

UPCOMING EVENTS AND ACTIVITIES

Wednesday:

T-Shirt Deadline TODAY! – Register for GriffinTHON '21

GriffinTHON is going places this year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a “team” that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! **The deadline to register and guarantee your 2021 GriffinTHON Theme Tee is today – so click the link below to register!** Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions!

<https://events.dancemarathon.com/event/griffinthon2021>

Wednesday:

Agape Latte

Agape Latte is a monthly event designed for students seeking to learn more about faith and religion in an inviting environment. It involves a faculty or staff member giving a faith-based talk in a casual environment. Giveaways including t-shirts and laptop stickers will be given out to those students that attend. Our Speaker this month is Jamie Daugherty, Assistant Professor / Chair, Department of Family & Consumer Sciences. Please sign up for the zoom link by filling out this form: https://forms.office.com/Pages/ResponsePage.aspx?id=B0hl-YTnSUy0iCRpmvdAXQJ-934TL_5KttjATdxtMohUNFdNTFLTEVJMUVanIhSSDRLROIBSIVDMC4u Please contact ministry@fontbonne.edu with any questions.

Location: Zoom

Time: 7pm

Thursday:

Free Virtual Career Workshop: Refreshing your career in Covid-19

Students are encouraged to attend a virtual career workshop hosted by the Fontbonne Alumni Board at 6 p.m. CST via Zoom.

During this workshop you'll learn:

- Insider tips on resume writing and virtual interviews
- New techniques to target your industry and/or highlight your skills making you more appealing to other industries that are hiring
- The mindset for making a career move with confidence during these uncertain times

For more information and to register online visit <https://fontbonne.edu/CareerWorkshop21>

UP Council Presents: FBU Student Spotlight ft. Traydon Inspires

University Programming Council is excited to host a FBU Student Spotlight featuring Fontbonne Griffin, [Traydon Inspires!](#) Stop by the Lewis Room tonight at 6PM for an inspiring performance! This is an event you won't want to miss! Follow Traydon on Instagram at [traydon.official](https://www.instagram.com/traydon.official) or on Facebook and YouTube by searching "Traydon Inspires." Doors will open at 5:40PM and space will be limited due to social distancing safety requirements. Contact Jillian Boone (boonej@fontbonne.edu) with questions.

Adoration

Prayer and worship are central elements of any faith. Lift your spirit alongside other faithful Griffins during praise services in Doerr Chapel. Contemporary music, and Eucharistic Adoration make for a great prayer experience. Come worship and pray as the body of Christ. Music will be played at the top of each hour (5,6), while silence will be offered at every half hour (5:30,6:30). Contact ministry@fontbonne.edu for more information.

Location: Doerr Chapel

Time: 5-7pm

Sunday:

Rosary for Racial Reconciliation

Join Fontbonne's Campus Ministry and Department of Multicultural Affairs on February 28th in Doerr Chapel for a special Black History Month Rosary. This prayer service is open to all and will commemorate the contributions of Black persons of faith, and pray for equity, justice, and healing for our Black brothers and sisters. The service starts after Campus Ministry Mass, around 8 p.m.

ANNOUNCEMENTS AND UPDATES

African American History Month on the Sodality Blog

This month, Sodality's reading is Why You Should Major in African American Studies. <https://library.fontbonne.edu/blog> Come join the conversation. Did you know Fontbonne has an African American Studies minor?

Lenten Busy Person's Retreat

All in the Fontbonne Community are invited to participate in an entirely virtual Busy Person's Retreat dedicated to making the most out of this Lenten Season during a time of pandemic. Retreatants will meet as a group virtually and hear from Sr. Mary Ann Figlino on March 2nd at 6:00 P.M., privately meet with a Spiritual Companion on their own time on either March 3rd or 4th, then meet for a final group discussion on the evening of March 4th at 6:00 P.M. If interested, please register

here: https://forms.office.com/Pages/ResponsePage.aspx?id=B0hl-YTnSUy0iCRpmvdAXQP1iBo08hZOu_EB-RcisEIUNU8wS04xV0pWWEpTOERRVTVYRDk5NTBZVS4u

There are 45 potential Spiritual Direction appointments, and once filled, registration will be closed.

Enneagram and Ethical Leaders

Looking to boost your leadership skills and get to know yourself a little better? Join GOLD and Campus Ministry Saturday February 27th for a presentation on the Enneagram! Certified Enneagram Coach Jen Petruso will lead registrants through an informative morning and afternoon session on identifying your Enneagram type, each type's strengths and weaknesses, and how to use this knowledge for self-development and growth. This event will take place via Zoom and pre-registration is required. Please click [here](#) to register and for more information.

