of the freshman have found that the University size can be a good thing. "I like how the school is small and the atmosphere with the familiar faces. It's an easy adjustment from high school to college with no trouble finding classes," said freshman Ophelia Franklin. To some "St. Joe is like one big family."

Though as a family some would like to see the extended family. "I would like to see more international people," Waridi Valentine. "I like the fact that it's a small community, close knit."

With one semester under their belts the University's freshmen seem to be getting the hang of things. Let's hope that the holidays revive them and that their second semester is just as great.

## Teacher of the Year Named: Michael Sullivan Gets Standing Ovation

by Amanda Patterson,  
Staff Writer

It must have been a mistake, thought a shocked Michael Sullivan when he was informed of his being chosen by the faculty and students of the University as the Teacher of the Year. The Joan Goostree Stevens Excellence in Teaching Award is given annually to one member of faculty who receives the most nominations. Last year's award was given to Michael Sullivan, whose desire for teaching, love and knowledge of theater and dedication to his job proves the recognition was well deserved.

Sullivan grew up in Cape Girardeau and graduated from Southeast Missouri State University in 1979 with a bachelor degree in Education. After receiving his masters in Theater from St. Louis University, he moved from Colorado to Illinois and eventually returned

to St. Louis in 1984 when he accepted the offer to teach at the University. Sullivan is currently the Assistant Professor of Fine Arts and the Technical Director for the

shows in his dedication to the department.

Going on almost twenty years of teaching, Sullivan says that the best aspect of teaching is being able to see what you have given the students. "The best part is when you begin to see that the students are understanding and grasping the subject," said Sullivan. "In teaching, you seek to communicate something and you learn things about yourself in the process."

One thing that he has learned through his experiences is that his teaching and love for theater is why the students and faculty feel that he deserves the title of 2003's Teacher of the Year.



Teacher of the Year Michael Sullivan

University's Performing Arts Program.

Sullivan's love for fiction and theater is why he enjoys being a part of the Theater Department.

"Theater is telling stories and that is what sets it apart from other art forms," said Sullivan. It is this excitement about theater that Sullivan

## FAB's FANtastic Night at Savvis: Blues Win Over Long Time Rivals

by Chris Willey,  
Staff Writer

Each winter, the Fontbonne Activities Board takes a group of students to a Blues game. This year's game was a very memorable one. It was a match up between one of the Blues top rivals, the Vancouver Canucks. The Canucks knocked the Blues out of last year's playoffs in seven games. The Blues provided a very wild and crazy night of hard fought hockey. The Blues and the Canucks have a long history of hard fought battles which consist of a lot of hard hits and brutal

fighters.

FAB sold eighty tickets overall to the students for a affordable price of twelve and seven dollars which consisted of fifty tickets in the upper deck and thirty tickets in the lower level. The fireworks started before the students could sit down, the on ice tempers started to flare. Once, the players hit the ice, a stare down between some of the players took place with some jawing going on between the two teams.

The Blues out muscled the Canucks and

survived to pound past them for a 3-2 victory but it was not an easy task. Vancouver was the hottest team in the NHL coming into this game and always played the blues tough. With, the Canucks scoring first in the first period, the Blues had an up hill climb but they were up for the task.

On the first face off after the Canucks scored, the tempers started to flare and the gloves started to fall. A raging fight between Reed Low and Brad May started, this drama perplexed the crowd and the stu-

dents whom attended the game. They stood and cheered on Low to win this brutal fight and he did with some devastating blows to May. After that battle took place, the Blues struck with a quick goal by Pavol Demitra to tie the game at one and then got two more in the second period from Steve Martins and Keith Tkachuk to put them ahead for good.

This game added some spice to this rivalry because it had a little bit of everything which included a penalty shot, a cross check to the face of

a player, a fight, boos to the other team's players and many exciting moments at the end of the game. Many students said this game felt like it was a playoff game. The atmosphere was great; it was very loud and exciting throughout the game, you couldn't even get a chance to sit down and catch your breath. Two of the students from our University, won two tickets to an upcoming blues game through a raffle, while attending the game. This was a game that many students would not forget.

## Preparing for Finals: Study Tips to Get You Ready and Keep You Stress Free

by Jen Hanak,  
Staff Writer

After 16 weeks of hard work, drudging through tests, lab assignments, homework assignments, and in some cases arguing with your instructor about grades, you have one last obstacle to face. Final exams are only a week or two away — are you ready?

Quite obviously, you are probably your own worst enemy when it comes to preparing for finals or midterms. If anyone is the hardest on you, it's yourself. Final exam week is by far the most annoying time of the semester. It may be the deciding factor in whether you pass a class or not, and it may decide whether you will graduate or not. Being prepared and studying well in advance for finals is the key to doing well on them. Also, if you are prepared, the stress level should go down during the tests.

Before you study, find out: What materials will be covered? What kinds of questions will

be asked? What supplies will you need to bring? Remember repetition and duration is the key so begin studying early.

With the help of Yahoo!, I was able to learn how to be successful in taking exams this winter. For some helpful hints, follow this Six Day Study Plan.

Day 1: Begin with broad concepts and move to more specific information. Skim your notes, old tests, and homework.

Day 2: Skim and highlight your notes and margin notes. Make a list of questions for teachers. Ask for help early on in the process. Make flashcards. Look over old tests, and note patterns. What material is difficult for you? Are there certain types of questions that you have difficulty with?

Day 3: Read over highlights. Write important points, and say them aloud as you are writing them. Make additional flashcards if needed.

Day 4: Create a sample test, including problems, possible essay

questions, etc. Take the test. This is a good time to start studying in groups if you think that would be helpful to you.

Day 5: Look over the material again, paying special attention to the areas that are more difficult or confusing for you.

Day 6: Make a study sheet. Review material one last time.

### Tips for Taking Tests (beyond the obvious)

1. Get to the test site a little early. Get there early enough to relax and get your head straight, but not so early as to let the anxiety you left outside catch up with you.
2. Wear comfortable clothing. You don't earn points for fashion during finals exams. (\*\* The only exception is if it helps you "psyche yourself up.")
3. Eat a candy bar (no nuts) shortly before the test to restore your energy level if you are tired. Take something with you too.
4. Don't eat a lot just before a final. Physically speaking your stomach

would rob your brain of blood. Be a little hungry (of mind and body). It's just like swimming.

