

UPCOMING EVENTS AND ACTIVITIES

Friday:

Fontbonne Fish Fry

Students Join University Programming, Campus Ministry and Aladdin for a Friday Night Fish Fry!

Stop by the side parking lot between 5PM-9PM for a great meal, socially distanced, activities, and more! Residents will use their meal plan and UP will cover the cost for any commuter students that attend. We look forward to celebrating the Lenten season with you all! Contact Grace Reavis (greavi00228@fontbonne.edu) with questions.

Sunday:

Mass and Confession

Join Fontbonne celebrates its Catholic Identity by offering Sunday Evening Mass to students. Prayer and worship are central elements of any faith. Confession/Reconciliation will be offered from 6:15pm-6:45pm before mass. No matter what faith tradition you belong to, all are welcome to participate! The wearing of masks and social distancing will be enforced. Contact ministry@fontbonne.edu for more information.

ANNOUNCEMENTS AND UPDATES

International Women's Day Self Care Packages

The Office of Multicultural Affairs will be celebrating all women during Women's HERstory Month! On Monday, March 8th (International Women's Day), please stop by the LACE center located on the 4th floor of Medaille Hall to pick up a self-care package! This includes all women, faculty, staff, and students. There is a limited supply of care packages, so come early!

"Empowering Women Everywhere"

Date: Monday, March 8th

Time: 10am - 3pm

Location: LACE Center (4th Floor of Medaille)

Spring Walk/Run Club

Join Calling all runners and walkers! Join our 2021 Spring Walk/Run Club. Join a team of three people (either organize the team yourself or we'll add you to a team), then record the miles you have walked or run each week for six weeks. Teams with the highest totals win some prizes!

When: March 15th - April 25th

More info and sign-up: <https://bit.ly/37JMdqT>

Save the Date: St. Patrick's Eve Bingo Night!

Join University Programming and Counseling and Wellness for a night of bingo with amazing prizes! Come out to the Side Parking Lot from 7PM-9PM on Tuesday, March 16, 2021. Wear your green and

hope for some luck of the Irish as you compete for gift cards, an Apple Watch, Air Fryer, Echo Dot, Air Pods, and more! Plus, we'll have lots of great give-aways that promote safety and fun for the holiday! Contact Kass Pemberton (kpembe00097@fontbonne.edu) with questions!

Register Call for Proposals – Annual Spring Academic Exhibition

The annual Spring Academic Exhibition is a university-wide event where students from a variety of disciplines share their research with the Fontbonne community.

The event will take place virtually and synchronously via Zoom on Friday, April 23 (Time TBD).

Faculty and staff please encourage your students fill out the proposal form [insert link to word file "form"] and send it to Matt Nelson at mnelson@fontbonne.edu. The deadline for submissions is Monday, March 15.

Social Work Month!

Social Workers are Essential

This year's theme for Social Work Month is "Social Workers are Essential." Social workers are woven into the fabric of our community and society, although they are often unsung heroes. As our nation recovers from the COVID-19 pandemic, economic uncertainty, and racial unrest social workers are needed more than ever. Each day more than 700,000 social workers nationwide make life better for others through professional skills that empower, encourage, and inspire clients to overcome life's challenges. Social workers play a vital role in community organizations and local, state, and federal governments, helping create programs and policies that help make our society a better and more equitable place for all.

Panel Discussion: Fontbonne Values in Our Cultural and Political Moment

Watch this pre-recorded panel discussion with Lisa Oliverio, Angie Liljequist, Tony Borchardt and Sister Amy Hereford on Catholic social thought in our time. Catholic social thought is a foundational set of commitments underlying Fontbonne's values, as they point us to valuing human dignity, common good, and solidarity.

The panel discussion was recorded (29 minutes long). It can be accessed by clicking:

<https://www.wevideo.com/view/2045673839>

This panel discussion was sponsored by the Office of the CSJ Endowed Chair in Catholic Thought.

Musical Theater Audition Workshop

FOR AMATEURS AND EXPERTS

- FOR ANYONE WHO HAS EVER AUDITIONED
- FOR ANYONE MUSTERING UP THE COURAGE TO AUDITION
- FOR ANYONE LOOKING TO GET FEEDBACK ON NEW MATERIAL

FREE FOR ANY FONTBONNE STUDENT.

SIGN UP FOR OUR FOUR-WEEK MASTERCLASS ON AUDITIONING FOR MUSICAL THEATRE!

LEARN HOW TO CHOOSE AN AUDITION SONG, USE COMPELLING STORYTELLING TECHNIQUES, AND RECEIVE FEEDBACK FROM LOCAL THEATRE DIRECTORS. A PIANO ACCOMPANIST WILL BE PROVIDED.

NO MUSIC PREPARATION REQUIRED. BRING YOURSELF AND WEAR CLOTHES YOU CAN MOVE IN.

PARTICIPANTS WILL BE ASKED TO WEAR A MASK AND STAY SOCIALLY DISTANT.