Save the Date: Fontbonne Fish Fry

Join University Programming, Campus Ministry and Aladdin for a Friday Night Fish Fry on March 5th! Stop by the side parking lot between 5PM-9PM for a great meal, socially distanced activities, and more! Residents will use their meal plan and UP will cover the cost for any commuter students that attend. We look forward to celebrating the Lenten season with you all! Contact Grace Reavis (greavi00228@fontbonne.edu) with questions.

Register Call for Proposals – Annual Spring Academic Exhibition

The annual Spring Academic Exhibition is a university-wide event where students from a variety of disciplines share their research with the Fontbonne community.

The event will take place virtually and synchronously via Zoom on Friday, April 23 (Time TBD).

Faculty and staff please encourage your students fill out the proposal form [insert link to word file

"form"] and send it to Matt Nelson at mnelson@fontbonne.edu. The deadline for submissions is Monday, March 15.

Panel Discussion: Fontbonne Values in Our Cultural and Political Moment

Watch this pre-recorded panel discussion with Lisa Oliverio, Angie Liljequist, Tony Borchardt and Sister Amy Hereford on Catholic social thought in our time. Catholic social thought is a foundational set of commitments underlying Fontbonne's values, as they point us to valuing human dignity, common good, and solidarity.

The panel discussion was recorded (29 minutes long). It can be accessed by clicking: <https://www.wevideo.com/view/2045673839>

This panel discussion was sponsored by the Office of the CSJ Endowed Chair in Catholic Thought.

Musical Theater Audition Workshop

FOR AMATEURS AND EXPERTS

- FOR ANYONE WHO HAS EVER AUDITIONED
- FOR ANYONE MUSTERING UP THE COURAGE TO AUDITION
- FOR ANYONE LOOKING TO GET FEEDBACK ON NEW MATERIAL

FREE FOR ANY FONTBONNE STUDENT.

SIGN UP FOR OUR FOUR-WEEK MASTERCLASS ON AUDITIONING FOR MUSICAL THEATRE!

LEARN HOW TO CHOOSE AN AUDITION SONG, USE COMPELLING STORYTELLING TECHNIQUES, AND RECEIVE FEEDBACK FROM LOCAL THEATRE DIRECTORS. A PIANO ACCOMPANIST WILL BE PROVIDED.

NO MUSIC PREPARATION REQUIRED. BRING YOURSELF AND WEAR CLOTHES YOU CAN MOVE IN.

PARTICIPANTS WILL BE ASKED TO WEAR A MASK AND STAY SOCIALLY DISTANT.

THIS WORKSHOP WILL TAKE PLACE ON THURSDAYS 5:00 - 6:30PM

MARCH 4TH, 11TH, 18TH, 25TH

RESERVE YOUR SPACE BY EMAILING [DJENT@FONTBONNE.EDU](mailto:djent@fontbonne.edu)

Griffin Market Update

Hope to see you stop by the Market. See below for hours and ideal donation items!!!

Proteins: Canned Beans, Canned/ Packet Tuna (or Salmon), Nut Butters

Grains: Crackers, Seeds, Quinoa **Dairy:** Milk (2%, low-fat, chocolate), Cheese, Yogurt, Butter

Vegetable: Vegetable chips, Frozen Vegetable, Fresh Vegetables

Fruit: Dried Fruit Chips, Jellies, Applesauce, Fresh Fruit

Other: Cooking oils, Honey, Sugar

Personal Care: Laundry detergent, Cleaning Supplies, Paper Towels

Items that are fully stocked:

Corn, Green Beans, Cream of Mushroom Soup and Tomato products

Updated Hours: East 109

Tuesday: 10am-12pm, Wednesday: 12pm-2pm, Thursday 9:30am-11am

Squash Varsity Art XXV – Presented by Art St. Louis

This The 25th Annual Invitational Exhibit presented by Art St. Louis will feature works by Undergraduate and Graduate level students from 22 area universities and colleges in Missouri and Illinois - including Fontbonne University! Our very own, Julie Hilboldt and Mara Cressey will be featured in this exhibit.

VARSHITY ART XXV will run from March 5 - April 1, 2021.

