

FCC NEWSLETTER



FONTBONNE COMMUNITY CONNECTION – A WOMEN'S GIVING CIRCLE

Lunch and Learn with HES Department

On Saturday April 13 members and guests of the FCC, including new members Jan Stelloh Reilly and Carolyn Caudle Berra, gathered in AB Hall for a Lunch and Learn presented by the HES faculty and students which featured a presentation of the 2012-2013 F.R.E.S.H. Gardens Project. Mary Beth Ohlms, M.Ed, RD, LD and two dietetics graduate students presented a slide show and explanation of the construction and implantation of the garden as well as the role of the garden maintenance in Camp Fresh, a unique summer camp experience for boys and girls in grades 4-6. Following a question and answer session, some of the group adjourned to the kitchen to assist in the preparation of the lunch, while the rest remained in the demo kitchen area where Ms. Ohlms and another student provided a demo of the luncheon items preparation and valuable tips regarding nutritional content of the foods being prepared and food safety.

Following the delicious luncheon which featured bison sliders with a red pepper aeoli, seared sea scallops, couscous with grilled peppers and pesto, fresh asparagus wrapped in prosciutto plus a dessert of poppy seed angel cake with mixed berry coulis. A tour of the garden itself was given by Ms. Ohlms. FCC members were gratified to learn how funding was used and the long range benefits of the project. It was truly a pleasurable learning experience.



Grant Update: Alumni Attitudes Survey

One of the grants from 2012 involved an Alumni Attitudes Survey, proposed by the Alumni Office at Fontbonne. The Office used an outside vendor who specializes in research with higher education/alumni to help determine the mindset and priorities of the alumni base and therefore would allow the Alumni Office to understand how to communicate better with the alumni.

The final written report of the survey results has not been obtained by the Alumni Office, a preliminary report has been given verbally to the Office and below are some of the results:

- Alumni want to know that their degree from Fontbonne is valuable-they care about their career and how their education can promote them so they want to see more career-related programs/events
- Recent grads (past 15 years) want to know about events; they may not be ready to come to some of them yet, but they want to know they are there and available
- Alumni do not feel that they are asked enough for money, nor that they are getting too many emails
- They like the idea of more community service events
- The alumni like to see photos and comments from events; therefore, even if they cannot attend they can have up-to-date coverage and see who is going to events, etc.

There is more 'in-depth' information in the final report, but even this basic information will be invaluable to the Alumni Office in being able to create better events and programs for the alumni, therefore keeping them more engaged and interested in Fontbonne.

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The FCC Gets Archived

The Fontbonne Community Connection (FCC) is part of the Giving Circle trend that has been growing over the past decade. Giving Circles are springing up all over the country in women's groups. In the Midwest alone, there are over 300 Giving Circles.

As the FCC was approaching its fifth year as an established Giving Circle, other universities, financial institutions and funding organizations were interested in how the FCC came about; how the FCC is organized and most importantly, how successful we have been on the impact to the University and the global community. With this in mind the FCC began to consider the need to archive information and materials on the FCC history. Sr. Jane Hassett, CSJ, began the process and is the FCC's official historian. In 2012 the EAC established the FCC Archive and History Committee. The mission of the committee is to:
Select, preserve and make a viable enduring record of the FCC and to document the cascading effect of the FCC

grants on the impact and well-being of the global Fontbonne Community. This work is to serve the FCC, Fontbonne Alumni, and the Fontbonne University researchers and scholars.

The process of cataloging the FCC materials has begun, starting with years 2008 and 2009. The FCC Archive Committee members are; Nina K. Bryans; Jane Hassett, CSJ, Catherine Lucy (Fontbonne University Library Archivist); Mary Catherine O'Gorman, CSJ.; Peggy Ridlen (Fontbonne University Library); and Lauren Sauer. The committee meets on the first Monday of every month.

It is wonderful to know that the FCC will be forever archived at Fontbonne and we have to give a Big Thank You to Jane Hassett and the entire Archive and History Committee for taking on this challenge.

Communication Disorders Spotlight

Several members and their guests attended an event which showcased two FCC funded projects from the Department of Communication Disorders and Deaf Education on February 25. After a social time featuring wine, cheeses and sweets all adjourned to a classroom in the East Building where Dr. Gale Rice, interim department chair, greeted all present and introduced the first speaker, Dr. Lynn Shields, the recipient of a grant to study at the famed Michael Pain Centre for Stammering in London for three weeks. She presented a fascinating talk and a video which clearly showed the benefit to Fontbonne of having a faculty member attend this institution which is renowned for clinical treatment, research and professional training in stuttering, particularly in incorporating cognitive behavior. Children and their parents as well as adult patients are trained.

Next Dr. Carmen Russell and Barbara Meyer outlined plans for the Aphasia Boot Camp pilot study. The FCC grant will enable the department to utilize the Eardley Family Clinic resources to provide an intensive therapy camp for persons with chronic aphasia. There are currently no opportunities in the St Louis area for such an intensive treatment plan. Four students will receive this training and learn to administer this level of intervention each semester.

Those in attendance agreed that much was learned about this academic department, the fine work they do for the community and the very nature of the problems of stuttering and aphasia.