THIS WORKSHOP WILL TAKE PLACE ON THURSDAYS 5:00 - 6:30PM

MARCH 4TH, 11TH, 18TH, 25TH

RESERVE YOUR SPACE BY EMAILING [DJENT@FONTBONNE.EDU](mailto:djent@fontbonne.edu)

Squash Varsity Art XXV – Presented by Art St. Louis

This The 25th Annual Invitational Exhibit presented by Art St. Louis will feature works by Undergraduate and Graduate level students from 22 area universities and colleges in Missouri and Illinois - including Fontbonne University! Our very own, Julie Hilboldt and Mara Cressey will be featured in this exhibit. VARSITY ART XXV will run from March 5 - April 1, 2021.

This exhibit is free and open to the public:

Monday - Friday 8:00am - 3:00pm

Saturday 9:00am - 2:00pm

Sunday - CLOSED

Squashing the COVID-19 Vaccine Myths

This video describes important myths and information surrounding the COVID vaccine. If you want to further educate yourself, take a look at this video! <https://covidvaccine.mo.gov/facts/>

STAY CONNECTED

Submit Event Flyers/Images to post on the “FontbonneEvents” Instagram Account

The @FontbonneEvents Instagram account aims to post information the day of an event taking place or a registration beginning. If you would like to have something featured on the Fontbonne Events Instagram page, [please fill out this form](#)

Kinkel Center Update to Students

The Charles Jeffers Glik Testing Center will provide proctored examinations by appointment only. To schedule an appointment, contact the Kinkel Testing Center at kinkeltesting@fontbonne.edu or 314-889-4682. Please schedule your appointment 48 hours in advance. Kinkel Center appointments for writing support, peer academic coaching, student accommodations, and tutoring in math, computer science, biology, and chemistry can be made online at <https://fontbonne.mywconline.com>. Online tutoring in other subject areas can be accessed 24/7 through Thinking Storm in Canvas.

Taylor Library Live Chat

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website: <https://library.fontbonne.edu>.

CAREER CORNER

Career Development (2nd Mentoring Program)

Networking. Mentoring.

Leadership.

Kick start your career as a WICT student member.

Career Development is sponsoring an additional mentoring program. WIC is a Mentoring program for all Communication related majors. This program is open to all students. Its member mentors include representatives from companies that include Spectrum, Charter Communications, Comcast NBC Universal, just to name a few.

Want to learn more about WICT?

Visit the Midwest Chapter website at WICTmw.org.

Ready to join WICT?

Go to the WICTnow.org to learn more and click Join WICT.

Please Contact Davis Moore in Career Development for additional information.
(314) 889-4579 or dmoore@fontbonne.edu

This Week's Hot Jobs

Two employers are seeking students for employment.

Amazon (St. Peter's or Hazelwood location) willing to work around student's virtual schedules

United Fulfillment Solutions Incorporated (South County Location: willing to work around student's virtual schedules.

Both employers are listing in Purple Briefcase.

For additional details and to apply, click <https://app.purplebriefcase.com/pb/account/login/>

Career Development – dmoore@fontbonne.edu

First Year Career Foundation Students

Students please complete the second part of the FCF program. You must schedule a second appointment with Career Development. Our virtual workstation is arraigned in Medaille Hall, outside of the Student Affairs office. Contact Davis Moore (314) 889-4579

or dmoore@fontbonne.edu for an appointment.

On Campus Job Opportunities

Welcome back Students!

If you are interested in working on campus, please log in to Purple Briefcase.

<https://app.purplebriefcase.com/pb/account/login/>

There are still several on campus jobs available.

In addition, Purple Briefcase houses a variety of Internship opportunities and regular part-time/full-time jobs.

Please contact Career Development if you are in need of assistance with job search skills and/or advice on choosing a career.

(314) 889-4579 or dmoore@fontbonne.edu

Kinkel Center Update

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The Kinkel Center has created a new Canvas “course” which appears in every student’s course list and provides convenient access to a range of Kinkel Center services. In particular, students can sign up for online tutoring through this course via an online tutoring provider, “Thinking Storm.” The graphic describes how to access the online tutoring services. Students have access to the course through Canvas.

FONTBONNE STRONG FROM COUNSELING AND WELLNESS

Building Resiliency During a Difficult Time

Check out the Coronavirus Anxiety Workbook to help manage stress and

anxiety: <https://thewellnessociety.org/wp-content/uploads/2020/04/Coronavirus-Anxiety-Workbook.pdf>

Did you know Counseling services are free for enrolled Fontbonne undergraduate and graduate students?

Interested in making an appointment? Email us at counselingappts@fontbonne.edu

Want to learn more about suicide prevention? Complete Ask Listen Refer which is an online suicide prevention training at no cost. Use [this link](#) and select "Fontbonne University."

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Mass: Join us for Sunday Mass each week at 7PM in the Doerr Chapel. Masks and Social Distancing are required.

Prayer during this Difficult Time: Holy One, I need You in this time of turmoil. I ask that You would grant me that peace that surpasses understanding. I need that kind of peace that rules over my mind and heart despite the fear I experience due to the pandemic and the intense social unrest. I know I cannot go through all of this on my own, and I know that with You, nothing is impossible. Always remind me that You are always there beside me, Holy One wherever I am and whatever comes my way.

Stay informed about **Campus Ministry** news and events [here](#).

Stay up to date with the most recent communications about our Griffin Return Protocols and resources available to you by clicking [here](#)

**Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.**



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Pronouns: She/Her/Hers

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