5. Relax. Flex/Stretch your muscles starting with your feet and then move up.
6. Take a few slow, deep breathes
7. "Psyche" yourself up. Tell yourself, "When I'm done with this final, it's going to beg for mercy..."
8. Write any mnemonic mechanisms on your test, as soon as you can legally start the exam.
9. Read the instructions carefully.
10. Budget your time. Don't spend too much time on any one question.
11. Do the easiest question first. If you don't know the answer, then skip it and go to the next question. Once you've finished the questions you know, you can go back to it.
12. Look for the answers/clues to questions you don't know in other questions. You'd be surprised.
13. If you hit a block, close your eyes, take a deep breath, and let it

out slowly while trying to clear your mind.

14. Be careful of words like "always", "never", or "sometimes".
15. Make educated guesses. If you don't know the answer, eliminate the answers you feel unlikely, then choose from the remaining answers.
16. Always check over your answers. Make sure you didn't make a mistake transposing the answers to the answer sheet. Also the pressure may be lessened now so you might notice a question you answered incorrectly.

Are you going to pass that class that you need to move on to the next course? Are you going to graduate? These questions will be answered after finals are over. So study hard to prepare for finals; then you can enjoy your Christmas break.

## Review: New Movie Caters to Families But Entertains All

by Mary Rott,  
Features Editor

If you and your family are looking for a wholesome, laugh-out-loud comedy to get you into the holiday spirit this November, *Elf* is the movie for you. Starring Will Ferrell as Buddy, *Elf* is appealing to all ages and sexes. The kids will love the scenes with Santa and his reindeer, teens will leave with great new date ideas (like revolving-door-running and Christmas tree spotting contests), and the parents will love the heartwarming story line and lack of crude humor. Despite the lack of good-looking

leading men (Ferrell is not what most people picture as sexy), the movie charms the females in the audience with its happy ending and memorable lines, while guys will appreciate the hilarity with which Buddy tackles the Big Apple.

**"The Best Way to Spread Christmas Cheer is to Sing Loud for All to Hear."**

Ferrell delivers a hilarious and somewhat endearing performance with the help of costar Zooey Deschanel, who plays Jovie, the cute department store elf with the melodic singing

voice. His other costars include James Caan as his real father, Mary Steenburgen as his new mother, and Daniel Tay (of *The Santa Claus*) as his half brother. Playing the big guy in red (better known as Santa Claus) is Edward Asner.

The narrator at the beginning of the movie, Bob Newhart (from *Legally Blonde 2*), plays Papa Elf and Buddy's adopted father in the story. The opening credits role as glossy, colorful pages

of a child's Christmas book are flipped, and the first half of the movie has characters interspersed throughout it from classic holiday movies, such as Frosty the Snowman and Rudolph the Red-Nosed Reindeer. Soon, however, the make-believe winter wonderland of the North Pole is replaced by the hustle and bustle of New York City.

In making the transition to city life, Buddy learns a few things about New York. One: the gum on the street is not free candy. Two: signs that advertise "peep shows"



are not talking about looking at Christmas gifts early. And three: there are several pizzerias that will claim to make "real"

(See "Movie" on page 14)

## Values Assessment Assess Values

by Molly Harris,  
Staff Writer

Maybe, you've heard. There is an important subject being discussed on campus – and it affects you. The Values Assessment is a campus wide conversation about the qualities our institution sees in an educated person. Dr. Ben Moore (interim dean) began the discussion about what the Values Assessment really means to the University. "This ongoing conversation is really a vision of what graduates from our university should come to value as they apply their education to their lives outside the institution." Dr. Moore refers to the idea of integrated learning. This is an education that can be applied to the graduates life outside the university and one that can also reflect the beliefs, values, and philosophy that were gained in their years at the University. Integrated Learning will create individuals who will value learning as an ongoing process in their lives, as they see the many different ways formal education can apply in the world outside the university.

Some confusion arises when the word assessment is used to

discuss the research of education at the university, use of the word often creates confusion. Assessment in this case implies putting the project to a test or expected to meet educational goals. However, the University will use a systematic assessment that collects information by creating campus wide discussions, surveys recent alumni, and develops the qualities of a Fontbonne education. This process will instill the values, beliefs, and philosophies of our institution so that they remain with graduates throughout their lives. Since this assessment is still being conducted, the ideas here are only a vision of what is to come for the project.

The project began when the University created a draft that outlined five qualities of an educated person to present to the University. The draft led the discussion by addressing such questions as, "What are some qualities of an educated person?" "What does education mean to you either as faculty or as students of our University?" and "How do these questions led to the development of the qualities that an educated person will

possess after leaving the University. Since this assessment is only a vision of some of the qualities a graduate of the university will continue to have in their lives. Graduates will embody truth, practice critical reflection, understand the place of values in an imperfect world, and understand the importance of relationships.

Moore launched the discussion at a faculty meeting on October 11th so that the vision of the assessment could take on a campus wide effort. The discussion is important for other faculty and students to get involved. The University's vision of an educated person is not a concept that is dictated to students. Instead it is one that holds meaning and will be reflected in students and graduates at the University. Moore feels that, "by clearly defining these qualities, it will ultimately create a better institution in which education is valued both at faculty and student levels." Through discussions with teachers, students, and other faculty, the university will arrive at a clear set of five universal qualities that will enable us to deepen the meaning education holds at the University and in our graduates lives.

SR. Rita Marie Schmitz is a part of the process and views the discussion as being an important one to have, "the assessment is integral to our University's mission and values statement and to those who get their teacher's certificate. This is crucial because in the conceptual framework there is a statement on values. This framework is the basis to every part of the teacher's certification

(See "Values" on page 15)

## Campus Gets Nailed: Maintenance Assessment Begins Renovations

by Maureen M Rauscher,  
Editor-in-Chief

Walk into East Building and you are bound to hear the sounds of construction. New walls are being built and offices are being juggled all over campus. These seemingly major changes are just a small part of the University's overall strategic plan. With an increase in enrollment and the expansion of the Communication Disorders and Special Education Departments, the timing is perfect for remodeling the East Building.

Two independent analyses of the campus were conducted in the past few months. The first study, which will not be finalized formerly until January, was a study of space utilization on campus. Conducted by the firm Hastings and Chivetta, this study updated the master plan and classroom utilization study conducted in 1998.

