

WEEKLY MAILER

Spring 2020

GREETINGS FROM A GRIFFIN



How's it going, Griffin Nation?!

I'm really stoked to have this opportunity to check in and wish you all well. I'm definitely at the point of being a little stir crazy – but April isn't exactly a slow time in my office, regardless if that's home or campus! I know so many of you are going through it right now. Whether you aren't exactly a true fan of online classes, or the new environment you're in doesn't allow you the best opportunity to engage and connect with your classmates as you once did, or even just dealing with the anguish of so many expectations becoming unknown – I can't even begin to imagine

The strength that you, your loved ones, this community, is exhibiting right now is unbelievable! When we are all able to come back together and celebrate, it will be a celebration for the ages – and that is a glimmer of hope that helps me move forward each day with a positive outlook.

Keep pushing, Griffin Nation! Keep partaking in brief moments that make you smile. Shoutout to every person that participated in a DIII Athlete Celebration, to every Griffin that served in any capacity on Fontbonne Day, to every dancer that helped give Dance Marathon their greatest total reveal in program history! You are keeping that Griffin Pride alive – and we are going to continue to do so!

This Friday is SpringFest '20 – and while it may not be a BBQ in the Golden Meadow, it doesn't mean it can't still be a celebration of an amazing year at Fontbonne. Hopefully you can take a moment this Friday, enjoy some sunshine, listen to some great music, and reflect on all we've done as a community for the 2019-2020 school year. It's definitely a year to celebrate – and I'm glad to have the chance to do that alongside each and every one of you.

what that must feel like. But I do know one thing:

Go Griffs!
~Joel Hermann, Director of Orientation and Student Engagement

ANNOUNCEMENTS AND UPDATES

Food Pantry Resources: A Message from the Griffin Market

Though the Griffin Market is still closed we are thinking of you all and hoping you are staying safe. Attached are resources for anyone who may benefit, including yourself, as needed. This is a helpful guide from the Hope Center out of Temple University. We are in this together.

Thanks
The Griffin Market Staff

Important Changes to Billing

Students, please watch your Fontbonne emails for detailed information about changes to the way you'll receive your bill upon registration for Summer/Fall 2020! Paper bills WILL NOT be mailed given the current situation; therefore, it is very important to follow the guidance you'll receive in upcoming emails from Megan Morton, Director of Billing.

STAY CONNECTED

Honors Convocation Live Stream

Watch the live stream of Honors Convocation on Sunday, April 26 at 3:00 PM.

<https://www.youtube.com/user/FontbonneU>

Registration is now live for GriffinTHON 2021!

GriffinTHON is going places next year and we want all of you to come with us! Our journey to raise money FOR THE KIDS in our two Children's Miracle Network of Greater St. Louis hospitals is starting now with discounted registration for all members of the Fontbonne Community. Click the link below to register by May 1st and registration will only be \$5 (after May 1st, it will jump to the standard pricing of \$10 for the remainder of the year)! This year, we are looking to get the entire Fontbonne Family involved – so you can either join a “team” that is already established or work with your athletic team, student organization, classmates, floormates, etc. to create one of your own! Contact GriffinTHON President, Blake Klenke (wklenk00302@fontbonne.edu) with questions!

<https://events.dancemarathon.com/event/griffinthon2021>

Come cheer on the St. Louis Cardinals as they take on the Pittsburgh Pirates!

You'll be joined by other Fontbonne students, faculty & staff, friends, and our admitted students for the Fall 2020 class. See the attached flier for details.

Meet with a Librarian via Zoom

The librarian can screen-share and help you navigate databases and other resources.

Email libraryhelp@fontbonne.edu to schedule a time. In addition, the Taylor Library continues to offer services and resources via our website (<https://library.fontbonne.edu>), email (libraryhelp@fontbonne.edu), and phone (314-889-1417). Please do not hesitate to contact us!



Don't forget to connect with us on social media!
Fontbonne University: [Facebook](#) and [Instagram](#)
Fontbonne Events: [Instagram](#)

GRIFFIN SERIES OF POP CULTURE

Welcome back for another round of trivia!

Stay engaged with us each week by participating in our virtual trivia called 'Griffin Series of Pop Culture'. Complete your trivia sheet (through the form below) each week. We will tally up the correct answers, and then each week we will identify a winner and mail you out a Fontbonne Prize Pack! Even if pop culture isn't your thing, that's okay, we will still enter all participants into a raffle for a prize to be selected at the end of the semester!

It's time to play again!! [Click here for round four!](#)



CAREER CORNER

Hello, students and soon to be alumni. In this week's message I want to share with you a few tips related to developing a resume. There is more than one resume format. Please see the details below.

Functional Resume- Great resume for irregular work history, gaps in employment, and explaining jobs within different fields.

Chronological Resume- Great for a person with a steady work history in which their jobs have shown progression.

Educational Resume/Student Resume- Great for new graduates entering the workforce/career changers who have gained formal education, training, and/or a certification.

Combinational Resume- Allows you to be creative utilizing two or more of the previous formats.

The important thing to remember is you want to select the format that will best highlight your skills and abilities. Until we meet again. The Career Development staff is only one e-mail away. dmoore@fontbonne.edu or ginternss@fontbonne.edu

LIVING OUR MISSION

Amongst these challenging times, we must continue to live our mission and serve thy dear neighbor.

Rosary Workout: Core and Sorrowful Mysteries: Let me lead you through the sorrowful mysteries of the rosary while we tone our core! I will be keeping count of each Hail Mary and giving an image and brief meditation for each mystery. <https://www.youtube.com/watch?v=yDvAiVEpCNO>

Volunteer From Home: There are volunteer-from-home opportunities (such as reading newspapers for individuals who are visually-impaired, writing grants, creating websites, calling isolated senior citizens, etc.) which can be found at <https://www.stlvolunteer.org/volunteerfromhome>. The United Way continues to update this site as more organizations are offering virtual volunteer opportunities. If a Fontbonne Community member does not already have an STLvolunteer account, the attached document describes how to sign up!

Pause for Peace: Campus Ministry is continuing the "Pause for Peace" program via social media and email. We invite people to spend 1 min in silence to reflect on internal, local, national, and international peace from noon - 12:01 on Mondays.

Online Mass: Join us for online Catholic Mass at <https://campusministry.nd.edu/mass-worship/basilica-of-the-sacred-heart/watch-mass/> at Notre Dame or <http://www.washucsc.org/> at Washington University. Notre Dame offers Sunday and Weekly Masses. WASHU has weekly reflections and Sunday liturgies.

Stay informed about **Campus Ministry** news and events [here](#).

Stay up to date with the most recent communications about COVID-19 and resources available to you by clicking [here](#).

**Have news to share in an upcoming issue of this mailer?
Email Janelle Julian at jjulian@fontbonne.edu by Fridays at noon.**



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