

WELCOME BACK GRIFFINS!!

ANNOUNCEMENTS AND UPDATES

Updated Mask Policy

Everyone (students, employees and guests) is required to wear a face covering on campus when in public spaces, both indoors and outdoors.

- An appropriate face covering must fully cover your mouth and nose at all times unless you are alone in a personal residential or individual office space, are eating in a designated area or are outside and can maintain at least six feet of physical distance from others.
- [NEW 8/13/2020] Face coverings may not have a vent or valve as these do not provide protection for others.
- [NEW 8/13/2020] Face coverings should be at least two-ply tight-weave fabric or surgical filter paper, fitted snugly around the nose and chin with no gaps.
- Student athletes will be given additional guidance regarding the use of masks for practice and competition.
- Fontbonne will provide a limited number of reusable cloth masks to all employees and students prior to the beginning of the fall semester. Individuals must maintain an adequate supply of personal face coverings to allow for washing and daily use.
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Don't forget to read through the [Griffin Return](#) Document prior to your return to campus to stay up to date on our new COVID-19 related policies and procedures.

Welcome! New staff in Counseling and Wellness and Career Development

Please join Counseling and Wellness and Career Development in welcoming Alexandra (Alex) Stewart, Graduate Counseling Intern, and Jessica Stevens, Graduate Career Development Practicum Student for academic year 2020-21!

Regional Business Council Mentor network- Accepting Applications!

The Regional Business Council (RBC) is a consortium of the Presidents and CEOs of 100 of the region's largest mid-cap companies. The mission of the RBC is to act on high impact business, civic and philanthropic efforts for the betterment of the St. Louis region.

The RBC Mentor Network pairs current business students, or those interested in a career in business, with executives of RBC companies and partner companies who share career experiences and provide students with practical knowledge and insight into opportunities that exist in St. Louis. Specific opportunities include one-on-one meetings with top business leaders and access to senior-level executives in St. Louis, advice and counseling from business leaders on career-related topics, networking with C-suite mentors and RBC members at virtual and in-person special events, and a unique introduction to the St. Louis community.

Interested students should contact Dr. Alex Traugutt (atraugutt@fontbonne.edu) for more information and application instructors.

UPCOMING EVENTS AND ACTIVITIES

Welcome Week Events: August 23rd-29th

We are so excited to welcome you back this semester and hope you will join us in our Welcome Week Events. Please note that for all events, masks will be required and social distance guidelines will be followed. Events with an asterisk next to them require pre-registration to ensure appropriate health and safety guidelines.

Mass of the Holy Spirt*

Sunday, August 23rd 4:00-5:00 PM; Doerr Chapel

Our Welcome Mass is a great time for members of all faiths to gather. [CLICK HERE](#) to register to attend Mass of the Holy Spirit.

Squeeze the Day

Monday, August 24th 11:00 AM - 2:00 PM; Side Parking Lot

Swing by for a lemonade bar, cupcakes, and airbrushed pennants!

Grill & Chill with ODK*

Tuesday, August 25th 6:00-8:00 PM; Side Parking Lot

Join ODK for hot dogs, a Cookie Dough Truck, and the annual bags tournament. [CLICK HERE](#) to register to attend Grill & Chill.

Fontbonne Expo

Wednesday, August 26th 11:00 AM - 1:30 PM; Side Parking Lot

Learn about the various involvement opportunities offered.

Axe Out Childhood Illness with GriffinTHON*

Wednesday, August 26th 6:00 – 8:00 PM; Side Parking Lot

Register for GriffinTHON and test your skills at Axe Throwing. [CLICK HERE](#) to register to attend Axe Out Childhood Illness.

Light UP the Night

Thursday, August 27th 7:00 – 10:00 PM; Side Parking Lot

Wear neon and enjoy food, games and music from the Lustrelights.

Casino Night 2020*

Friday, August 28th 6:30 – 9:30 PM; DSAC Gym & DSAC Caf'

Dress to impress and win some amazing prizes!

[CLICK HERE](#) to register for Casino Games

[CLICK HERE](#) to register for BINGO

STAY CONNECTED

Taylor Library Live Chat

Got questions? 24/7 Chat is now available. Look for the chatbox on the library website:

<https://library.fontbonne.edu>.

Registration is now live for GriffinTHON 2021!

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a “team” that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions!
<https://events.dancemarathon.com/event/griffinthon2021>



Don't forget to connect with us on social media!
Fontbonne University: [Facebook](#) and [Instagram](#)
Fontbonne Events: [Instagram](#)

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Rosary Workout: Core and Sorrowful Mysteries: Let me lead you through the sorrowful mysteries of the rosary while we tone our core! I will be keeping count of each Hail Mary and giving an image and brief meditation for each mystery. <https://www.youtube.com/watch?v=yDvAiVEpCNO>

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Online Mass: Join us for online Catholic Mass at <https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/> at Notre Dame or <http://www.washucsc.org/> at Washington University. Notre Dame offers Sunday and Weekly Masses. WASHU has weekly reflections and Sunday liturgies.

Stay informed about **Campus Ministry** news and events [here](#).

WEEKLY MAXIM OF THE LITTLE INSTITUTE

Father Jean-Pierre Médaille, SJ, founder of the Sisters of Saint Joseph, composed 100 short wisdom sayings as a means of growing in love of God and dear neighbor. The Maxims were both practical and inspirational.

Each week, we will discover a Maxim and offer a question for your personal reflection. As you read each Maxim, take a moment to reflect on what it means to you and what it calls you to be about this day.

This week's maxim is:

52. Interpret all things from the best possible point of view.

What do you do to maintain a positive attitude?

Stay up to date with the most recent communications about COVID-19 and resources available to you by clicking [here](#).

Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.



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