"The results from this study will give us a better idea of our used space on campus," said Vice President for Finance and Administration, Gary Zack. "We will know what changes need to be made in the future."

The second analysis of campus was conducted by KJWW, an architec-

tural firm. Their job was to look at campus maintenance and engineering issues. "We are an old campus but over all we are doing very well," said Zack. "Ryan Hall, Science and East Buildings were all built in 1924 and have all been really well maintained."

The study looked at the school's electric, heating and ventilation systems, plumbing and structural factors. The over all consensus... It is time for some changes. "There have been some cosmetic changes, like you see in Ryan Hall," said Zack referring to the second floor. "We are now looking to make more renovations to campus."

Many of these plans will be detailed in the school's master plan, which is also currently being revised.

As for the current renovations in East Building, the old theater is being renovated into both clinic and office space for the Communication Disorders Department. The departments of Social Science and English and Communication will be relocated within East building and elsewhere on campus. Renovations will also include the installation of a central heating unit and an air-conditioning unit for the second floor of East Building.

### "Movie," from page 13

New York pizza, but the only real one is located on 11th street. Buddy uses one of these lessons to plan an entertaining if unorthodox date for him and Jovie. First he blindfolds her and leads her to a tiny dinner that boasts the "best cup of coffee" in their window. Next, they get their heart rates up with some revolving-door running. The key here is not to get one's arm caught in the door and to keep the eyes open to prevent one from feeling sick afterwards.

Finally, Jovie teaches Buddy a thing or two by taking him to Rockefeller Center to see the biggest, brightest Christmas tree and of course a couple trips around the ice rink.

*Elf* may break some of the conventional Christmas movie traditions, but it will definitely get you and your entire family or date psyched for Christmas this year. So you better watch out, you better not cry, you better not pout – Buddy is here in town!

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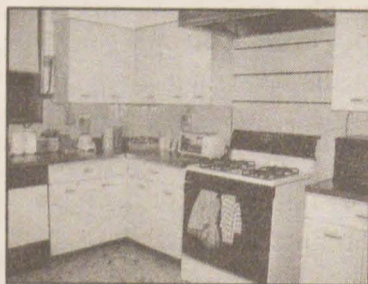
## Student Living Article – Part Two: Off Campus Living Provides Many Options

by Mary Rott,  
Features Editor

In my last article, I described the different options for students who wish to live on campus, including Medaille, St. Joe's, and the Southwest apartments. I also visited several dorm rooms and talked to their inhabitants about the positive and negative elements of living in the dorms. As promised, the following article expounds on the several off-campus living options for students who care to explore other ideas besides campus life.

Make a left on Big Bend, a left on Clayton, a right on Belleview, and a left on Delta. All it takes is four turns and three minutes to find the new off-campus living option open to female juniors and seniors with good academic standing who are at least 21 and have lived on campus for a semester. St. Luke's used to be a convent, but now it houses five University students, including senior Resident Assistant, Sarah Heger. The house can

hold up to 14 women, and the price is the same as a room in the Southwest Apartments. St. Luke's offers students all the



The Kitchen at St. Luke's Photos by Mary Rott

benefits of living on campus, like a free high-speed internet connection, cable tv, phone lines, and utilities such as water and electricity without the noise and crowds often found in the dorms.

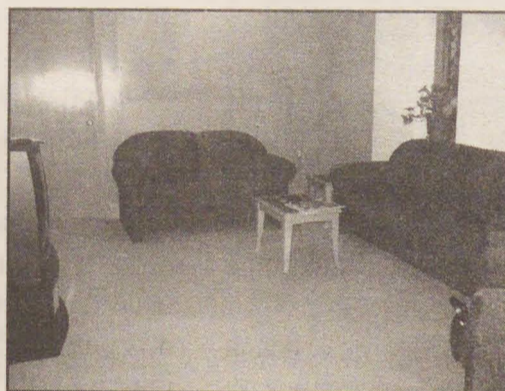
For students who are considering living off-campus, there are several options. Besides St. Luke's, students may choose to rent or buy an apartment, or live with their parents or another relative. According to sophomore Tricia Kozlowski, the main benefit of living in a house off-campus is not having to share your bathroom. "I liked being able to roll out of bed and get to

class easily when I lived on campus last year, but having my own bathroom and bedroom is a definite benefit to living off-campus.

One of the main factors to take into consideration when deciding where to live is cost. Living at home with parents is probably the cheapest option, because most parents are not die-hard capitalists and will not charge their son or daughter rent to live with them. The problem for some students is that home is too far away, so they have to find somewhere closer to school to live, and usually this means living on campus in either the dorms or the apartments.

Another significant cost for off-campus students is the purchase and maintenance of a car. Unless you have a personal chauffeur to drive

you around town or an extremely hardy pair of feet, you will need an automobile. The good thing about having a car is that it allows you to not only live off-campus, but also to work at a part-time job and go out wherever you please without having to beg for rides or take the bus. Gas, oil, and tires are not cheap, however, so students must carefully consider whether or not they can afford the luxury of having a car.



A Southwest Hall Living Room

For those students who have more than enough money for a car, an interesting substitute for living on campus is renting or buying a house or apartment. Getting your place is a right of passage for many young people. It can signify

total independence and responsibility when one finally moves out of the house. A lot of work must accompany the decision to rent or buy an apartment, however. First, there is the consideration of having a roommate or not. Some loners might prefer to live alone, but most students find sharing their space with one or more comrades to be more economical than paying for everything themselves. Then an appropriate location must be found with openings, and then there are contracts to negotiate, leases to sign, and utilities to pay for. Buying furniture, food, and cleaning supplies are substantial costs for apartment students, and hopefully the roommates will get along well, or else there will be the added concern of how to decide rules for the house without an RA to run to.

For students who are willing to sacrifice their independence, living at home is a great option, but it might put a bit of a damper on your social life. Other students who like the community feeling of sharing a bathroom with a suitemate or floor full of kids enjoy living in the dorms and being able to attend class with fresh bed-hair. And for those truly brave souls there are plenty of apartments and houses for rent in the area. Check with the Student Affairs Office for more information.

### "Values," from page 14

program." The teaching certificate program is an important part of our educational curriculum. For instance, the focus is important because if the pre-service teachers are instilled with these values they will be in a much better position to model and assist students as they teach.

