



ANNOUNCEMENTS AND UPDATES

Free Flu Shots

Severe Getting the flu shot this year is more important than ever. By getting this vaccine not only will you protect yourself and the people around you from flu, you are helping to reduce the strain on our healthcare system by helping them respond to the COVID-19 pandemic.

SSM and BJC are offering FREE FLU SHOTS!

Thank you for getting your flu shot. If you have any addition questions or concerns, please see me!

BJC [https://www.bjc.org/flu-shots?](https://www.bjc.org/flu-shots?utm_medium=web+link&utm_source=newsroom+BJH&utm_campaign=flu+shots#622310-sunday-oct-11)

[utm_medium=web+link&utm_source=newsroom+BJH&utm_campaign=flu+shots#622310-sunday-oct-11](https://www.bjc.org/flu-shots?utm_medium=web+link&utm_source=newsroom+BJH&utm_campaign=flu+shots#622310-sunday-oct-11)

SSM <https://www.ssmhealth.com/newsroom/2020/9/ssm-health-stl-free-drive-thru-flu-shots>

Carla Hagan
Campus Nurse
chagan@fontbonne.edu
314-889-4784

Fontbonne Community Campus Tours

Faculty, staff, and current students may sign up for a campus tour in order to help our new ambassadors get more practice. This is a great way for our ambassador team to share what we are working on with the whole Fontbonne community as well as giving anyone who wants a campus tour the opportunity to receive one. On each tour, we will also be showing our updated tour procedures according to the campus Covid-19 guidelines. If you are interested, please email mood@fontbonne.edu with 2 or more preferred times (times available each day include 9am, 11am, 12pm, and 2pm).

Griffin Market Update – Hours Change

Hello -

Thanks for all that have supported the Griffin Market this academic year so far!

We have some slight changes to our operating hours starting the week of Sept 7th

Monday 11-1

Weds 12-2

Thurs 9-10:30

Please email jdaugherty@fontbonne.edu if you need items outside of these times.

Donations can be dropped off during these times or to AB 126 between 9-4 Monday through Thursday.

Thanks for all your support!

Free Online Nutrition Education and Counseling Sessions

The Department of Family and Consumer Sciences at Fontbonne University is offering free online nutrition education and counseling sessions to any parents with children six-months old to eighteen. This opportunity will provide general nutrition education and support to parents with children, while providing dietetic interns practical, real-life experience. The dietetic interns will be supervised by an FCS instructor who is a Registered and Licensed Dietitian.

All sessions will be conducted via live Zoom sessions on the following Fridays: September 11, 18, 25, October 2, 23, 30, November 6, 13. If interested in setting up an appointment or have any questions, please contact Elizabeth Cowie at ecowie@fontbonne.edu

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The Season of Creation September 1 – October 4

Pope Francis and the Global Catholic Climate Covenant are observing the 5th Anniversary of Laudato Si and asking all Christians to declare a Sabbath, as the Earth is beginning to rest from its Summer Growth. We pray for our Common Home, for actions to preserve our Earth, to keep in our hearts all who are suffering from fires, plagues, floods, lack of harvest. Here is the Prayer we are asked to say each day:

Human Subjects Research Ethics Training

If you are preparing an IRB proposal or are a faculty supervisor of a student who is preparing an IRB proposal and need to take the ethics training quiz, you will notice that the site we have been using is no longer offering the quiz and certificate of completion.

In compliance with the U.S. Department of Health and Human Services requirements for protecting human research participants, Fontbonne University's IRB Committee is publishing its own curriculum and ethics quiz. The quiz will be available on Canvas beginning October 1, 2020.

In order to access the curriculum and quiz, send a request by completing the form found at this link: <https://forms.office.com/Pages/ResponsePage.aspx?id=B0hl-YTnSUy0iCRpmvdAXa0pmh9QumNJuiQy3fSHJJNUNzFTSIA3N0U4T1JPMTgzRjQ4OEpDUTQ5MS4u>

For questions, contact Joanne Fish at jfish@fontbonne.edu.

1G Collective

For First-Generation college students and those who support First-generation students success are invited to join the 1G Collective for a fun social event! Come socialize and create your very own vision board! Food will be provided.

Date: Wednesday, September 30th,

Time: 11:00AM

Location: Anheuser Bush Hall Room 203

UPCOMING EVENTS AND ACTIVITIES

Campus Ministry Paint Night

Date: September 28th

Time: 6PM

Location: AMC

Come grab a canvas and paint the night away. Masks and Social Distancing required.

Supplies will be provided for all participants who attend.

Agape Latte

Date: September 29

Time: 7PM

Location: ZOOM

Agape Latte is a monthly event designed for students seeking to learn more about faith and religion in an inviting environment. It involves a faculty or staff member giving a faith-based talk in a casual environment. Giveaways including t-shirts and laptop stickers will be given out to those students that attend. Our Speaker this month is Regina Wade Johnson, Director of Kinkel Center,

Academic Support & Accommodations. Zoom Link: <https://zoom.us/j/95185246106?pwd=c3EwT2ZjMVNOdU1nNkU3RmhHSTZ3dz09>

Please contact ministry@fontbonne.edu with any questions.

