Fontbonne UNIVERSITY WEEKLY MAILER

# ANNOUNCEMENTS AND UPDATES Business Office-NEW Hours

The Business Office has new hours:

Monday, Wednesday and Friday 8:30am - 4:30pm

Tuesdays and Thursdays 8:30am - 2:30pm \*\*

\*\* The Business Office will close for in-person transactions at 2:30pm every Tuesday and Thursday. On those days, after 2:30pm, we will only be available via email at busoffice@fontbonne.edu or phone at (314) 889-1405.

## **Emergency Notification System**

If you have not yet registered to receive TEXT notifications on your cell phone for:

Emergency Situations University Closings Severe Weather Conditions

Please do so at : www.getrave.com/login/fontbonne

## **Griffin Market Update – Hours Change**

Hello -Thanks for all that have supported the Griffin Market this academic year so far! We have some slight changes to our operating hours starting the week of Sept 7th Monday 11-1 Weds 12-2 Thurs 9-10:30

Please email jdaugherty@fontbonne.edu if you need items outside of these times. Donations can be dropped off during these times or to AB 126 between 9-4 Monday through Thursday.

Thanks for all your support! Email Jamie Daugherty - <u>jdaugherty@fontbonne.edu</u> for additional clarifications, questions or if you need items the week of Aug 17th Free Online Nutrition Education and Counseling Sessions

The Department of Family and Consumer Sciences at Fontbonne University is offering free online nutrition education and counseling sessions to any parents with children six-months old to eighteen. This opportunity will provide general nutrition education and support to parents with children, while providing dietetic interns practical, real-life experience. The dietetic interns will be supervised by an FCS instructor who is a Registered and Licensed Dietitian.

All sessions will be conducted via live Zoom sessions on the following Fridays: September 11, 18, 25, October 2, 23, 30, November 6, 13. If interested in setting up an appointment or have any questions, please contact Elizabeth Cowie at ecowie@fontbonne.edu

## The Season of Creation September 1 – October 4

Pope Francis and the Global Catholic Climate Covenant are observing the 5<sup>th</sup> Anniversary of Laudato Si and asking all Christians to declare a Sabbath, as the Earth is beginning to rest from its Summer Growth. We pray for our Common Home, for actions to preserve our Earth, to keep in our hearts all who are suffering from fires, plagues, floods, lack of harvest. Here is the Prayer we are asked to say each day:





### Suicide Prevention Month – Let's Remove the Stigma

Fontbonne Counseling and Wellness has collaborated with The Quell Foundation to view the documentary "Lift the Mask" on Wednesday, September 16, at 12 Noon via Zoom, followed by discussion panel (12pm-2pm).

Lift the Mask portrays a diverse group of people living with mental illness. Through vivid storytelling, the documentary provides a platform for the subjects and their caregivers to relate their experiences. Detailed interviews and examinations of their lives capture the struggles, as well as the joys and triumphs of those affected by mental health issues. Let's remove the stigma by promoting open, judgment-free dialogue to normalize the conversation around mental health. Please use registration link below; contact Therese M. Jacques, LPC, for more information, tjacques@fontbonne.edu

#### https://bit.ly/3lhIQwD

#### **Rock the Vote Rally**

Join the LACE Center on Wednesday, September 30, 2020 from 11AM-12:30PM in the Side Parking Lot for our Rock The Vote Rally. Stop by to check your voter registration status, pick-up a mail-in ballot if you need one, volunteer to work the polls, gather information about voting processes, and more! Completing the different tasks will earn you free pizza from the Doughboy's Pizza Food Truck! Stop by the "Use Your Voice" Karaoke spot to participate in our karaoke contest! Sponsored by the LACE Center – contact Amy Ingold (AIngol02901@fontbonne.edu) with questions.

## Virtual Intention Bracelet Event – Register for your spot Today!

Click the link to secure a spot for our "Virtual Intention Bracelets" Event on October 9 at 7PM. By the end of the event, each student will have their own "Intention Bracelet" mailed home with the powerful word of their choice branded on the washer. Check out this video to learn more: https://player.vimeo.com/video/354259089 Using mindfulness meditation and communication, this is a perfect reflection activity prior to World Mental Health Day – occurring on October 10. Take a moment to gather – virtually – and reflect on what motivates you. Sponsored by University Programming and Counseling and Wellness. Space is limited – click here to register: http://bit.ly/FONTBONNEintent

### **UPCOMING EVENTS AND ACTIVITIES** MA MFA 2020 Rescheduled Thesis Exhibition

View the work of Spring 2020 graduates who were not able to show their work in May due to the pandemic. On View from September 17th - Septembe for entry.