The Values Assessment affects many aspects of our university. It instills important values through student's education at our university. With these values graduates can clearly define and understand the importance of how education applies to life past the formal curriculum of a University.

### "Muskopf," from page 9

the Kansas City Chiefs in the National Football League. Muskopf coached against former major league baseball player and current University head baseball coach, Scott Cooper.

Muskopf believes that teaching and coaching are very similar. "It's all about taking people and moving them forward to a higher level," said Muskopf. "I just love to see kids grow as individuals."

Muskopf feels the best thing about teaching is seeing the light bulb go on in someone's head. "I love to share knowledge and experiences with my students," said Muskopf. Experience sharing isn't

a problem for Muskopf who has been through a lot in his life. "Both of my parents were fairly uneducated, making it only through the eighth grade. I really have to hand it to excellent teaching and personal hard work for getting me where I am today," said Muskopf.

Muskopf plans on working at the University for at least five more years and coach baseball in the summer for at least two more years. "It's everything to me, I love to help young men and women achieve their goals. I think I'll know when it's time to move on," said Muskopf.

Muskopf has made a

living helping people attain their goals. He gives everyone what they need: Education. He feels his biggest achievement is simply helping young people grow as a student, player, and most importantly as a person.

"I'm so thankful to be working with such great staff, faculty, and students. They're all amazing," said Muskopf. His office is located on the fourth floor of Ryan Hall. He is always and certainly willing to talk to anyone about anything. He'll share stories and experiences and will probably make you a better person for just stepping into his office.

**Looking  
for student  
opinions?**

**Turn to page 18!**

## Hair Today, Gone Tomorrow: No Reproduction or Duplications Permitted

by Roshina Doss,  
Copy Editor

For the past ten years Dr. Tommie Frison, assistant professor and department chairperson for Biological and Physical Sciences, has been known around campus for his thick tresses of salt and pepper colored dreadlocks... that is until the beginning of this semester. This past summer, Professor Frison altered his look and now shoulders a new style, a shaved head.

Although many around campus like his new look, quite a few are wondering why he did it. Did he lose a card game, a bet, or a dare? Did someone play a prank on him? Did he develop a scalp condition or was he just having a bad hair day? "One of the main reasons why I decided to cut them off was because it is very dreadful having them during the excruciating hot summers," said Frison. "I've done practically every style [remembering "the box"] and as the style became more time consuming, I changed it," said Frison. Although Professor Frison was leery about the daily maintenance of shaving his head, he was surprised that his new look was simple and easy, 10 minutes a day. "There will be no repeats here," said Frison. "I do not do them. I have many movies and I only watch them once. I watch it, applaud it, and it's over... watching it again will not make it better."

Although Professor Frison is an American, when he had his dreadlocks, people often incorrectly identified him as either Jamaican or having "gone back to Africa". Frison said that he had chosen dreadlocks because he thought it would take less energy to

maintain. "After the first few years of looking like 'buckwheat,' they grew out and looked okay," said Frison. His hairstyle fitted with the culture, and he influenced several students to get dreadlocks.

Even now, in spite of everything, Professor Frison said that he

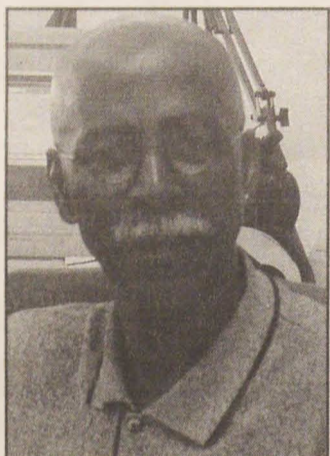


Photo by Bryan Smith

is still surprised how people limit themselves by their perceptions in what they determine to be intimidating, how they associate, and place individuals in unsuitable stereotypical categories. Professor Frison said that too frequently people of color with eccentric natural looks or hairstyles are repeatedly given negative and untrue labels and depictions of uncleanness, in which people try to explain the unconventional appearance with reasons such as traveling, newfound religious experience, pilgrimage, or nationality are given. "I find it strange that people notice the locs now that they are gone," said Frison. "I have received responses such as, 'oh your students will like this look' or 'you look better this way'... and I think 'so I didn't look good with them' or 'what did I look like before no color?' It really makes me wonder what people really thought of me," said Frison.

What was originally only to last for six months has turned into 24 years, Professor Fri-

son has been teaching at the University since the fall of 1979. He said that he stayed because he saw a need at the University that felt he could fulfill. The University had only three full-time African American instructors on the teaching staff that taught music, art, and biology.

Many students have labeled Professor Frison as a strict professor who runs a tight ship because he requests and demands a lot from them. "It is a compliment. They can do a lot more than what they typically give," said Frison. "When they are pushed to do more it comes out."

In his own personal opinion, Professor Frison feels that the sudden enrollment increase from the marketing strategies will hurt the University's image for producing quality students equipped with the ability to perform the job. He said that although the University is seeing the impact of an abrupt enrollment increase, many students are not at the college level and have academic concerns, which will cause a decrease in academics. To keep the image from suffering, Frison said that the University should support faculty to raise and adhere to high quality of standards and take personal investment in the quality of teaching and student concerns. He also said, "For a small University without research, we do provide excellent education."

When Frison was a child, he recalls living on a farm where his parents were share-coppers for a family of German immigrants in Mississippi. "When I was in the fifth grade, I found a dusty (See "Frison" on page 19)

## Increase Your Attention Span: For Students' Eyes Only

by B. Coffey,  
Staff Writer

There is no such thing as a boring class. It is only the students' lack of participation that... Okay, hopefully the teachers have stopped reading by now and I can tell you what's really going on. We've all been in college long enough to know that there are just those days (or those classes) that make your brain feel numb from lack of use. These are

the classes in which you wear a scarf all semester in hopes of keeping your head propped up. To help you survive this mandatory suffering (since attendance is oh-so-critical to your grade), I've compiled a series of exercises to keep your brain alive and your eyes open in class.

The first set of exercises is competitive

(See "Classes" on page 20)

## Tofurkey?

### Thanksgiving the Vegetarian Way

by Scott Kurtz,  
Staff Writer

When one thinks of Thanksgiving, there are many things that come to mind. Spending time with family, watching Macy's Parade, and eating turkey and pumpkin pie until you feel like your stomach is about to burst. But what if you had your Thanksgiving a different way, say for example, the vegetarian way? Professor Patricia Brooke from the English department is one member of the vegetarian group here at the University who has a meat-free Thanksgiving.