Rock the Vote Rally

Join the LACE Center on Wednesday, September 30, 2020 from 11AM-12:30PM in the Side Parking Lot for our Rock The Vote Rally. Stop by to check your voter registration status, pick-up a mail-in ballot if you need one, volunteer to work the polls, gather information about voting processes, and more! Completing the different tasks will earn you free pizza from the Doughboy's Pizza Food Truck! Stop by the "Use Your Voice" Karaoke spot to participate in our karaoke contest! Sponsored by the LACE Center – contact Amy Ingold (AIngol02901@fontbonne.edu) with questions.



Virtual Intention Bracelet Event – Register for your spot Today!

Click the link to secure a spot for our "Virtual Intention Bracelets" Event on October 9 at 7PM. By the end of the event, each student will have their own "Intention Bracelet" mailed home with the powerful word of their choice branded on the washer. Check out this video to learn

more: <https://player.vimeo.com/video/354259089> Using mindfulness meditation and communication, this is a perfect reflection activity prior to World Mental Health Day – occurring on October 10. Take a moment to gather – virtually – and reflect on what motivates you. Sponsored by University Programming and Counseling and Wellness. Space is limited – click here to register: <http://bit.ly/FONTBONNEintent>

Virtual Change Kids Health, Change The Future – Child Health Day 2020

Fontbonne University GriffinTHON will be working all day on Monday, October 5, to raise funds for the Children's Miracle Network Hospitals of Greater St. Louis. Be on the lookout for great Operation: FTK events throughout the day – all culminating with our celebration in the Side Parking Lot, starting at 7PM. You can expect Bagel and Doughnut sales throughout campus from 7:30AM-10AM, a surprise treat in the Meadow around 2PM, and great food at our Reveal Party that night! We'll reveal our final total raised FOR THE KIDS right before 9PM! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions on how you can participate in the experience! [Check out this video to learn more about the event!](#)

STAY CONNECTED

Taylor Library Live Chat

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website: <https://library.fontbonne.edu>.

Registration is now live for GriffinTHON 2021!

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a “team” that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions!
<https://events.dancemarathon.com/event/griffinthon2021>

Don't forget to connect with us on social media!
Fontbonne University: [Facebook](#) and [Instagram](#)
Fontbonne Events: [Instagram](#)

CAREER CORNER

Work Study and On-Campus Jobs

There are still a limited amount of on campus jobs available. Students please create an account in purple briefcase to (<https://app.purplebriefcase.com/pb/account/login/>). Select my jobs and type in the keyword Fontbonne. You will then see all available on campus jobs.

Students Hot Jobs

On – Campus Federal Work Study Job (Beverage Attendant in the cafeteria)

Off – Campus Edward Jones has posted 6 new internship positions

All additional details can be found in the purple briefcase. (link above)

Fall 2020 Virtual Career and Graduate School Fair

Are you ready? Career Development will host the 2020 Fall virtual Career and Graduate School Fair. It is a 2-day event October 7-8, 2020 9:30am-3:30pm via Zoom. Network with employers and begin your road to success while maintaining social distancing.

First Year Career Foundation Students

Students please complete the second part of the FCF program. You must schedule a second appointment with Career Development. Our virtual workstation is arranged in Medaille Hall, outside of the Student Affairs office. Contact Davis Moore (314) 889-4579 or dmoore@fontbonne.edu for an appointment.

Career Development

Location Career development has added its second Graduate Intern. Zach Handy is a Graduate Student seeking a master's degree in Counseling from UMSL. Students please continue to contact Career Development to schedule your second appointment related to the FCF program. The October deadline is approaching fast.

Contact (314) 889-4579 or ginternss@fontbonne.edu

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Mass: Join us for Sunday Mass each week at 7PM in the Doerr Chapel. Masks and Social Distancing are required.

Prayer during this Difficult Time: Holy One, I need You in this time of turmoil. I ask that You would grant me that peace that surpasses understanding. I need that kind of peace that rules over my mind and heart despite the fear I experience due to the pandemic and the intense social unrest. I know I cannot go through all of this on my own, and I know that with You, nothing is impossible. Always remind me that You are always there beside me, Holy One wherever I am and whatever comes my way.

Happy Monday Event

Amen. As part of Campus Ministry's Happy Monday event, we are having a gift card giveaway! Click the like to be entered in the drawing! <https://www.surveymonkey.com/r/Q77YTPH>

Stay informed about **Campus Ministry** news and events [here](#).

Stay up to date with the most recent communications about our Griffin Return Protocols and resources available to you by clicking [here](#).

**Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.**

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