Participating students: Beverly Brandt

Hannah Ehret Lorraine Cange Matthew Steinger Nancy Van Ness Tim Wagner

https://www.facebook.com/events/343166817057641?

acontext=%7B%22source%22%3A5%2C%22action\_history%22%3A[%7B%22surface%22%3A%22page%22%2C%22mechanism%22%3A%22main\_list%22%2C%22extra\_data%22%3A%22%5C%22[]%5C%22%22%7D]%2C%22has\_source%22%3Aftrue%7D

Tickets:

https://mamfafbu.brownpapertickets.com/?fbclid=IwAR3TcUTtnRuizX-vOvykd5Ow5ylCle5bHU9YdXk7zQjo6eFKb7V\_c4WwmuE



Instagram: @fontbonne\_gallery

# **Fontbonne Community Campus Tours**

Faculty, staff, and current students may sign up for a campus tour in order to help our new ambassadors get more practice. This is a great way for our ambassador team to share what we are working on with the whole Fontbonne community as well as giving anyone who wants a campus tour the opportunity to receive one. On each tour, we will also be showing our updated tour procedures according to the campus Covid-19 guidelines. If you are interested, please email <u>mood@fontbonne.edu</u> with 2 or more preferred times (times available each day include 9am, 11am, 12pm, and 2pm).

# **STAY CONNECTED**

## **Taylor Library Live Chat**

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website: https://library.fontbonne.edu.

## **Registration is now live for GriffinTHON 2021!**

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a "team" that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (<u>wklenk00302@fontbonne.edu</u>) with questions! https://events.dancemarathon.com/event/griffinthon2021



Don't forget to connect with us on social media! Fontbonne University: <u>Facebook</u> and <u>Instagram</u> Fontbonne Events: <u>Instagram</u>

# **CAREER CORNER**

### Work Study and On-Campus Jobs

There are still a limited amount of on campus jobs available. Students please create an account in purple briefcase to (<u>https://app.purplebriefcase.com/pb/account/login/</u>). Select my jobs and type in the keyword Fontbonne. You will then see all available on campus jobs.

Students Hot Jobs On – Campus Federal Work Study Job (Beverage Attendant in the cafeteria) Off – Campus Edward Jones has posted 6 new internship positions All additional details can be found in the purple briefcase. (link above) Are you ready? Career Development will host the 2020 Fall virtual Career and Graduate School Fair. It is a 2-day event October 7-8, 2020 9:30am-3:30pm via Zoom. Network with employers and begin your road to success while maintaining social distancing.

### First Year Career Foundation Students

Students please complete the second part of the FCF program. You must schedule a second appointment with Career Development. Our virtual workstation is arraigned in Medaille Hall, outside of the Student Affairs office. Contact Davis Moore (314) 889-4579 or dmoore@fontbonne.edu for an appointment.

### Human Subjects Research Ethics Training

If you are preparing an IRB proposal or are a faculty supervisor of a student who is preparing an IRB proposal and need to take the ethics training quiz, you will notice that the site we have been using is no longer offering the quiz and certificate of completion.

In compliance with the U.S. Department of Health and Human Services requirements for protecting human research participants, Fontbonne University's IRB Committee is publishing its own curriculum and ethics quiz. The quiz will be available on Canvas beginning October 1, 2020.

In order to access the curriculum and quiz, send a request by completing the form found at this link: https://forms.office.com/Pages/ResponsePage.aspx?id=B0hl-YTnSUy0iCRpmvdAXa0pmh9QumNJuiQy3fSHJJNUNzFTSIA3N0U4T1JPMTgzRjQ4OEpDUTQ5MS4u

For questions, contact Joanne Fish at jfish@fontbonne.edu.

## LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at https://www.stlvolunteer.org/volunteerfromhome. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Mass: Join us for Sunday Mass each week at 7PM in the Doerr Chapel. Masks and Social Distancing are required.

Prayer during this Difficult Time: Holy One, I need You in this time of turmoil. I ask that You would grant me that peace that surpasses understanding. I need that kind of peace that rules over my mind and heart despite the fear I experience due to the pandemic and the intense social unrest. I know I cannot go through all of this on my own, and I know that with You, nothing is impossible. Always remind me that You are always there beside me, Holy One wherever I am and whatever comes my way.

#### **Prayer for the start of the Academic Year:**

God of these anxiety filled days and these uncertain times be with our Fontbonne Family as we return for the fall semester. Allay our fears, bolster our courage and compassion, increase our capacity for love of the dear neighbor without distinction. May the members of the Fontbonne Family cling to your promise Holy One that you are with us always. May we remember that we are your creation and our hearts and minds can safely trust in you. May we, the campus community not only hear your voice but be your voice to those around them, restoring one another to peace and joy so that they may soar higher. In your name we pray this now and forever. Amen.

Stay informed about Campus Ministry news and events here.

Stay up to date with the most recent communications about our Griffin Return Protocols and resources available to you by clicking here.

Have news to share in an upcoming issue of this mailer? Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.



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