For Professor Brooke, a typical Thanksgiving dinner is just that, typical. It consists of dishes like mashed potatoes, stuffing, corn, cranberry sauce, pies, and of course, the turkey. This is not your normal fun of the mill turkey.

"I usually have a tofu turkey at Thanksgiving, or a tofurkey as some people like to call it. It's just like a regular turkey, and it even has a wishbone. The only difference is that none of it is made of meat." Professor Brooke also adds on another twist to her Thanksgiving. "On the

Saturday after Thanksgiving, my family and I make tamales as part of a Mexican tradition." But her favorite part about Thanksgiving is eating. "There's always so much good food to eat, and I love having pumpkin and pecan pies."

But while most people end up having Thanksgiving with their families, Professor Brooke and her life partner John break with tradition there as well. "Either we have Thanksgiving by ourselves, or we have it with some of our friends. It varies from year to year, though, and we both decided that not having it with family would probably be for the best." And what is Professor Brooke most thankful for? "What I am most thankful for would definitely have to be my partner. We both love each other and are glad to have each other."

Although some of the dishes and traditions are different, the spirit of Thanksgiving is still the same for everyone vegetarian or not. Here's to hoping that you and yours have a happy and safe Thanksgiving, whether you are a vegetarian or not.



## The Man With the Band: Bringing Music to Campus and St. Louis

by Jami Cale,  
Staff Writer

“Being moderately intoxicated – having friends and family screaming your name – the rush of performing, singing...I’m in it until it becomes detrimental to my future.” These feelings belong to junior Daniel Lanier, a Performing Arts major with a love for music and a band to back it up. After a long history of listening to, playing and writing songs, Lanier is now a member of Dignan, a local group which has been gradually gaining an audience over the last two years. With instruments ranging from guitars and keyboards to saxophones, trumpets and tambourines, Dignan’s well-integrated style has helped the band to steadily gain more recognition. Lanier is proud to be a part of it, and music has been a part of him for as long as he can remember.

“The acoustic guitar started naggin’ at me...pick me up...play me,” says Lanier, and this was easy to do considering his Dad’s experience in a band made him a ready and available teacher. After becoming more familiar with the Beatles, his inspiration grew. Reading about their lives and influences pushed Lanier to work on his own talent, which has now led him to play a total of eight different instruments and have an growing amount of his own compositions.

Although Lanier’s passion and talent were strong at a younger age as well, it was a while before he could truly put it to use. He was in two other bands before Dignan, and although the members shared similar interests, they did little composition and lacked the opportunities to perform that Lanier now has.

“I would always

write, but no one ever took any interest in what I was writing...there were egos amuck,” says Lanier. However, he enjoyed playing with friends, and concentrated on other ways to contribute, such as reinforcing the singing with vocal harmonies. “I liked making the melody sound better...the lead singer sound better – and I liked being the one in charge of it,” he explains.

Lanier is now the lead singer of Dignan, and continues to be a part of the writing process, as well as playing rhythm guitar, and keyboards. All seven of Dignan’s members have a wide range of experiences in music. Mike Mayberry, the lead guitarist of Dignan as well as the brains behind the group, sought out those who had plenty of experience ranging from vocal lessons to jazz background and music theory classes.

“We were looking

for particular instruments to convey the sound we wanted. We didn’t know what was going to come out of it,” says Lanier, “but Mike had the right idea about surrounding himself with knowledgeable musicians.” Together, the group’s knowledge and skill, along with an aversion to cover songs, (a fact that goes against Lanier’s better judgment) have helped them to create over fifty original songs to perform.

“Most of the band is in it to avoid working for the rest of their lives, says Lanier. They view doing cover songs as work – not creating.” He goes on to explain his hopes of starting his own cover band. “It’s more fun. I get to be whatever artist that I’m playing...to feel like a rock star, but not worry about the things that they do.”

Despite the conflicting feelings of the group, Lanier is happy where he’s at. “You become a better musician due to conflicts. I’m pushed to become a better singer and songwriter. Ev-

eryone in the band has benefited from being in the band.” Each member continues to work hard, and their gigs range from small bars such as Sally T’s, to the O’Fallon Freedom Festival, to Lanier’s personal favorite: the bass player’s aunt and uncle’s basement. “It’s awesome playing for people that just love music – that don’t care as long as we’re in the right key with a good beat,” he says. “They just love music for music’s sake, not the need to critique. They just move to the beat. It’s amazing.”

Their diverse audiences and group effort have paid off, for Dignan is taking the month of November to spend some time in the studio recording a demo. As for the future, Lanier feels that music will be best left as a passion on the side. “Music has always been there for me in the good times and the bad. If music ended up becoming work – a job – that would make me like it less,” he says. “If it isn’t broke, don’t fix it.”

## Mary Kay Party Not So Merry: Sales Rep Turns Stalker Then Vanishes Without Trace

by Jami Cale,  
Staff Writer

On Wednesday, October 22, forty-two University students decided it was time to put the books down, relax, and focus on more important things, like make-up. With the fall formal approaching, the Mary Kay party the girls attended provided the perfect chance to get a manicure, pedicure and facial. After dividing the lobby into three separate stations, each student was able to give their feet a break, paint their nails and try out the Mary Kay Satin Skin Care line. Each girl also had the opportunity to win several different Mary Kay products, along with a discounted trip to a select location. Hosts Abby

Wiesenhan and Jill Bernard were impressed with the turnout.

Wiesenhan and Bernard had recently attended another friend’s party, and Bernard, an RA, thought it would be a good project to have for her floor. “There was no pressure to buy anything, we just had a sales representative come in,” Bernard says. “It was mostly to benefit the girls on my floor...just for fun.”

Despite the mostly agreeable feelings that the party generated, students began to wonder just how much the Mark Kay representatives expected of them. Although the event was a success, the harassment that followed produced feelings that were far from the

pleasant reactions to the lighted mirrors before.

In an effort to plan the party, the representative contacted Wiesenhan and Bernard every day for almost a month. “They suck you into it,” Wiesenhan says. “We thought we were just hosting a party, but she made it out to seem as though we had to become representatives.” This deranged dialing took quite the toll on the girls, forcing Wiesenhan to program her phone to tell her not to answer. Bernard felt the pressures of Satin Skin Care herself, saying “It made me feel apprehensive about answering my phone. I really didn’t want to talk to her.”