This exhibit is free and open to the public:

Monday - Friday 8:00am - 3:00pm

Saturday 9:00am - 2:00pm

Sunday - CLOSED

Squashing the COVID-19 Vaccine Myths

This video describes important myths and information surrounding the COVID vaccine. If you want to further educate yourself, take a look at this video! <https://covidvaccine.mo.gov/facts/>

Save The Date (Teacher's Interview Day Event) March 3, 2021

Calling all December 2020 and May 2021 Education Major's who are eligible for Teacher's Certification. The Annual Teacher's Interview Day Event will be March 3, 2021. Due to COVID-19 the event is all virtual. However, you will still have the opportunity to interview with a variety of local school districts for the chance to secure employment for the Fall 2021 school year. Dates to sign up for interviews will be February 5-18, 2021. Contact Davis Moore in Career Development for further details (314) 889-4579 or dmoore@fontbonne.edu.

STAY CONNECTED

Submit Event Flyers/Images to post on the "FontbonneEvents" Instagram Account

The @FontbonneEvents Instagram account aims to post information the day of an event taking place or a registration beginning. If you would like to have something featured on the Fontbonne Events Instagram page, [please fill out this form](#)

Kinkel Center Update to Students

The Charles Jeffers Glik Testing Center will provide proctored examinations by appointment only. To schedule an appointment, contact the Kinkel Testing Center at kinkeltesting@fontbonne.edu or 314-889-4682. Please schedule your appointment 48 hours in advance. Kinkel Center appointments for writing support, peer academic coaching, student accommodations, and tutoring in math, computer science, biology, and chemistry can be made online at <https://fontbonne.mywconline.com>. Online tutoring in other subject areas can be accessed 24/7 through Thinking Storm in Canvas.

Taylor Library Live Chat

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website: <https://library.fontbonne.edu>.

CAREER CORNER

Career Development (2nd Mentoring Program)

Networking. Mentoring.

Leadership.

Kick start your career as a WICT student member.

Career Development is sponsoring an additional mentoring program. WIC is a Mentoring program for all Communication related majors. This program is open to all students. Its member mentors include representatives from companies that include Spectrum, Charter Communications, Comcast NBC Universal, just to name a few.

Want to learn more about WICT?

Visit the Midwest Chapter website at WICTmw.org.

Ready to join WICT?

Go to the WICTnow.org to learn more and click Join WICT.

Please Contact Davis Moore in Career Development for additional information.
(314) 889-4579 or dmoore@fontbonne.edu

This Week's Hot Jobs

Two employers are seeking students for employment.

Amazon (St. Peter's or Hazelwood location) willing to work around student's virtual schedules

United Fulfillment Solutions Incorporated (South County Location: willing to work around student's virtual schedules.

Both employers are listing in Purple Briefcase.

For additional details and to apply, click <https://app.purplebriefcase.com/pb/account/login/>

Career Development – dmoore@fontbonne.edu

First Year Career Foundation Students

Students please complete the second part of the FCF program. You must schedule a second appointment with Career Development. Our virtual workstation is arranged in Medaille Hall, outside of the Student Affairs office. Contact Davis Moore (314) 889-4579 or dmoore@fontbonne.edu for an appointment.

On Campus Job Opportunities

Welcome back Students!

If you are interested in working on campus, please log in to Purple Briefcase.

<https://app.purplebriefcase.com/pb/account/login/>

There are still several on campus jobs available.

In addition, Purple Briefcase houses a variety of Internship opportunities and regular part-time/full-time jobs.

Please contact Career Development if you are in need of assistance with job search skills and/or advice on choosing a career.

(314) 889-4579 or dmoore@fontbonne.edu

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FONTBONNE STRONG FROM COUNSELING AND WELLNESS

Intellectual Self-Care

It's more important than ever to stimulate and challenge your brain in fun ways to help promote overall mental health. Some intellectual self-care activities include:

- Reading a book or listening to a podcast
- Solving a puzzle
- Watching a documentary
- Playing a game like chess, checkers, or sudoku

Interested in making an appointment? Email us at counselingappts@fontbonne.edu

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Mass: Join us for Sunday Mass each week at 7PM in the Doerr Chapel. Masks and Social Distancing are required.

Prayer during this Difficult Time: Holy One, I need You in this time of turmoil. I ask that You would grant me that peace that surpasses understanding. I need that kind of peace that rules over my mind and heart despite the fear I experience due to the pandemic and the intense social unrest. I know I cannot go through all of this on my own, and I know that with You, nothing is impossible. Always remind me that You are always there beside me, Holy One wherever I am and whatever comes my way.

Stay informed about **Campus Ministry** news and events [here](#).

**Stay up to date with the most recent communications about our Griffin Return
Protocols and resources available to you by clicking [here](#)**

**Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.**



Janelle A. Julian, Ph.D.

Assistant Vice President for Student Affairs

Pronouns: She/Her/Hers

6800 Wydown Blvd
St. Louis, MO 63105
314 719 8057 office
fontbonne.edu

