

Have news to share in an upcoming issue of this mailer?
Submit your content using [this form](#) by Noon on Thursday!

FONTBONNE UNIVERSITY WEEKLY MAILER

WHAT'S HAPPENING ON CAMPUS?

To know more about
campus events & activities,
[click here!](#)

Healthy Child Day is TODAY!

Please cheer on GriffinTHON and support Children's Miracle Network of Greater St. Louis as we try to raise \$11K in One Day!

- **7:30 - 10 am:** Buy a bagel or doughnut at the table in the Golden Meadow or from the roaming cart for just \$1.
- **2 - 4 pm:** Stop by the free Coffee Truck in the meadow and learn more about our Miracle Kids.

- **End of day celebration:** inflatable games like human foosball and an obstacle course, snacks from our amazing corporate sponsors, and a total reveal at 9:30PM that will hopefully see us break that \$11K Goal! Please consider [donating here](#) ... cause Kids Can't Wait! Follow along all day on Facebook and Instagram - @GriffinTHON to see updates and cheer on the teams working to reach that awesome goal.

Fall Ball Spirit Week

Monday: Child Health Day/Fontbonne Day

Tuesday: Rep Your High School

Wednesday: Bikers vs Surfers

Thursday: Throwback

Friday: Wacky Tacky/PJ Day



Dress is formal - but no need to purchase anything new or rent anything extravagant; we simply want everyone to join us for a night of dancing and fun! Contact [Grace Reavis](#) or [Bethany Littlejohn](#) with questions.

[Purchase your tickets here](#)

Alpha Kappa Alpha Sorority Inc. Beta Delta Chapter

Shoe Drive Now thru October 21

Please donate new or gently used shoes for Soles4Souls. The donation box is located on the 2nd floor of DSAC (staircase area).



St. Louis Premium Career Fair Expo

Open to all career fields and industries. Opportunities for both salaried and hourly workers. Held from **8am to 5pm on Thursday, October 14 at St. Louis Premium Outlets' Center Court** in Chesterfield. Registration and details [here](#).

Support for Resume & Cover Letter Writing

Students that need help with resumes and cover letters can make a writing support appointment by visiting the [Kinkel Center website](#).

October is National Cybersecurity Awareness Month!

Throughout this month, we'll be sharing tips to help keep your electronic devices and personal information safe and secure.

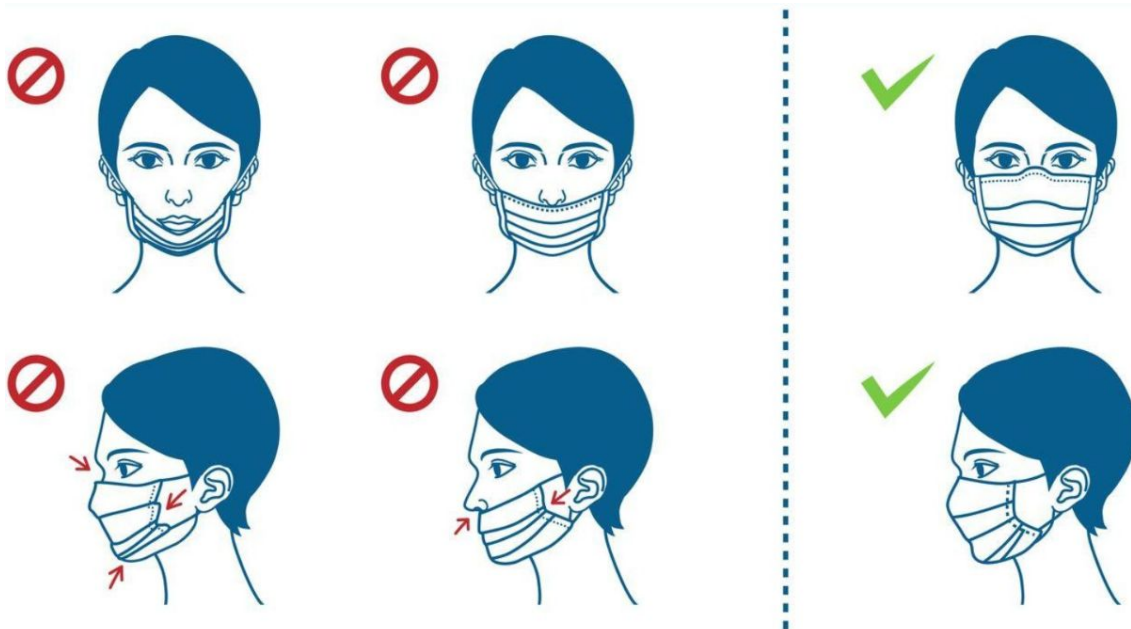
One way to protect yourself online is to ensure that you **enable automatic updates** on your electronic devices. Remember to do this on your computer, phone, and all electronic devices you use! Companies routinely issue updates that help to patch security vulnerabilities, so enabling automatic updates is an easy way to keep yourself safe. If you're interested in reading more, [this resource](#) from the United Kingdom's National Cyber Security Centre has more information on keeping devices up to date.

COVID SAFETY



Are you wearing your mask properly?

Masks should be of a type and fit as recommended by the [CDC](#). In particular, cloth masks should have two or more layers of fabric, **should completely cover your nose and mouth**, should fit snugly against your face without gaps, and should not have exhalation valves, gaps, holes, or mesh that would allow virus particles to escape. Face shields are not an acceptable substitute for a mask.



[COVID Safety Guidelines](#)

[Upload Your Vaccine Status Here](#)

FONTBONNE STRONG

FROM
COUNSELING AND WELLNESS



Recovery Corner

Are you in recovery, or interested in quitting or cutting back on alcohol or other drug use? [This short video](#) offers information on a virtual state-wide support group open to students.

QUICK LINKS



[Dining Menu](#)

[Fine Arts Gallery Schedule](#)

[24/7 Library Live Chat](#)

[Library Newsletter](#)

[Campus Ministry](#)

[Instagram Submissions](#)

The Charles Jeffers Glik Testing Center provides proctored examinations by appointment only.

Appointments should be scheduled at least 48 hours in advance via [email](#) or call 314-889-4682.

Kinkel Center appointments for writing support, peer academic coaching, student accommodations, and tutoring in math, computer science, biology, and chemistry can be made [online](#).

Online tutoring in other subject areas can be accessed 24/7 through Thinking Storm in Canvas.

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