Freshman Victoria Newton-Burke and Ni-

cole Burnett agree. “I was just in it for the pedicure,” Newton-Burke says. “I felt they were pressuring me to buy...I don’t have the money for that.” Burnett goes on to explain that she took great offense to the deranged persistence. Not only was she pushed to buy items, but her decline was taken as an opportunity to recruit Burnett for selling. “It turned into a personal issue. When that happens, you know they’ve gone too far.”

Strangely enough, when the girls filled out their order forms and sent in their money, Miss Mary Kay was nowhere to be found. Bernard and Wiesenhan were forced to track her down themselves, gathering the information and setting up a time when they could

meet. This was hardly the service they expected, after the woman’s crazed touch tone tendencies. Although everyone enjoyed themselves at the actual party, the requirements before and afterwards were not worth their time.

If students are looking for another chance with their color pallet, Bernard and Wiesenhan fail to see party plans in the near future. Although RA Bernard claims that she would take up hosting again if the girls were really interested, Wiesenhan makes her feelings quite clear. “She was very nice – she was just crazy. I don’t think she could help it,” Wiesenhan says. “She had a passion for Mary Kay that no one person should ever have.”

## The Importance of Watching Jeopardy

by Peter Cartier,  
Staff Writer

All right, I have roughly ten minutes to get home. Class ended at 3:20 and, if all goes according to plan, I'll be in my car and out of the University parking lot in less than two minutes. It's a straight shot down Big Bend with a pitifully sad speed limit of thirty. I come tearing into my house with enough time to crash into the recliner and hear Alex Trebek's monotone announcement, "The categories are..."

Jeopardy has had quite an impact on my life. It has slowly nurtured my intellect into what it is today. Fascinating, I know. The questioning tune that plays as contestants search their minds for an answer has been music to my ears for as long as I can remember.

I owe the initial viewing of the show to my grandma. It didn't matter what I was watching at the time, it had to be turned off at three-thirty because it was time for Jeopardy. Home Improvement and the Fresh Prince of Bel Air meant nothing to her. She knew they would run their course. Tim Allen would become too big of an alcoholic to continue and Will Smith would pursue his rap career. Jeopardy is timeless.

What's not to enjoy. You're given three contestants and forced to choose one. I cannot stress the importance of this decision. The choice must be made before Double Jeopardy so that you can get to know them a little, but then you are obligated to stick with them. Your decision may be based on appearance, gender, or even the name of the contestant. I

mean, I'm not going to cheer for a guy named Dewie; it has to be a Walter or Franklin, you know they're smart. After the commercial break, Trebek meets with the contestants. This gives you an opportunity to

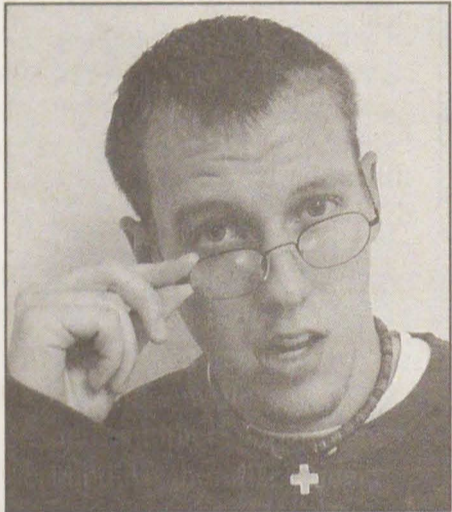


Photo by Maureen M Rauscher

learn meaningless information about them that could include but is not limited to: how they met their husband, how close a bird came to flying into them, or how they will use their winnings to start a cable access show.

Perhaps the most rewarding aspect of Jeopardy is the knowledge gained by watching it. The answers under each category release a vast array of information that can be used anywhere. When someone tells me what an amazing day it is, I remind them it is indeed more amazing still that a butterfly breathes through spiracles in their abdomen. Or if you are outside and observe a squirrel scatter up a tree, you can explain that if they were in the rainforest the squirrel would be greeted by as many as six hundred beetles in one tree. The blank stares you receive are undoubtedly their way of recognizing you as a genius.

The contestants on the show are exceptionally intelligent. If they know the answer, they just need to be the first to ring in with a "clicker". Some of them grow quite

passionate with the clicker in desperate attempts to answer. The viewer, luckily, does not need to be swift with a clicker. I just yell out the answers. Some are right, most are wrong. You don't have to worry about phrasing your answer in the form of a question or getting it wrong on the technicality that you forgot to make it plural. Half of the fun is making outlandish guesses and getting it right. If you're watching Jeopardy with someone else and you make a ridiculously lucky guess just look at them with ice water in your veins and say, "Yeah, that's right." They'll have no idea. If you get Final Jeopardy right then you might as well sit back and let the fame set in.

I think the most intense part of the show is when someone stumbles upon a Daily Double. You know it's coming because Trebek's voice lifts when he says "Answer!" Now the contestant is in the hot seat. Everyone's watching to see what he'll wager. If they step it up and make it a true daily double by wagering everything they have, I go nuts. I don't care if they get it right or not; they have my respect.

I guess I just feel empty without filling that 3:30 slot of my day. Jeopardy has grown on me. People can pretend like they're not interested, but if you sit them in front of the show for long enough, they'll start yelling answers at the screen. It's truly intoxicating. May the show live on forever.

## Cry For Me: The Cyclist's Lament

Cry for me, Fontbonne, I rode my bike in the rain. And it wasn't a downpour, which is annoying for three seconds until I'm too wet to care. It was a constant drizzle, so that the water shooting off of my front tire is noticeable as it gets in my face.



BJ Soloy

Actually, resent me, Fontbonne, for I've paid no parking fee or Wydown tickets, making the dripping transit bearable with a romantic, hard-working frugality. I've never circled for parking spaces or left my lights on and no one has ever keyed my bike, as far as I can tell.

Laugh at me, Fontbonne, because I make it up the hill on Big Bend slower than I could walk it, and, yes, my legs are sore.

Do anything you want to me, Fontbonne, just don't hit me with your car.