One FCC member remarked that she felt a genuine sense of pride as an alumna of the university and was impressed by the fine work done here. All members are strongly encouraged to attend these events to socialize with other FCC members and to learn firsthand of the amazing things we have helped facilitate on campus and for the community



Did you know?

- All the 2012-13 Grants Proposals are now posted on Blackboard.
- You are always welcome to attend the FCC Executive Advisory Council Meetings. These are generally held on the third Thursday of the month.
- Fontbonne University has twelve women and men(faculty and staff) who are CSJ Associates. These women and men are called by God to commit to extending the mission and sharing the spirit and charism of the Sisters of St. Joseph of Carondelet without becoming vowed members. If you wish to explore association you can attend a "Come and See" to be held on the Fontbonne campus on Tuesday, May 21 at 4:30 in the President's Reception Room. Please RSVP to Peggy Maguire, Director of Association, at pmaquire@csjst.org. For additional information please follow this link: <http://www.fontbonne.edu/infocenter/mission/csj-associate-info/index.php>

Newest Members...

We welcome our newest members...

— **Jan Stelloh Reilly '66**

— **Carolyn Caudle Berra '76**

FCC Member in the News

Congratulations to **Rita M. Schmitz, CSJ**, Fontbonne faculty and FCC member, for being selected as the fourth recipient of the Fontbonne-Carondelet Heritage Award. The award was established in 1997 by Fontbonne University to recognize a Sister of St. Joseph of Carondelet who exemplifies the heritage of the CSJs and the values of Fontbonne.

Sister Rita accepted this award at a dinner held on May 2, 2013 at Old Warson County Club. In recognition of this honor, the Sister Rita Marie Schmitz, CSJ Endowed Scholarship Fund will be established. If you would like to contribute please contact Lauren Sauer at lsauer@fontbonne.edu.



New Member Spotlight



Mary Schenkenberg (nee maiden name), Class of '66, is our newest member of the FCC!

Mary grew up in Salem, IL, and was the oldest child of a very Catholic family. When she was looking for a university after

high school, she and her parents looked at three colleges; Webster, Maryville and Fontbonne. Mary said, "The Sisters of St. Joseph and the Fontbonne girls won me over!"

After graduating from Fontbonne with an English/Theater degree, Mary began teaching at St. Alphonsus Rock High School and soon married Phil Schenkenberg (now 45 years!).

She left teaching and raised three children and after staying home with her children for a few years, she returned to teaching at Nerinx Hall High School. She then moved into the administrative side of education and served as principal at Nerinx for seven years. She retired from Nerinx but was then called to serve as principal of St. Louis University High School and after six years, finally retired for good in 2008.

When asked why she had joined the FCC, Mary said, "I have attended FCC functions off and on over the past four years and while I was initially uncertain about joining, I was increasingly moved by the great work that the FCC makes possible. When my friend, Kathy Atchity Coco, died unexpectedly, I felt called to join in her honor. Knowing Joan Falk was involved sealed the deal!"

Welcome Mary!

OFFICERS

**FCC 2012-2013 Officers
and Committee Chairs**

Chair - Joan Falk
Vice Chair - Barb Atteln
Recording Secretary - Rosemary Quigley
Corresponding Secretary - Kate Gunn
Treasurer - Anita Lamont

COMMITTEE CHAIRS

Awards - Kathy Von Minden
Events - Kathy Murphy
Membership - Maggie Fowler
Karen Gedera
PR - Nila Tuckson & Rosemary Quigley
Bylaws - Barb Atteln
Archives & History - Nina Bryans



Coming Events

FCC 2012-2013 Events and Important Dates

Thursday, May 16, 2013, 9:00-11:00 AM

Roundtable Discussion of Grant Applications

Thursday, May 23, 2013, 5:30-7:30 PM

Roundtable Discussion of Grant Applications

Saturday, June 1, 2013, 10:00 AM-12:00 PM

Roundtable Discussion of Grant Applications

Note: Annual FCC roundtable discussions are scheduled to help members better understand and evaluate each proposal for the upcoming grant cycle. Roundtable is not a debate but an opportunity for clearer understanding of each proposal eligible for the limited grant funds available.

Discussions take place in the Dunham Student Activities Center located above the gym on the main campus. Come for one or all three sessions, and stay as your time permits.

Remarks from the Chair



Dear Fellow FCC Member,

It's the most exciting, active and satisfying time of year for me, as an FCC member! Proposals for our 2013 grant cycle are ready for review on Blackboard. For extra understanding and clarity, I urge each member to attend one or more roundtable discussions, before casting votes. Then celebrate at our Annual Members Meeting on July 11, as we announce awards and introduce FCC officers and committee chairs for the coming year!

I recently attended visiting artist presentations to art students, by a painter and a sculptor, made possible by FCC grants -- excellent artwork and fascinating descriptions by each of his/her process, plus practical details of working in the field.

And what a treat we enjoyed at the April 13 Lunch 'N Learn Dietetics event, on the F.R.E.S.H. Garden grant -- great slide presentation, hands-on cooking of a delicious (and healthy!) lunch and the most delightful veggie centerpiece. I'll definitely try these at home! This event was also the occasion to welcome new member Jan Stelloh Reilly '66 and to meet Carolyn Berra, who has just joined. So glad to have you both with us, Jan and Carolyn!

Joan Falk
President

Joan

Joan Buxton Falk, Chair, Fontbonne Community Connection