

UPCOMING EVENTS AND ACTIVITIES

Monday:

Eucharistic Adoration (1/25, 1/28)

Prayer and worship are central elements of any faith. Lift your spirit alongside other faithful Griffins during praise services in Doerr Chapel. Contemporary music, and Eucharistic Adoration make for a great prayer experience. Come worship and pray as the body of Christ. Contact ministry@fontbonne.edu for more information.

Location: Doerr Chapel, 2nd Floor of Ryan

Time: 5pm-7pm

*Other dates of Eucharistic Adoration: 3/11, 3/25, 4/8, 4/22,

Tuesday:

GriffinTHON Winter Dodgeball Tourney

GriffinTHON invites you to bundle up and meet us in the Side Parking Lot for a night of dodgeball! Each game you win earns you a raffle ticket and two players will walk home with \$50.00 gift cards! Learn more about our FOR THE KIDS Mission and gain information about our plans for the spring semester as we work to raise \$30,000 for Children's Miracle Network of Greater St. Louis! We hope to see you there! Contact Blake Klenke (wklenk00302@fontbonne.edu) with questions.

Date: January 26th Time: 7-8:30 pm

Location: Side parking lot (In between St. Joseph's Hall and Southwest Hall)

Thursday:

Ministry and Mingle

Join Come to the AMC to create a spiritual game-plan for your semester. This is a great event to meet other students and focus on your needs for the semester.

Location: AMC Time: 7pm-8pm

ANNOUNCEMENTS AND UPDATES

Campus Clear Screening App

Screening for symptoms via the Campus Clear app will continue but with added check points occurring in classrooms, at dining venues and at campus events. Please be ready to show your green check mark at

Graduating Student Leaders: Register for the 2021 Senior Legacy Symposium

Student leaders graduating in 2021 may sign-up to present in the 2021 Senior Legacy Symposium, taking place on Saturday, March 27, 2021. The Senior Legacy Symposium allows student leaders to highlight their Why Statements; discuss their Clifton Strengths and how they used them in organizations, in classrooms, and on the court or field; and share what they hope their legacy will be on campus post-graduation.

Registration for this event closes on February 1st – so be sure to <u>click here and register</u> today. Questions about this five-minute presentation may be sent to Joel Hermann (jhermann@fontbonne.edu).

Register for the 2021 Summit on Activism, Inclusion and Leadership

Join us on Saturday, February 20 from 10AM to 12PM via Zoom as we welcome **Dr. Leslie Nwoke** as our annual SAIL Speaker. Her presentation "How to Face What (Or Who) Scares You: A Conversation on Bias" aims to provide students with an opportunity to define implicit bias and understand how it goes beyond racism, to identify our personal biases, and to use stories and experiences to foster empathy and bridge the social divides biases create. Students that register before February 16 will have the opportunity to pick up a "Leadership Journey Care Package" sponsored by Omicron Delta Kappa. <u>Click Here to Register</u>.

Join the Disney Leadership Institute for Fall 2021!

Students interested in joining the sixth cohort of the Disney Leadership Institute should plan to attend one of two information sessions that outline the goals, learning outcomes, costs, and details for the December 2021 trip. The first meeting will be Monday, February 8 at 11AM in the LACE Center. The second meeting will be Wednesday, February 10 at 6PM in the LACE Center. Please contact Grace Reavis, student coordinator for the experience, with questions or concerns. Her email is greavi00228@fontbonne.edu.

Fashion Merchandising Student Works Available to view

Visit a Virtual Gallery of student projects for the Visual Merchandising and Store Planning Course on GriffinShare: https://griffinshare.fontbonne.edu/fas-309/

The Journey's Virtue Paintings by Victor Wang

Full professor Victor Wang's upcoming solo show, The Journey's Virtue, will be on January 16th through February 14th at Mitchell Museum New Semantics Gallery, IL. This is prof. Wang's biggest solo show in the US since 1991.

Date: January 16, 2021 – February 14, 2021

Spirit Squad T-Shirt Fundraiser

The Fontbonne Cheer & Dance teams are selling black and white Griffins T-shirts in youth-6XL sizes now through the 20th. You can get the griffins only logo or get the spirit squad logo. You can even get your name on the back for an additional charge. Shirts will ship directly to you for a contactless delivery. Thank you for your support!

STAY CONNECTED

Submit Event Flyers/Images to post on the "FontbonneEvents" Instagram Account

The @FontbonneEvents Instagram account aims to post information the day of an event taking place or a registration beginning. If you would like to have something featured on the Fontbonne Events Instagram page, please fill out this form

Taylor Library Live Chat

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website: https://library.fontbonne.edu.

Registration is now live for GriffinTHON 2021!

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a "team" that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions! https://events.dancemarathon.com/event/griffinthon2021



Don't forget to connect with us on social media! Fontbonne University: <u>Facebook</u> and <u>Instagram</u> Fontbonne Events: Instagram

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CAREER CORNER

Career Development (2nd Mentoring Program)

Networking. Mentoring. Leadership. Kick start your career as a WICT student member.

Career Development is sponsoring an additional mentoring program. WIC is a Mentoring program for all Communication related majors. This program is open to all students. Its member mentors include representatives from companies that include Spectrum, Charter Communications, Comcast NBC Universal, just to name a few.

Want to learn more about WICT?
Visit the Midwest Chapter website at WICTmw.org.
Ready to join WICT?
Go to the WICTnow.org to learn more and click Join WICT.

Please Contact Davis Moore in Career Development for additional information. (314) 889-4579 or dmoore@fontbonne.edu

First Year Career Foundation Students

Students please complete the second part of the FCF program. You must schedule a second appointment with Career Development. Our virtual workstation is arraigned in Medaille Hall, outside of the Student Affairs office. Contact Davis Moore (314) 889-4579 or dmoore@fontbonne.edu for an appointment.

On Campus Job Opportunities

Welcome back Students!

If you are interested in working on campus please log in to Purple Briefcase.

https://app.purplebriefcase.com/pb/account/login/

There are still several on campus jobs available.

In addition, Purple Briefcase houses a variety of Internship opportunities and regular part-time/full-time iobs.

Please contact Career Development if you are in need of assistance with job search skills and/or advice on choosing a career.

(314) 889-4579 or dmoore@fontbonne.edu

FONTBONNE STRONG FROM COUNSELING AND WELLNESS

Sleep Hygiene

- Practice good sleep hygiene by going to bed and getting up more or less the same time daily
- Soak up a bit of sun try to get natural sunlight each day, which helps keep the body clock running smoothly
- Meditation or spending a few quiet, mindful moments to help manage stress
- Ditch the devices before bed! Try to avoid your phone, tablet, and the TV at least 30 minutes prior to bed

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at https://www.stlvolunteer.org/volunteerfromhome. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Mass: Join us for Sunday Mass each week at 7PM in the Doerr Chapel. Masks and Social Distancing are required.

Prayer during this Difficult Time: Holy One, I need You in this time of turmoil. I ask that You would grant me that peace that surpasses understanding. I need that kind of peace that rules over my mind and heart despite the fear I experience due to the pandemic and the intense social unrest. I know I cannot go through all of this on my own, and I know that with You, nothing is impossible. Always remind me that You are always there beside me, Holy One wherever I am and whatever comes my way.

Stay informed about **Campus Ministry** news and events <u>here</u>.

Stay up to date with the most recent communications about our Griffin Return Protocols and resources available to you by clicking <u>here</u>

Have news to share in an upcoming issue of this mailer? Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.



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Pronouns: She/Her/Hers

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