As SUVs fly out of driveways and Private Street entrances without a glance down the sidewalk they so fully block, a bitter, loud, kicking, cussing BJ bursts out and middle fingers fly and dressings-downs are flung, but I know they don't make it through the Dave Matthews force field or the filter of gotta-go obliviousness. As I ride, quite legally, on the street and endure horns and pointy fingers and puddles splashed for me, I think to myself, quite calmly, as in a voice-over, "You inconsiderate so-and-sos,

it takes three seconds to slow down and not kill me before racing off to whatever, and I'm saving gas!(for he's a jolly good fellow)."

Seriously, folks, I know that it's not Fontbonne students (excepting that one rainy near-me-on-your-hood afternoon incident) who are turning me aggressive and, worse than that, righteous, but I also know that you drive cars, and so I'm using my audience, and taking it out on you.

Maybe you've seen the "cyclist struck here" sign and sculpture on Big Bend and Forsyth. For some it's a shock, but for me it's the tangible realization of my most understandable fear and the certain truth, "They won't learn until they hit you."

Let's not take it that far.

On a positive note, seeing as this is my last month at our swell school, I feel it's safe now to thank you, as a lovely student body, for not stealing my bike, which has sat out on the rack without ever needing a chain. We appreciate it.

**Grab it. Read it.  
Get it.**

ARE YOU IN THE KNOW?  
FONTBANNER

## Looking Back to Look Forward: The 1970's lock-in at the University

by Veronica Siddell,  
Advertising Editor

"At 9:00 a.m. on Saturday, October 24, in an unprecedented student move, eight black students of Fontbonne seized control of the Library in an attempt to express their feelings toward racism perpetuated by the institution, its administration and faculty." I stumbled upon this quote while digging through the scattered piles of vintage paper clippings from news articles dated as early as 1946. In my attempt to find a story about the first black students at the University, I unveiled a major historical event unknown to many students today—The 1970 Library Seizure.

The following eight students participated in the lock-in: Cathy Baptiste, Rita Hunt, Yolande Nicholson, Antoinette Smith, Gwendolyn Perry,

Collette Lemelle, Jen-aette Gauda, and Sharon Walker. I was amazed! To think I was sitting in the building were this movement took place. I had to know more! Despite my unsuccessful attempts to contact these eight women who hold the key to this event, I still feel their story must be told because of the impact it has made on today's campus.

At approximately 9:30 a.m. on that fateful day, eight black students chained the front doors of the Library shut, locking themselves and three librarians inside as they held up signs that included the words 'Peace' and 'Power.' It was obvious they wanted their cries for equality to be heard on campus. By noon, the librarians were allowed to leave the building with two security guards stationed outside. However, the students were

not surrendering until they felt their needs for justice would be met. The school lawyer was contacted, and at 2:45 a.m. on Sunday, the eight women were suspended and forced to leave the campus. This suspension was later revoked by the President of the institution and a full investigation of the incident was reviewed by the school board. Fortunately, the eight women were readmitted to the college where they later graduated, and new courses and organizations for black students were underway.

As an African-American student at the University, I can empathize with the struggles that the eight students encountered. They had to fight for equality and justice among people who doubted them based solely on their skin color. (See "Lock-in" on page 20)

### "Frison," from page 16

old microscope in the attic," he said. Softly chuckling uncontrollably, he grabbed his chin gazing off into the ceiling as he remembered how his mother was afraid to come into the room because she hated snakes and despises the awful smell of alcohol. Frison likened himself to a mad scientist in love with the smell of alcohol and the refuge of preservation. Frison preserved bugs, snakes and animal body parts. The combination of finding the microscope and one of his favorite high school teachers, Mr. Mill, fueled his interest in science.

Everyday, one thing Professor Frison strives to do better is relate to people regardless of status or level in life. He says that his second biggest joy is the interaction with people. The

first is "the center of the universe," his son. For the past two years, he has taught in one of the University's summer program, Aim Higher, which helps area high school students prepare for college. "I enjoy teaching in the program because I have absolute control to teach and expose the students to various things in a variety of ways," said Frison. He was also unaware the students voted him "best teacher" at the end of the program.

For the past 20 years, as a volunteer at Vashon High School, he has worked with its drill team, the Cettes, which he named after the drill team of his Alma Mater, Jackson State University, where he received a scholarship for baton twirling and drum major. He received his BS from

Jackson State University and did graduate work at the University of Wisconsin, Southern Illinois University, and the University of Kentucky in the life sciences.

Although the science department is small and is not known for its comical humor, it is the only department on campus with an entire floor. "They say we smell (which comes from the mouse house). I always explain it as 'the smell of science'," said Frison. "Science is to teach without reason in which creativity should not be stifled. My philosophy is, try it, burn it, break it. You have the opportunity to explore."

## The Night Before Finals

by Bryan Smith,  
Photo Editor

'Twas the night before finals and all through the campus not a dorm was rowdy not even "The Joe." Student's heads hung in a book with quivering fear, in hopes that the first final was not so near.

The dorm rooms were empty no one in the beds. And the worry of fill in the bank questions danced in students heads.

The night is still young and I cannot afford to sleep. Because if I sleep the information I cram my mind will not keep.

If some students fail this semester their dreams will be shattered. To pass this class is all that matters. Things really add up when you spend more time in the mall and less in class. Anxiety is at its peak and I start to get a nervous rash.

When over the horizon I see the sun begin to rise. If only I had a twin to go in my place would be a perfect disguise.

The final will be rough. I did not study hard enough. I look at my watch and this where the panic attack really starts. No time to shower or beg God to pause time for just an hour.

I only have 20 minutes to go and fill that chair so I run too Ryan Dining hall and the smell of waffles are in the air. I sit at the table with some of my peers and in each others eyes all we see is fear. Its only five minutes until class and bottom line we realize this day too shall pass.

I arrive on time for class for the first time in five weeks, and realize how many wonderful people I did not have a chance to meet. My life was too busy. I was always in a rush.

The professor walks in the room and all extra

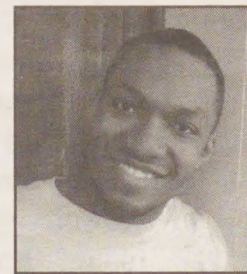


Photo by Colene McEntee

noises come to a hush. The professor asks are there any last minute questions? And I desperately want to ask could you please repeat the last five lectures.

