

Weekly Mailer: May 11-18, 2020

Julian, Janelle <JJulian@Fontbonne.edu>

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To: AllStudents <allstudents@fontbonne.edu>



GREETINGS FROM GRIFFINS

Hello Fontbonne Students!

Welcome, officially, to summer break! We all know that this summer might look different than we planned as we continue to keep our community safe by practicing social distancing. Know that we here at Fontbonne are still committed to stay connected with all of our students and providing support and resources to you as needed! Please stay in touch by checking your email (and continuing to read this weekly mailer) and reaching out to faculty or staff. We are here to help!

Below are pics of my with my two kiddos! When the days are hard, it's been important to focus and reminder ourselves of the things that bring us joy, no matter how big or small! I hope you all are able to find a little joy in each of your days, every day.

Many blessings to all of you! Hang in there and we hope we can see you face-to-face soon!

-Janelle Julian, Assistant Vice President for Student Affairs



ANNOUNCEMENTS AND UPDATES

[Bookstore Flash Sale](#)



The bookstore is having a one-day flash sale this Wednesday, May 13. Use the code MAYFLASH at the website here:

<https://www.bkstr.com/fontbonnestore/home>

Book Return Information

If you need to return books to the bookstore, click the link below and follow the information about the top of the page for instructions

on how to do so. You will be able to print a free shipping label in order to send your books back. The deadline for book return has been extended by 2 weeks in order to accommodate the time needed to ship.

<https://www.bkstr.com/fontbonnestore/home>

Food Pantry Resources: A Message from the Griffin Market

Though the Griffin Market is still closed we are thinking of you all and hoping you are staying safe. Attached are resources for anyone who may benefit, including yourself, as needed. This is a helpful guide from the Hope Center out of Temple University. We are in this together.

STAY CONNECTED

Fontbonne Alumni Respond to COVID-19

Check out this Fontbonne Alumni blog post with messages from alumni about how they are being impacted by COVID-19 and how they are responding to these challenging times.

<https://www.fontbonne.edu/fontbonne-alumni-respond-to-covid-19/>

Support Student Research

While exhibitions and conferences have been put on hold or canceled, we're utilizing GriffinShare to showcase student research this Spring.

Each year, Speech-Language Pathology graduate students are required to make a poster or thesis presentation on a topic of their choice, usually at the annual convention of the Missouri Speech-Language Hearing Association, which was canceled for Spring 2020. Materials from those presentations are archived here: <https://griffinshare.fontbonne.edu/slp-posters/>

Elizabeth Cowie's Public Policy and Advocacy course (FCS 485), asks students to develop public policy or regulatory advocacy plans that seek to empower others. View poster sessions based on their projects here: <https://griffinshare.fontbonne.edu/fcs-posters-2020/>

And the student Academic Exhibition is an annual event where students from departments across campus submit their work to share with the campus community at the end of each spring semester. You can view those projects here: <https://griffinshare.fontbonne.edu/academicx-2020/>

Registration is now live for GriffinTHON 2021!

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. This year, we are looking to get the entire Fontbonne Family involved – so you can either join a “team” that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions!

<https://events.dancemarathon.com/event/griffinthon2021>



Don't forget to connect with us on social media!
Fontbonne University: [Facebook](#) and [Instagram](#)
Fontbonne Events: [Instagram](#)

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Rosary Workout: Core and Sorrowful Mysteries: Let me lead you through the sorrowful mysteries of the rosary while we tone our core! I will be keeping count of each Hail Mary and giving an image and brief meditation for each mystery. <https://www.youtube.com/watch?v=yDvAiVEpCNO>

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Online Mass: Join us for online Catholic Mass at <https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/> at Notre Dame or <http://www.washucsc.org/> at Washington University. Notre Dame offers Sunday and Weekly Masses. WASHU has weekly reflections and Sunday liturgies.

Stay informed about **Campus Ministry** news and events [here](#).

WEEKLY MAXIM OF THE LITTLE INSTITUTE

Father Jean-Pierre Médaille, SJ, founder of the Sisters of Saint Joseph, composed 100 short wisdom sayings as a means of growing in love of God and dear neighbor. The Maxims were both practical and inspirational.

Each week, we will discover a Maxim and offer a question for your personal reflection. As you read each Maxim, take a moment to reflect on what it means to you and what it calls you to be about this day.

This week's maxim is:

Let your resolutions draw their strength from your firm trust in God.

Stay up to date with the most recent communications about COVID-19 and resources available to you by clicking [here](#).

Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.



Janelle A. Julian, Ph.D.

Assistant Vice President for Student Affairs

6800 Wydown Blvd
St. Louis, MO 63105
314 719 8057 office
fontbonne.edu