I only have one last request God because there's no one here to trust but you. "God can you please make the professor say, okay class you will take this exam as a group today."

To those of you who don't think God does not answer prayer, the professor looked right at me with a bright eyed stare and said, "Class get out your notes and your pencils because this is an open book group final!"

I am so amazed that God moved so fast I know for a fact that on that particular final I passed. So the moral to this story is if you did not study for those finals yet don't fret. Remember "If it's meant to be then its up to me". So go ahead and indulge yourself into that text book collecting dust. If it is to pass that boring class then you must. Open up that book and take a look. You may find the information helpful and besides life will be a little less stressful.

Pass those required classes now and when you are done smile and take a bow. There is only one semester left to complete this academic year. And before you know spring will be here.

So stop being stressed remember you are blessed! Relax best of wishes with finals and let God take care of the rest.

## Seniors Beware! Life is Around the Corner

by Colene McEntee,  
Managing Editor

I'm suffering from a well-known ailment afflicting millions of college students. Symptoms include stress, worrying about the future, student loan sticker shock, lack of motivation (and resume paper), and too many decisions to make at once. The diagnosis: Senioritis.

As a fifth year "Super Senior," I suppose this is long overdue. I've always been an extremely motivated, eager student easily able to put everything on my plate in perspective. Now, as spring commencement approaches, my anxiety increases every day.

Here's a sample of my daily mental activity:

Am I going to work right away or go to graduate school? Where am I going to go to graduate school? There's \$115

on my credit card from the GRE.! What about student loans—how will I pay those off? Should



Photo by Bryan Smith

I take out more? I need an interview suit. Should I move out of state? What about volunteering? Where am I going to live? I don't have furniture—where would I get furniture for an apartment?

Yeah, Welcome to my world. I bet every senior at the University is having the same experience.

I've concluded this stress stems from a fright-

ening reality—I have to grow up. For five years, I've been in comfortable, familiar surroundings in a supportive community. I now have big decisions to make and, in May, my life will change dramatically. \*Sigh\*

For you fellow seniors out there, here's a few things I've learned over the past few months that have helped keep my Senioritis in check.

1- Get plenty of sleep. If you stay up late worrying (or partying to forget that you're worrying) it just makes stress worse.

2- Make time for yourself. You need time to reflect on what you have done and where you are headed. If you have to say no sometimes, that's okay.

3- Keep up with

your schoolwork, etc... Staying on top of things alleviates stress tenfold.

4- Eat healthy and exercise (or you'll worry about not eating healthy and exercising).

5- Call your mom (or dad or best friend). Having that one person who cares, understands, and allows you to vent for hours can make a huge difference in your perspective.

6- Think about what you want and what you can realistically do. Whatever your situation might be, listen to your heart and gut.

7- Take it all one step at a time. Step back and break tasks or projects up into manageable pieces.

8- If you're a worrier, prioritize your worries. Some things are just

beyond human control, and you have to accept this. All you can do is work hard and try your best.

9- Have fun! It's your senior year! You just got to have faith.

And finally, a bit of advice to all underclassmen: enjoy your time here. That is what my friends and I noticed the most this year—college went by way too fast. What you do here really does matter, professionally and personally. While I was an active student, I wish I would have done more. I wish I would have relaxed and taken more risks. Make sure your college years are full of good memories and experiences, and absent of regrets.

### "Classes," from page 16

counting. You and a classmate see who can count higher in a single class period. To avoid damaging psychological effects, it may be safer to count other things, like how many people have their books open or how many times your professor walks across the room. I like to choose a word-of-the-day and count how many times the professor uses that word. It's somewhat distracting, but at least you're listening.

Meditation is an excellent example of an exercise from the next grouping, which focuses on mental health. For short people in particular, meditation is a useful exercise, as it not only soothes your aggression toward tall people but also gives you an excuse for sitting Indian-style..

The third group of exercises focuses on counter-productivity. This is where you set out to get absolutely nothing done. Think of something that has absolutely nothing

to do with what the class is talking about, but that sounds really smart. The less coherent the statement is, the better. Then say it. You get at least thirty seconds of stunned silence before reaction occurs, and time passage, no matter how small, is the goal.

Finally, there are four unclassified exercises that are worthy of mentioning. The first involves simply listening to what the professor is saying, and then writing down direct quotes that may be taken out of context later. This produces gems like, "Oh, shit, I've just been wrapped," which may be recited to friends later to produce great amusement. Similar to this method is that extremely entertaining return to the word-of-the-day. This time, you choose a more obscure word, say "rainbow", and do everything you can to get the professor to say it. This is especially fun when you work with two or three classmates on it.

An added bonus: it often produces quotes for you to write down.

The third uncategorized exercise requires you to simply stare at your professor for the entire class. Do not look away, unless it is to write a poem about his chin.

Finally, it is sometimes entertaining (and necessary) to devise conspiracy theories. When forced to read Freudian theory, I decided that a school's passion for Freud is directly related to its desire to brainwash and control its students. But I'm not paranoid. I swear.

These are top-secret techniques. I only ask that you hide them from your professors and from anyone you know who doesn't want to enjoy class. And if you're one of those people who are thoroughly engaged in each and every one of your classes, I hate you. Oh, and can I borrow your notes?

### "Lock-in," from page 19

This is a difficult task continues even today, as black students are fighting battles about affirmative action on college campuses. Although I can't say that racism does not exist, I can say that these eight women would be happy to know that on this campus, several steps have been implemented to diminish problems of inequality. For example, several diversity programs have been developed such as, Diversity Week in March and the Martin Luther King Jr. Candlelight Vigil in January. There is also a black student organization on campus (SEBA), which increases awareness of African-American culture at the University and provides a support system for the African-American community. Likewise, there are now African-American history, literature, and fine arts courses; one of the main issues the students were

protesting to be implemented. Although there are not equal amounts as the women had hoped for, the University has African-American teachers, as well as staff.

Since the University produced the commercial campaigns about the diversity of the student body, I am happy to see that it is taking the initiative to implement programs that cater to various ethnic groups. Hopefully, in the near future, this campus will have an accurate representation of all groups—Black, Hispanic, Asian, just to name a few—rising to an equal majority and defusing the inferior state of the label minority. I have faith in the University's vision and know that it will continue to carry out the values that not only the CSJ's had for it, but also the values that these eight incredible women peacefully fought for: diversity and justice.